girl scouts river valleys

Daisy Talk It Up Leaf
Activity Plan

Purpose: When girls have earned this leaf, they'll know how to best use their cookie money.

Planning Guides Link: Financial Literacy

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
  - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
    - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
  - Encourage families to ask questions about their girls' petal activities. Some examples that work for any petal include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
  - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
  - If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  - If you are adapting the "Plan Your Daisy Year", get the girls' input on which petals to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.
- Short Term Planning
  - Ask a family to help lead a petal. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
  - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.
  - Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.
- At the Meeting

© 2016 Girl Scouts River Valleys

- During the opening, have 1-2 girls share their answers to a get-to-know-you question.
- Have girls fulfill their kaper chart responsibilities.
- Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this leaf or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Daisy *Girl's Guide to Girl Scouting*, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They understand how their cookie money can help others
- They know more about how to inspire others

Tips and Tools

- Check out ways to stay safe using Safety-Wise at http://gsrv.gs/GSSafety.
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

Resources

- This activity plan has been adapted from the Daisy *Girl's Guide to Girl Scouting* Talk It Up Leaf, which can be used for additional information and activities.

Getting Started
Time Allotment: 15 minutes

Materials Needed:
- Optional: Girl Scout Promise and Law printed out on poster board

Steps:
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
On my honor, I will try: To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	*I will do my best to be* honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, *and to* respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Girl Scout Daisy Song
I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. We're having fun and sharing each and every day. I'm a Girl Scout Daisy, Hip, Hip, Hooray! I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. I'm going on a journey, with friends along the way. I'm a Girl Scout Daisy, Hip, Hip, Hooray!

Activity #1: Helping Others
Leaf Connection: Step 2—Talk about how to use cookie money to help others.
Time Allotment: 15 minutes
Prep Needed:
- Find a book that demonstrates characters helping others (see suggestions below).

Materials Needed:
- Children's book related to helping others
  - Possible Suggestions:
    - *Lend a Helping Hand* by Stan and Jan Berenstain
    - *Helping Mom* by Mercer Mayer
    - *The Mitten Tree* by Candace Christiansen, illustrated by Elaine Greenstein
    - *A Chair for My Mother* by Vera B. Williams

Steps:
1. Read a book about helping others to the girls.
2. Have a group discussion about the story. Ask girls questions based on the story you read. A few example questions are listed below:
   - How did the characters help others in the story?

- Why is it important to help others?
- How can you help others?

Activity #2: Helping Daisy Banner
Leaf Connection: Step 1—Decide how to use your cookie money and Step 2—Talk about how to use cookie money to help others
Time Allotment: 30 minutes
Prep Needed:

- Gather materials and supplies.
- Cut out 2-3 banner triangles for each girl

Materials Needed:

- Banner triangle (2-3 for each girl)
- Crayons, markers, and/or colored pencils
- Glitter or other decoration materials (optional)
- Glue
- Hole punch
- String or ribbon

Steps:

1. Discuss with girls some possible options for helping others in the community with the troop cookie money that they will earn, such as donating to charity, using the money for troop activities, etc. Write the list down on a sheet of paper. (If you have a flip chart, write it so all girls can see it.)
2. Hand out 2-3 triangles to each girl and let them know that they will be creating a banner of things that they can do with the troop cookie money. Explain that at least one triangle needs to be about making the world a better place and the others can be fun activities.
3. Have girls draw a picture of their ideas on their triangles, making sure that the smaller side of the triangle is the top. Adults may need to help the girls with writing a few words to describe their pictures.
4. Once the girls are done, punch holes in the two angles of the small side of the triangle.
5. String together the banner triangles for the girls and hang up to display.
6. If time, ask the girls to share with the group what their two triangles represent.

Note: An adaptation of this activity could be for the girls to make their own banners to take home to provide motivation through the cookie sale.

Activity #3: Be a Daisy Top Seller!
Leaf Connection: Step 3—Inspire your customers
Time Allotment: 15 minutes
Prep Needed:

- Look at the current Cookie Program materials for information about how cookie proceeds are distributed. For additional assistance, contact your troop cookie manager or service unit cookie manager.

Materials Needed:

- Information about cookie proceeds

Steps:

1. Now that girls have discussed how they can help others, have them identify what activity or activities they would like to do as a group with their cookie proceeds. Share with them how the proceeds from cookie sales are used and explain how much the troop will earn for each box of cookies sold.
2. Once girls have decided what to do with their cookie proceeds, explain that this is something they can and should share with their customers. People like to know where their money goes.
3. Have girls pair up and take turns role-playing the cookie seller and the customer. Give girls an example of what they can say to customers.
    - "Hi I'm a Girl Scout Daisy and I'm selling cookies to help benefit our local animal shelter. Will you help me reach my goal by buying some cookies?"

Wrapping Up
Time Allotment: 15 minutes

Materials Needed:
- Optional: Make New Friends printed on poster board

Steps:
1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign a girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore
- Field Trip Ideas
  - Visit a local charity or non-profit business to discuss how the troop can help their organization.
- Speaker Ideas:
  - Invite older Girl Scouts to join the meeting and help girls role-play selling cookies.

Suggestions
Do you have any suggestions to improve this activity plan? Do you have ideas for other possible petal-earning activities? Please email girlscouts@girlscoutsrv.org.

Family Follow-Up Email
Use the email on the next page as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:
- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about money and costs and have earned the Talk It Up Leaf.

We had fun:
- Learning about how our cookie money can help others.
- Deciding what we are going to do with our cookie money.

Continue the fun at home:

- Help your Girl Scout Daisy practice her sales skills by pretending to be different types of customers.
- Talk to your Girl Scout about the importance of helping others.
- Come up with something your family can do together to help others.
- Look through the *Girl's Guide to Girl Scouting* with your Daisy to find other activities you can try at home.

Thank you for bringing your Daisy to Girl Scouts!