

DAISY BETWEEN EARTH AND SKY – MEETING 1

Badge Purpose: When girls have earned this award, they'll be aware of their feelings and the feelings of others. Girls will also develop good relationship skills, resolve conflicts, and be considerate and caring to others.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
20 minutes	Role Play <ul style="list-style-type: none"> Girls will role-play different scenarios and discuss how to be considerate and caring and to be a sister to every Girl Scout. 	None
15 minutes	Bucket of Feelings <ul style="list-style-type: none"> Girls brainstorm different types of feelings. 	<input type="checkbox"/> Bucket <input type="checkbox"/> Slips of paper <input type="checkbox"/> Writing utensils
15 minutes	Flower Power <ul style="list-style-type: none"> Girls learn the parts of a flower. 	<input type="checkbox"/> Plant parts worksheet (one for each girl) <input type="checkbox"/> Colored pencils or crayons <input type="checkbox"/> Round cookies and/or crackers <input type="checkbox"/> Pretzel sticks <input type="checkbox"/> Raisins <input type="checkbox"/> Carrots or celery
10 minutes	Snack Chat <ul style="list-style-type: none"> Girls will eat their “flowers” from the previous activity and talk about feelings. 	<input type="checkbox"/> Healthy snack (from Flower Power activity)
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.



Activity #1: What Do You Do?

Time: 20 minutes

1. Split the girls into three groups. Give each group one of the following scenarios. Each group will work on a role-play for their scenario.
 - Scenario 1: It has been raining all morning, but the rain has now stopped. You are at a friend's house and you are deciding what to do. One of you wants to stay indoors and draw pictures. The rest of you want to go outdoors and splash in the puddles. No one will change their minds, but you all want to play together. What do you do?
 - Scenario 2: Your Girl Scout troop is going on a field trip just for Girl Scouts at the local zoo. You are all excited to see the animals and exhibits and try out activities with your friends. When you arrive, you notice that there is a Girl Scout who looks lonely. You find out that she came without her troop and doesn't have anyone to complete the activities with her. What do you do?
 - Scenario 3: You are jumping rope with some friends at the park. A friend walks over and asks to join. One of you says, "I don't want her to play with us. Her shirt is ugly. She needs to go away." The rest of you notice that your friend's feelings have been hurt. What do you do?
2. Give the girls a few minutes to work on their role-play.
3. Have each group perform their role-play. Briefly discuss each scenario after each group has had a turn, using the questions below as a guide.
 - What feelings did you see in the role-plays?
 - Did you notice anything that reminded you of the Girl Scout Law?
 - How can you be "considerate and caring" to others?
 - How can you "be a sister to every Girl Scout" and others?

Activity #2: Bucket of Feelings

Time: 15 minutes

Materials Needed: Bucket, slips of paper, writing utensils

Prep Needed:

- Gather material and supplies.
1. Invite the girls to make a circle. Have each girl share how she is feeling. She can use words or motions to show a feeling. Explain that there are many types of feelings and sometimes you may experience multiple feelings at once!
 2. As a group, brainstorm different types of feelings.
 3. As you brainstorm, write the feelings on slips of paper and place them into the bucket.
 4. If you have extra time, ask the girls to draw a feeling from the bucket and share a time that she had that feeling.

Activity #3: Flower Power

Time: 15 minutes

Materials Needed: Plant parts worksheet (one for each girl), coloring utensils, round cookies and/or crackers, pretzel sticks, carrots or celery, raisins

Prep Needed:

- Print copies of the Plant Parts worksheet (one for each girl).
- Spread out the snack items on the table where the girls will be working.
- Gather material and supplies.



- If the girls brainstormed “hungry” or “thirsty” in the last activity, tell them that flowers and plants get thirsty too. Explain to the girls that plants “eat” through their roots. Water travels up the root system, up the stem, and finally to the leaves and petals.
- Pass out the Plant Parts worksheet. Provide the girls with crayons or colored pencils to color in the worksheet and match the parts of the flower to where it is on the plant.
- Tell the girls that they will be making their own flower for their snack. Ask the girls to make their own flower using the snack items spread out on the table:
 - Round cookie and/or cracker: center of the flower
 - Carrots/celery: stem
 - Raisins: leaves
 - Pretzel sticks: roots

NOTE: Take note of any possible allergies. Substitute different foods for the various flower parts that will work best for your troop. (Example: use round cookie cutters to stamp out circles from a pepper; slices of cucumber or zucchini will work as well; for the leaves, you can use clementine or orange slices, etc.)

