

BROWNIE MAKING FRIENDS BADGE – MEETING 1

Badge Purpose: When girls have earned this badge, they'll know what it means to be a good friend.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Brownie Smile song lyrics poster
15 minutes	Hey, Me Too! <ul style="list-style-type: none"> Girls will play a game and learn more about her Girl Scout sisters. 	None
15 minutes	My Favorite Things <ul style="list-style-type: none"> Girls share their favorite activities. 	<input type="checkbox"/> Paper bag <input type="checkbox"/> Slips of paper <input type="checkbox"/> Pens or markers
15 minutes	Friendship Role Play <ul style="list-style-type: none"> Girls act out scenarios about learning how to disagree. 	<input type="checkbox"/> Scenario cards
15 minutes	Snack Chat and Friendship Pledge! <ul style="list-style-type: none"> Girls enjoy snack and discuss what it means to be a friend. 	<input type="checkbox"/> Healthy snack <input type="checkbox"/> Construction (or plain) paper <input type="checkbox"/> Markers
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Brownie Smile song.

Activity #1: Hey, Me Too!

Time: 15 minutes

Badge Connection: Step 1 – Make friendly introductions

Materials Needed: None

- Instruct the girls to stand and form a circle. Choose one girl to start in the middle.
- Tell each girl that when she's in the middle, she should introduce herself to the rest of the girls by saying "Hi, my name is _____" (the rest of the group should repeat the girl's name), and then share something about herself.



- Eg. Girl #1: Hi, my name is Jane (Group: “Hi Jane!”) and I have two sisters.
 - Eg. Girl #2: Hi, my name is Susie (Group: “Hi Susie!”) and I love peanut butter and jelly.
3. Any girl(s) in the circle who shares the statement made by the girl in the middle (for example: anyone else who “loves peanut butter and jelly sandwiches”) must yell, “Hey, me too!” and leave her spot in the circle, give a high five to someone in the middle and run to find a different spot. The last person to find a spot is in the middle.
 4. The game continues with the next girl in the middle saying, “Hi, my name is...” and sharing something about herself.
 - Rule: A girl cannot move to a spot that is directly next to her original spot.
 - Tip: If a girl gets caught in the middle twice in a row, have her switch with someone who has not been in the middle.

Activity #2: My Favorite Things

Time: 15 minutes

Badge Connection: Step 3 – Share favorite activities

Materials Needed: Paper bag; slips of paper; markers or pens

1. Explain to the girls that as Girl Scout sisters, it’s important to learn what their fellow Girl Scout sisters like to do. Ask the girls to name some things that they like to do.
2. Share with the girls that they will be writing down their favorite thing to do on a slip of paper.
3. When everyone has written down their favorite thing, explain that the girls will go around and share what their favorite thing to do is.
4. (Optional): If one of the girl’s favorite thing to do is a quick activity with no prep, do it all together!
5. Tell the girls to put their favorite thing to do inside the paper bag and explain that you will pull out an idea once in a while to do as a group.
6. Ask the girls:
 - What would they do if they don’t really like an activity?
 - Why is it important to take turns?

Activity #3: Friendship Role Play

Time: 15 minutes

Badge Connection: Step 4 – Learn how to disagree

Materials Needed: Scenario cards

Prep Needed:

- Print and cut apart the scenario cards prior to the meeting.
1. Split the girls up into pairs. Have each pair draw a scenario card.
 2. Give girls five minutes to quietly prepare the scene they are going to act out, including how to resolve their scenario. The scenes should be brief – no longer than one minute each.
 3. Gather as a large group and allow each pair one minute to act out their scene in front of the rest of the group. After each skit, allow the group to briefly discuss the scenarios they just watched, and the characteristics of good and not-so-good friends.

Activity #4: Snack Chat and Friendship Pledge

Time: 15 minutes



Badge Connection: Step 5 – Practice friendship!

Materials Needed: Healthy snack; construction (or plain) paper; markers

1. While enjoying snack, review with the girls some of the things they learned about friendship today.
 - E.g. Girls can name different ways they can be good friends or ways to handle tough situations.
2. After snack is finished, pass out one sheet per girl and have everyone grab a marker. Tell the girls they are going to find two girls and trace their handprints anywhere on their paper.
3. Next, tell them to grab a different color marker and search for two other girls and trace their handprints anywhere on the paper. Handprints should begin to overlap.
4. Once everyone's traced their handprints, have girls shade in the shapes created from the overlapping hands with a variety of colors or designs.
5. Have the girls write, "I will be a good friend by _____!" anywhere on their sheet and sign the bottom of their pledge. The girls should write one way that they can be a good friend in the blank. Encourage girls to display their friendship pledge in a place where they can see it every day.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Coordinate with another Girl Scout troop to visit and attend their next troop meeting.
 - Attend a Girl Scout gathering, such as a council-sponsored program event or camp.
- Speaker Ideas:
 - Invite another Brownie troop or an older girl troop to your troop meeting.
 - Invite a camp counselor, teacher, or an after-school program specialist to your troop meeting.



<p>Your friend wins a game that you are playing together.</p>	<p>Your friend forgot to bring a toy to play with at recess today.</p>
<p>Your friend says something to you that hurts your feelings.</p>	<p>Your friend is sitting all alone with no one to play with.</p>
<p>Your friend is ignoring you because she is mad at you about something.</p>	<p>Your friend wants to play soccer but you want to make friendship bracelets.</p>
<p>You and your friend both want to use the same jump rope at the same time.</p>	<p>Your friend tells you that she does not like to play tag but it is your favorite game.</p>

