

Wilderness Trip Camp Packing List

For 13-Day Wilderness Camp Sessions out of Camp Northwoods

Use our packing lists as general suggestions of what to pack. The lists will help make sure you and/or your camper has everything they need for a safe and fun camp experience. Remember that camp is rustic—think dirt, dust, and humidity—so, clothes and shoes get dirty. **We do not have laundry facilities available for camper use, so pack enough for the entire stay.** If you have questions or are having trouble getting the items on this list, please reach out to us at girlscouts@girlscoutsrv.org.

Important Packing Notes:

- As you pack, **label everything** with your camper's first and last name.
- The overall goal is to pack light (especially for backpacking) while still having what you need.
- This list includes **only** what you need for your trip off camp property. You should also pack the items on the Resident (Overnight) Camp Packing List for use on camp property. (pillow, towel, shampoo, etc.)
- Avoid cotton clothing as much as possible. Choose fast-drying, "quick dry," or "athletic" fabric like spandex, wool, fleece, or polyester, which dry faster than cotton and will keep you warm when wet. The key is to pack enough layers and have at least one full set of dry clothes to change into if needed.
- Once your group is off camp property and "on-trail," you do not need to change all your clothes every day—Prepare to be a little dirty and smelly anyway.
- It is a good idea to check the forecast and typical summer weather for the location you will be traveling to. Locations that are further north or near Lake Superior will have colder temperatures.
- You do not need to purchase expensive equipment or clothing just to go on a wilderness trip. You can often find the clothes you need at second-hand stores or you can also borrow some gear from camp

- The items with an asterisk (*) are available for all wilderness trip campers to borrow from the camp property.

Clothing

- ☐ Underwear (enough for each day and at least one extra)
- ☐ Socks (enough for each day and at least one extra)
 - **Please Note:** *Wool socks are the best option*
- ☐ Two, three or four short sleeve shirts (depends on trip length)
- ☐ Long-sleeved shirt
- ☐ Fleece jacket, sweater, or another warm layer
- ☐ Rain jacket, raincoat, or waterproof poncho
- ☐ Long pants (Avoid jeans and cotton sweatpants)
 - **Please Note:** *Leggings, hiking pants, or synthetic jogger-type pants with “athletic” fabric options work best.*
- ☐ Two to three shorts (depends on trip length)
- ☐ One, two or three braziers (bras) (depends on trip length)
 - **Please Note:** *Athletic/sports bras are the best option*
- ☐ Swimsuit
- ☐ Warm hat, beanie, bandana, or other preferred head covering,
- ☐ Gloves
- ☐ Extra top and bottom layers for predicted cold weather
 - **Examples:** *leggings or long underwear*
- ☐ Two pairs of shoes (depends on trip type):
 - **For Canoe/Kayak Trips:**
 - One pair of “water shoes” that will get wet. They should be sturdy and have a backstrap—NO flip flops
 - One pair of dry “camp shoes” to wear around the campsite such as tennis shoes
 - **For Backpacking Trips:**
 - One pair of hiking boots. They should be worn or “broken in” prior to attending camp.

- ***Please Note:*** Unworn, poor-fitting or not “broken in” hiking boots can cause injuries on a backpacking trip,
- One pair of “camp shoes” to wear around the campsite such as tennis shoes or sandals that have a backstrap.
 - ***Please Note:*** We encourage sandals that have back straps, because you may have an opportunity to swim or wade in shallow water and shoes are required for swimming on trips.

Bathroom and Other Items

- ☐ Toothbrush and toothpaste
- ☐ Headlamp or flashlight with charger or extra batteries
- ☐ * Sleeping bag (synthetic or down and packable into a stuff sack)
- ☐ * Lightweight sleeping pad (foam or inflatable and packs small)
- ☐ * Two large refillable water bottles (approximately 1 liter each)
- ☐ Sunscreen (SPF 15 or higher)
- ☐ Bug spray/insect repellent
- ☐ Sun hat and/or bandana
- ☐ Sunglasses
- ☐ * Cup and/or bowl and spoon
- ☐ Other bathroom items as needed (glasses, extra contacts, contact solution, etc.)
- ☐ Menstruation products (pads, tampons, etc.)
 - ***Please Note:*** We will also bring extras for the group.
- ☐ Optional: book, journal, cards, or another small fun item

Items NOT to Bring on Your Trip

- ⊗ Towels (unless small and quick drying such as microfiber camping towel)
- ⊗ Pillow (unless small and/or inflatable camping pillow)
- ⊗ Shampoo or soap (these damage water sources)
 - ***Please Note:*** We bring biodegradable soap and wet wipes for the group to share.

- ⊗ Stuffed animals (will get wet and dirty, take up a lot of space in bags)
- ⊗ Cell phones or other electronics (non-internet enabled e-readers are allowed but are not recommended as they will be at risk of getting broken or wet).
- ⊗ Anything large or heavy (especially for backpacking trips)
- ⊗ Anything valuable or sentimental. Items on trips can easily get broken, dirty, lost, or wet.