Activity #4: Snack Chat

Time: 10 minutes

Materials Needed: “Flower” from Activity #3

1. After the girls have put together their snack, let them know they can eat their flower!
2. While enjoying snack, here are some things to discuss:
 - What do you like to do when you are happy? Sad? Angry?
 - How does it feel when you and a friend are happy and agree on a game to play?
 - How can you show you are considerate and caring to your family?
 - Did you learn something new today? If so, what?
 - How does it feel to learn something new?

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit an arboretum or landscape garden with the troop.
 - Attend a Girl Scout gathering, such as a council-sponsored program event or camp.
- Speaker Ideas:
 - Invite a gardener or florist to talk about the different parts of the flower at your troop meeting.
 - Invite an older girl troop to your troop meeting to talk about what it means to “be a sister to Every Girl Scout.”



Plant Parts

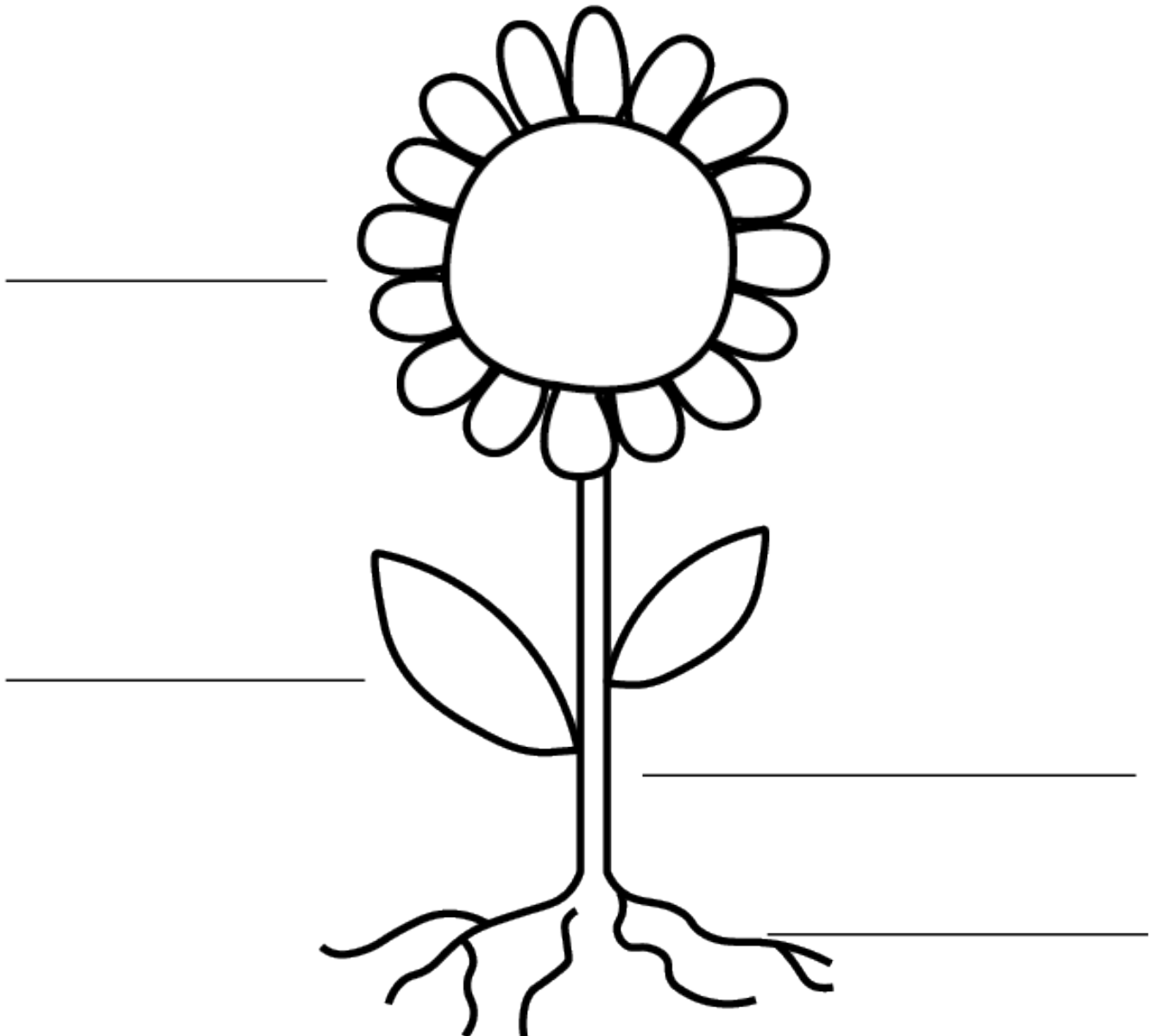
Can you fill in the blanks with the correct words?

stem

flower

leaf

roots



Name: _____

