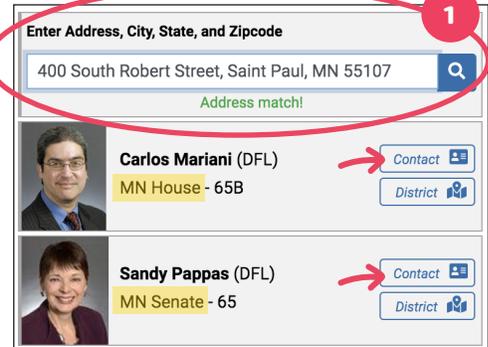


HOW TO CONTACT your LEGISLATOR

The only way your legislator will know what you care about is if you tell them! Luckily, there are multiple ways for you to contact your legislator. They love hearing from people who live in their district!

1 FIND YOUR LEGISLATOR

- Go to www.gis.leg.mn/iMaps/districts
- Enter your address
- Look for your State Representative and your State Senator
- Once you know who your legislators are, click “Contact” to view their profiles and find their contact information.



Enter Address, City, State, and Zipcode

400 South Robert Street, Saint Paul, MN 55107

Address match!

Carlos Mariani (DFL)
MN House - 65B

Sandy Pappas (DFL)
MN Senate - 65

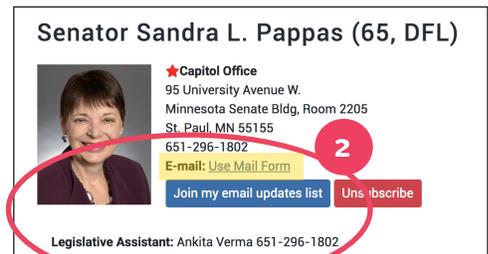
2 SET UP A MEETING

Call their legislative assistant or email your legislator directly (some Senators prefer that you submit a mail form to contact them instead of emailing them directly).

Make sure you:

- Address the email using their official title of Representative or Senator (i.e., Dear Senator Pappas, Dear Representative Mariani)
- Mention that you are a constituent (you can share your address)
- Share that you would like to set up a meeting to discuss [insert issue you care about here].

Once your meeting is scheduled, use this helpful guide to get prepared: gsrv.gs/girls-in-session. If you're interested in discussing the Girl Scout Bill, use this version instead: gsrv.gs/session-bill.



Senator Sandra L. Pappas (65, DFL)

★ Capitol Office
95 University Avenue W.
Minnesota Senate Bldg, Room 2205
St. Paul, MN 55155
651-296-1802
E-mail: [Use Mail Form](#)

[Join my email updates list](#) [Unsubscribe](#)

Legislative Assistant: Ankita Verma 651-296-1802

CAN'T MEET IN PERSON? TRY THESE OPTIONS:

EMAIL YOUR LEGISLATOR

Most legislators read and respond to their emails personally. They may get hundreds of emails a day, so it might take some time for them to respond. Here's a template to help you write your email:

Dear Representative/Senator [Last Name],

My name is [Name] and I am a constituent living at [Address]. I want to tell you about my experience as a Girl Scout. [Tell them what you learned as a Girl Scout or your favorite part of being a Girl Scout. Use this guide to help you brainstorm: gsrv.gs/girls-in-session].

I am emailing you to ask you to support [insert your concern here] [Tell them why this issue is important to you, your community, and why it should be important to them]. I would love the opportunity to discuss this issue further and I can be reached via email or phone at [Phone number].

Thank you,
[Full Name]

You can also write them a letter and mail it to them using the same template!

CALL YOUR LEGISLATOR

Call your legislator to chat or leave them a voice message! Be sure to request a call back or ask to set up a meeting so they know what you want. Here's an example of a message to leave for your legislator. It's helpful to write out what you want to say in your voicemail.

Hello Representative/Senator [Last Name]. My name is [Name] and I am a constituent living at [Address]. I want to talk to you about [insert issue you care about] or [tell them about your experience as a Girl Scout—tell them your Girl Scout story. Use this guide to help you brainstorm: gsrv.gs/session-bill].

I am calling you to ask you to support [insert your concern here] [Tell them why this issue is important to you, your community, and why it should be important to them]. I would love the opportunity to discuss this issue further. My phone number is [Phone number]. Thank you for your time!