

# BROWNIE MY FAMILY STORY BADGE - MEETING 1

**Badge Purpose:** When girls have earned this badge, they will know about their family story.

**Activity Plan Length:** 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> <li>Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song.</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Brownie Smile song lyrics poster
10 minutes	Family Story Time – Get to Know Your Leader <ul style="list-style-type: none"> <li>Girls learn about their Girl Scout leader.</li> </ul>	<input type="checkbox"/> (Optional) Pictures or other personal mementos
15 minutes	Interview Your Brownie Sister <ul style="list-style-type: none"> <li>Girls learn more about their Girl Scout sisters.</li> </ul>	<input type="checkbox"/> List of questions on large piece of paper <input type="checkbox"/> (Optional) Paper <input type="checkbox"/> (Optional) Writing utensils
20 minutes	Unique Snack Mix and Snack Chat <ul style="list-style-type: none"> <li>Girls will eat a healthy snack and share stories about their families.</li> </ul>	<input type="checkbox"/> Assorted snack items for trail mix (pretzels, M&M's, dried fruit, etc.) <input type="checkbox"/> Large bowls <input type="checkbox"/> Spoons/cups for scooping snacks <input type="checkbox"/> Paper bowls/napkins (one per girl) <input type="checkbox"/> Hand sanitizer
15 minutes	Troop Family Tree <ul style="list-style-type: none"> <li>Girls will construct a troop family tree.</li> </ul>	<input type="checkbox"/> Construction paper <input type="checkbox"/> Scissors <input type="checkbox"/> Poster board <input type="checkbox"/> Coloring utensils <input type="checkbox"/> Glue and/or tape
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

## Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Brownie Smile song.

## Activity #1: Family Story Time – Get to Know Your Leader

Time: 10 minutes



Badge Connection: Step 1 – Explore family stories

Materials Needed: (Optional) Pictures or other mementos to share with the girls

Prep Needed:

- Think about your family story, including where your family is from, traditions, and fun stories from your childhood. Prepare to tell the girls your story.
  - (Optional) Gather pictures or other mementos to share with the girls as you tell your family story.
1. Gather the girls in a circle and explain that today is all about family stories.
  2. Tell the girls a story about your family, including your family traditions and fun memories you have.
  3. Consider allowing girls to ask questions about your story. This will help prepare them for Activity #2: Interview your Brownie Sister.

Note: This activity could be a great opportunity to for girls' families to share their stories. Consider inviting a parent or important adult to share a memory from their youth.

## Activity #2: Interview Your Brownie Sister

Time: 15 minutes

Badge Connection: Step 5 – Share your family story

Materials Needed: List of questions for the girls to ask each other; (optional) paper; (optional) writing utensils

Prep Needed:

- Make a list of questions for the girls to ask each other (see notes below for examples).
  - Write the list of questions on a whiteboard or large piece of paper.
1. Explain to the girls that just like how you shared something about yourself, they are going to discover more about each other.
  2. Split the girls into pairs, trying to pair girls that might not know each other very well.
  3. Have girls ask each other questions about their family.
  4. (Optional) Provide girls with paper and a writing utensil to take notes if needed.
  5. Have the girls gather again into a large group. Ask each girl to share her Brownie sister's story with the group. After each story is told, the group should clap (this will encourage girls to be brave and tell their stories).

Notes: Example Girl Scout Brownie Interviews

- Do you have siblings? What are their names?
- Where do your aunts and uncles live?
- What is one holiday your family celebrates?
- Does your family make special food on that holiday?
- Do you know where your family is from?
- What is your favorite thing to do with your family?

## Activity #3: Unique Snack Mix and Snack Chat

Time: 20 minutes

Badge Connection: Step 3 – Make a story tree

Materials Needed: Assorted snack items for trail mix (pretzels, M&M's, dried fruit, etc.); large bowls; spoons/cups for scooping snacks; paper bowls/napkins; hand sanitizer

Prep Needed:

- Gather the snack materials.
  - Set each snack item into a separate bowl.
1. Allow each girl to create her own unique snack mix from anything that is available on the snack table. To limit how much girls take, you can tell them they only get a certain number of scoops.



2. Once the girls are done creating the snack, explain that every snack mix is different; even though the same ingredients are included, there are different amounts of everything. This is just like a family story; every family is different and unique.
3. While enjoying their snack, encourage girls to share stories about their families.
  - What is your favorite family vacation?
  - What is your favorite family memory?
  - Does your family have any funny stories?

Note: Please substitute any edible treats as needed to accommodate any dietary restrictions.

## Activity #4: Snack Chat and Friendship Pledge

Time: 15 minutes

Badge Connection: Step 5 – Share your family story

Materials Needed: Coloring utensils; construction paper; scissors; poster board; glue and/or tape

Prep Needed:

- Draw the trunk and branches of a tree on poster board. Inside the trunk of the tree, write the Girl Scout Promise.
1. Explain to girls that together they will create a troop family tree.
  2. Have girls cut out a large leaf out of construction paper. Then have girls draw or write about themselves on their leaf.
  3. Have each girl tape or glue her leaf onto the poster board so that all the girls together create one troop family tree.

## Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

## More to Explore

- Field Trip Ideas:
  - Visit a zoo and look at the animal families. Talk to a zoologist about the different relationships that various animals have with their family members.
  - Invite family members to go on a field trip and share family stories on the way.
- Speaker Ideas:
  - Invite a storyteller, author, or librarian to talk about the importance of stories.
  - Invite family members to talk about their family stories.

