

## WELCOME TO THE DAISY FLOWER GARDEN – MEETING 3

**Badge Purpose:** When girls have earned this award, they will have completed a planting or growing project in their community.

**Activity Plan Length:** 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> <li>Girls recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song.</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
15 minutes	Nature Walk <ul style="list-style-type: none"> <li>Girls will go on a nature walk and make observations about the environment.</li> </ul>	None
5 minutes	Take Action Project Prep <ul style="list-style-type: none"> <li>Girls will prepare to start their Take Action project.</li> </ul>	None
30 minutes	Take Action: Seed Bombs <ul style="list-style-type: none"> <li>Girls will take action in their community by creating native flower seed bombs.</li> </ul>	<input type="checkbox"/> Table cloth <input type="checkbox"/> Native flower seeds <input type="checkbox"/> Potter's clay <input type="checkbox"/> Peat-free compost <input type="checkbox"/> Water <input type="checkbox"/> Bowls (one for each group) <input type="checkbox"/> Baking Trays (one for each group) <input type="checkbox"/> Sandwich bag with instructions (one for each girl)
10 minutes	Snack Chat <ul style="list-style-type: none"> <li>Girls will eat their snack and celebrate earning their award.</li> </ul>	<input type="checkbox"/> Healthy snack
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

### Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.



## Activity #1: Nature Walk

Time: 15 minutes

Materials Needed: None

Prep Needed:

- Find a local park near the troop's meeting space.
1. Tell the girls that you will be going on a nature walk. Encourage girls to be on the lookout for nature around them.
  2. Take girls on a nature walk. While you and the girls are on the walk, point out different trees, plants, etc. you notice.
  3. When you return, ask the girls what they saw on their walk.

## Activity #2: Take Action Project Prep

Time: 5 minutes

Materials Needed: None

Prep Needed:

- (Optional) Have the girls bring an extra change of clothes in case they get dirty while making their seed bombs.
1. Explain to the girls that an important part of being a Girl Scout is to Take Action and make the world a better place. Remind the girls about what they have learned so far (the Girl Scout Law and Promise and how gardens grow). Remind them that the lines from the Girl Scout Law and Promise are what makes a Girl Scout.
  2. Share with the girls that they will be making some seed bombs that have native flower seeds in them. Ask them if they have ever heard of a seed bomb, or what native flowers are.
  3. Let the girls know that after they make the seed bomb, they will take it home and let it dry for at least one day. Then they should go on a walk with their families to drop the seed bomb.
  4. Explain that when the seeds grow, native flowers will grow, which is good for the bugs in gardens and will also be a nice thing for people to look at.
  5. If they need to, let the girls change into clothes that are okay to get dirty.

## Activity #3: Take Action: Seed Bombs

Time: 15 minutes

Materials Needed: Table cloth, native flower seeds, potter's clay, peat-free compost, water, bowls (one for each group), baking trays (one for each group), sandwich bag with instructions (one for each girl)

Prep Needed:

- Put table cloths on any indoor prep surface.
  - Put instructions in each sandwich bag.
  - Split the materials up for each group. Each group should have seeds, clay, compost, water, a bowl, and a baking tray.
1. Divide the girls into groups of 3 to 5. Provide each group with a bowl. Let the girls know that they will be getting their hands dirty when making their seed bombs.
  2. In each group, ask the girls to combine 5 parts clay to 2 parts dirt in the mixing bowl. Pour the seeds and a small amount of water and start mixing it together with their hands.
  3. Once everything is mixed together thoroughly, tell the girls to roll into small balls and place on a baking tray.
  4. Ask the girls to clean up and let the seed bombs dry.

NOTE: For 15 seed bombs, you will need about one-third a 2.2 lb block of potter's clay, two small handfuls of dirt, about a quarter cup of water, and four packets of native flower seeds. Exact proportions are not super important.



## Activity #4: Snack Chat

Time: 10 minutes

Materials Needed: Healthy snack

1. While enjoying snack, here are some things to talk about:
  - What was something that you learned on your Welcome to the Daisy Flower Garden Journey?
  - What is your favorite line from the Girl Scout Law?
  - What does it mean to be a Girl Scout?
2. While the girls are eating snack, one adult can put the seed bombs in plastic bags for the girls to take home.

## Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

## NOTE TO LEADERS

Take Action projects are an important part of the Journey process and can seem intimidating. This activity plan is a suggestion (with instructions) of a project that you can do.

If your troop is inspired to plan and complete a different Take Action project, go for it! The most important part of a Take Action project is that girls are involved in doing something to make a difference in their community.

Other ideas for Take Action projects for Welcome to the Daisy Flower Garden:

- Learn about different native plants in the area and create posters explaining the importance of the flowers.
- Plant and continue to care for a tree at a local school or park.
- Connect with your community to plant a community garden.



## **Take Action: Seed Bombs**

Take out of sandwich bag and allow to air dry for 24-48 hours.

Remember that as Girl Scouts, we make the world a better place. You should find neglected planters and flowerbeds or civic spaces where the planting is not maintained!

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