

## **JUNIOR SOCIAL BUTTERFLY BADGE - MEETING 2**

**Badge Purpose:** When girls have earned this badge, they feel comfortable and behave appropriately in various formal and informal social situations.

**Activity Plan Length: 1.5 hours** 

Time	Activity	Materials Needed
15 minutes	Getting Started  • Girls recite the Girl Scout Promise + Law.	☐ (Optional) Girl Scout Promise and Law poster
10 minutes	Toothpaste Challenge  • Girls learn how to hold a conversation.	<ul> <li>□ Whiteboard or large piece of paper</li> <li>□ Markers</li> <li>□ Travel size toothpaste or small lotion bottle with narrow top (one tube or bottle per each pair of girls)</li> <li>□ Paper plates</li> <li>□ Paper towels</li> </ul>
15 minutes	Special Occasions  • Girls learn how to prepare for special occasions.	<ul><li>☐ Special Occasions worksheet</li><li>☐ Special occasion props and/or dress-up clothes</li></ul>
20 minutes	Thank You Flowers  • Girls create a thank you gift.	<ul> <li>□ Colored tissue paper</li> <li>□ Green pipe cleaners, drinking straws or wooden skewers</li> <li>□ Floral wine</li> <li>□ Recycled glass jars to use as vases</li> <li>□ Brown paper bags, slightly larger than the recycled glass vases</li> <li>□ Markers or crayons</li> <li>□ Ribbon, string, twine, or tape</li> </ul>
15 minutes	Snack Chat and Grow Up Conversation  • Girls enjoy a healthy snack while discussing what they have learned.	☐ Healthy snack
15 minutes	Wrapping Up	☐ (Optional) Make New Friends lyrics poster

Getting Started Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

#### **Activity #1: Toothpaste Challenge**

Badge Connection: Step 1 – Hold a conversation; Step 5 – Practice being at ease
Materials Needed: Whiteboard or large piece of paper; markers; travel size toothpaste or small lotion bottle with
narrow top (one per each pair of girls); paper plates; paper towels

1. Break girls into pairs and give each pair a paper plate and tube of toothpaste. Tell the girls that they can smile, but they cannot speak during the activity.

Time: 10 minutes

Time: 15 minutes

Time: 20 minutes

- 2. Instruct one partner to squeeze the contents of the tube onto the paper plates. After each pair has the toothpaste on their plates, tell the other partner they now have one minute to put the contents back into the tube
- 3. Some girls will immediately shake their head but continue to encourage them to attempt to put the contents back in. After time is up, ask the girls what was difficult about putting the toothpaste back in the tube.
- 4. Explain that just like the toothpaste coming out of a tube, words can easily come out of our mouths. When we say hurtful things or something we regret, we can't take the words back. This is why it is important to display good etiquette and be considerate, caring and respectful of others.
- 5. Have girls clean up and wash their hands before the next activity.

#### **Activity #2: Special Occasions**

Badge Connection: Step 3 – Be prepared for special occasions Materials Needed: Special Occasions worksheet; special occasion props and/or dress-up clothes Prep Needed:

- Make copies of the Special Occasions worksheet.
- 1. Divide girls into small groups and hand out worksheets. Assign each group a special occasion such as a wedding, funeral, birthday or graduation party.
- 2. Allow a few minutes for the girls to complete the Special Occasions worksheet as a group. Instruct girls to use the props and clothes and create a one-minute or less role play that displays proper etiquette for their special occasion.
- 3. After a few minutes, have each group act out their role play or they can just share their answers with the rest of the troop.

## **Activity #3: Thank You Flowers**

Badge Connection: Step 4 - Say thank you

Materials Needed: Colored tissue paper; green pipe cleaners, drinking straws or wooden skewers; floral wire; recycled glass jars to use as vases; brown paper bags slightly larger than the recycled glass vases; markers or crayons; ribbon, string, twine, or tape

Prep Needed:

- Purchase supplies.
- Practice making the flowers prior to the meeting so you can show the girls how to make them.

- For additional information and ideas about creating tissue paper flowers, perform an internet search for "tissue paper flowers."
- Save glass food jars to use as vases. Tomato sauce, salsa, and jam jars typically work well.
- Ask girls/parents to send recycled glass jars to the meeting, if needed for vases.
- 1. Ask girls why do people give thank you gifts. Have you ever given or received a thank you gift?
- 2. Explain that in this activity, the girls will make a thank you gift for a special person such as a parent, friend, relative or teacher.
- 3. Instruct girls how to make the vase of flowers and show example:
  - Decorate the paper bag with markers or crayons.
  - Cut a few pieces (about 4-6) of tissue paper about 8 x 10 inches.
  - Put the paper in a pile and fold it like an accordion.
  - Tie the center of the folded paper with a green pipe cleaner or floral wire.
  - Gently pull each piece of paper towards the top center of the flower, separating each sheet of paper from the others to form the petals of the flower.

Time: 15 minutes

- Use floral wire, ribbon, string, twine, or tape to secure flower to stem.
- Insert flower into the vase.
- Repeat to create desired number of flowers.
- Add flowers to the vase.
- Insert vase into the paper bag.
- Wrap ribbon, string or twine around the mouth of the vase.

### **Activity #4: Snack Chat and Grown Up Conversation**

Badge Connection: Step 5 - Practice being at ease

Materials Needed: Healthy snack

Prep Needed:

- Ask parents to arrive 15 minutes early to join the troop for snack. Inform them that the girls will be practicing good manners.
- For your snack, consider having food that requires utensils to eat to give girls an opportunity to practice good manners. Fruit salad would be a good option.

While enjoying snack, here are some things for girls to talk about:

- Encourage girls to introduce their parents to other Girl Scouts in the troop or troop leaders.
- Use the conversation starters to begin a conversation.
- Practice non-verbal communication that encourages conversation: smiling, looking others in the eye, nodding.
- Ask parents what manners they were expected to follow that kids today are not.
- Thank parents/guardians for coming early to join the troop for the snack. Give them the thank you gift (vase with tissue paper flowers).

Wrapping Up Time: 15 minutes

Materials Needed: (Optional) Make New Friends lyrics

Close the meeting by singing Make New Friends and doing a friendship circle.

#### **More to Explore**

#### • Field Trip Ideas:

- Have lunch or dinner at an ethic restaurant. Choose one that has customs, table manners or utensils different than your own.
- Attend a special dinner, ceremony or event as a troop and practice proper etiquette.

#### Speaker Ideas:

- o Invite one or more people from the community who is originally from another country such as high school or college exchange students. Facilitate a panel discussion about the differences in manners and etiquette between the US and their countries.
- o Invite a funeral director, wedding planner, or other professional to your meeting to give advice on proper etiquette and talk about customs for a specific special occasion.

# Girl Scout Junior Social Butterfly Badge Special Occasions Worksheet

Our group's special occasion: \_\_\_\_\_\_

#	Question	Answer
1	Why is the ceremony held?	
2	What important rituals are in the ceremony?	
3	How should you dress?	
4	What's one helpful skill you should know before attending?	
5	When is the occasion usually held?	
6	Is there something that is especially nice to say to (or wish to) the host or guest(s) of honor?	