

# **BROWNIE ECO FRIEND BADGE – MEETING 2**

**Badge Purpose:** When girls have earned this badge, they'll have found new ways to protect their natural world and the living things in it.

#### Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	<ul><li>Getting Started</li><li>Girls recite the Girl Scout Promise + Law</li></ul>	<ul> <li>(Optional) Girl Scout Promise and Law poster</li> </ul>
15 minutes	<ul><li>Edible Campfire</li><li>Girls create an edible campfire to learn about campfire rules.</li></ul>	<ul> <li>Plates</li> <li>Raisins or mini marshmallows</li> <li>Cheerios</li> <li>Small pretzel sticks</li> <li>Pretzel rods</li> <li>Candy corn</li> </ul>
15 minutes	Campfire Safety 101 • Girls speak with a fire expert about campfire safety.	None
20 minutes	<ul> <li>Let's Build a Campfire</li> <li>Girls help their fire expert build (and safely put out) a campfire.</li> </ul>	<ul> <li>Campfire materials (tinder, kindling, firewood, matches, bucket, water/sand, etc.)</li> </ul>
15 minutes	Wrapping Up	<ul> <li>(Optional) Make New Friends lyrics poster</li> </ul>

### **Getting Started**

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

# Activity #1: Edible Campfire

Time: 15 minutes

Badge Connection: Step 3 – Build a safe campfire Materials Needed: Plates; raisins or mini marshmallows; cheerios; small pretzel sticks; pretzel rods; candy corn

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- 1. Campfires are so fun! But, fires can be dangerous if we're not careful around them. Today, we're going to practice and learn how to build a fire so we can stay safe around them.
- 2. Review some basic campfire safety rules:
  - Before you build your fire, make sure you have a bucket of water or sand nearby to extinguish the flames. Build your fire in an open area. Make sure that the area around your fire is clear of anything that could burn. This includes overhanging branches, rotted stumps or logs, dry grass and leaves, pine needles, and litter.
  - Wear fitted clothing and tie up long hair when lighting a fire. Make sure you're not wearing nylon or plastic clothing near a fire—both are highly flammable.
  - Watch out for flying sparks when near a fire and tell an adult if you see any.
- 3. Before we practice building a real fire, we'll create one we can eat! Hand each girl a plate and give a handful of each ingredient.
- 4. Instruct girls on how to build a campfire (log cabin style) using your edible campfire ingredients:
  - Your raisins (or mini marshmallows) are your "rocks." Use the raisins to create a ring to contain your fire.
  - The cheerios are your "tinder." Place cheerios inside the ring of raisins.
  - The pretzel rods are your "fuel." Use the pretzel rods to construct a log cabin style structure around the kindling, but inside the ring of raisins.
  - The small pretzel sticks are your "kindling." Use the pretzel sticks to make a small tipi inside the log cabin structure.
  - The candy corn pieces are your "flames." After girls have constructed their fires, "light" them by placing the candy corn inside the log cabin structure/in the tipi.
- 5. Girls may enjoy their snack!

# Activity #2: Campfire Safety 101

Time: 15 minutes

Badge Connection: Step 3 – Build a safe campfire and Step 5 – Practice being kind Materials Needed: None

Prep Needed:

- Invite a firefighter, park ranger, or outdoor expert to your troop meeting to talk to girls about fire safety.
- 1. Girls will now use the skills they learned creating their edible fire to make a real one! Say, We talked about how we can keep ourselves safe while making and enjoying a fire. Today, we have a special guest at our meeting to tell us about why nature needs us to follow the rules when making a fire.
- 2. Discuss:
  - What do we have to keep in mind weather-wise when making a fire?
  - Are there times we should never make a fire?
  - How can we prevent wildfires?
  - What happens in nature if we're not safe when making a fire?
  - How do we safely put out a campfire?
- 3. Allow girls to ask questions.

# Activity #3: Let's Build a Campfire!

Time: 20 minutes

Badge Connection: Step 3 – Build a safe campfire

Materials Needed: Campfire materials (tinder, kindling, firewood, matches, bucket, water/sand, etc.) Prep Needed:

- Invite a firefighter, park ranger, or outdoor expert to your troop meeting to talk to girls about fire safety.
- 1. Work with your fire expert to help build and light a campfire.

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2. Afterwards, have the fire expert show girls how to safely put out the fire.

### Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

### More to Explore

- Field Trip Ideas:
  - Visit a nature center to learn more about the animals that live in your area.
  - Take a "virtual field trip" to learn about the long-lasting effects of wildlife fires across the United States (https://www.nfpa.org/Public-Education/Campaigns/TakeAction/Wildfire-virtual-field-trips).
- Speaker Ideas:
  - Invite a land conservationist to your meeting to talk about the ways people can help protect nature.
  - o Invite someone who volunteers or works for a wildlife rescue agency to talk about their job.