

## JUNIOR MUSICIAN BADGE – MEETING 2

**Badge Purpose:** When girls have earned this badge, they'll know how music is made and how to perform music.

**Activity Plan Length:** 1.5 hours

**Planning Guides Link:** [Healthy Living and Creativity](#)

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> <li>Girls recite the Girl Scout Promise + Law</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
15 minutes	Percussion Time <ul style="list-style-type: none"> <li>Girls experiment with percussion instruments</li> </ul>	<input type="checkbox"/> Coloring utensils <input type="checkbox"/> Large yogurt cups (one per girl) <input type="checkbox"/> Balloons (one per girl) <input type="checkbox"/> Paper plates (one per girl) <input type="checkbox"/> Stapler with staples <input type="checkbox"/> Beans <input type="checkbox"/> Paper towel tubes (one per girl) <input type="checkbox"/> Rubber bands (one per girl) <input type="checkbox"/> Silver foil <input type="checkbox"/> Construction paper <input type="checkbox"/> Scissors
15 minutes	Practice, Practice, Practice <ul style="list-style-type: none"> <li>Girls make their own music</li> </ul>	<input type="checkbox"/> Instruments from Activity #1 <input type="checkbox"/> (Optional) Music player with music and speakers
15 minutes	Snack Chat <ul style="list-style-type: none"> <li>Girls enjoy a healthy snack while discussing what they have learned</li> </ul>	<input type="checkbox"/> Healthy snack
15 minutes	Show Time <ul style="list-style-type: none"> <li>Girls perform music using instruments they have created</li> </ul>	<input type="checkbox"/> Instruments from Activity #1
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

### Getting Started

Time: 15 minutes

Materials Needed: Girl Scout Promise and Law poster (optional)

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.



## Activity #1: Percussion Time

Time: 15 minutes

Badge Connection: Step 4 – Make your own music

Materials Needed: Coloring utensils, large yogurt cups (one per girl), balloons (one per girl), paper plates (one per girl), stapler with staples, beans, paper towel tubes (one per girl), rubber bands (one per girl), silver foil, construction paper, scissors

Prep Needed:

- Gather materials and supplies.
  - Divide supplies into three different groups based on the instructions below.
    - Drums
      - Large yogurt cups (one per girl)
      - Balloons (one per girl)
      - Construction paper
      - Scissors
    - Maracas
      - Paper plates (one per girl)
      - Stapler with staples
      - Beans
    - Rain sticks
      - Paper
      - Scissors
      - Paper towel tubes (one per girl)
      - Rubber bands (one per girl)
      - Silver foil
1. Tell girls that a percussion instrument is one that involves hitting something to make a noise. Ask girls if they know any percussion instruments. Explain that they are all going to make a percussion instrument of their own; either a drum, maraca, or rain stick.
  2. Split girls into three groups. Have the girls in each group make one of the instruments below. If you would like, you can also have girls self-select which instrument they would like to make. Ideally, you should have multiple of each instrument.
  3. Have an adult take each of the three groups and lead them through making their instruments:
    - Drum:
      - i. Remove the lid of a large yogurt cup, butter tub, or similar container and stretch a balloon over the top opening.
      - ii. To decorate, girls can color a strip of construction paper and tape it around the outside of the container.
      - iii. Hit the top with hands or pencils to play.
    - Maracas:
      - i. Have girls color the plate.
      - ii. Fold a paper plate in half. Staple the plate together on the edges, leave a small part unstapled.
      - iii. Pour dry beans into the opening and finish stapling the plate shut.
      - iv. Shake to play.
    - Rain Stick:
      - i. Have girls color a paper towel tube.
      - ii. Cut two circles out of paper, large than the end of the tube. Attach one circle to one end of the tube with a rubber band.
      - iii. Cut two pieces of tin foil 6 inches wide and 18 inches long. Twist the foil into two springs and put them in the roll.
      - iv. Add beans to the roll and secure another construction paper circle to the other side.
      - v. To play, slowly turn the roll end over end.



## Activity #2: Practice, Practice, Practice

Time: 15 minutes

Badge Connection: Step 4 – Make your own music

Materials Needed: Instruments from Activity #1, music player with music and speakers (optional)

Prep Needed:

- Gather materials and supplies.
  - Decide how you would like the girls to perform and practice based on choices in the activity description.
1. Explain to girls that they are going to perform their music for their family and friends. Describe to girls how they are going to practice and perform. You can choose for them before the meeting, have the girls choose, or give them a few choices and have them decide. While you can have the girls perform however you like, here are a few options:
    - Have girls split into groups (i.e. all of one instrument or one of each) and put together their own song to play.
    - Have the girls split into groups and choose a popular song they know to perform.
    - Keep group together and have them perform a popular song or perform with a song on the music player.
    - Keep the group together and experiment with different rhythms (i.e. different instruments can have different rhythms). Have an adult or girl be the “conductor” and lead the different beats.
  2. Once girls are aware of what they are performing, have them put together and practice their song

## Activity #3: Snack Chat

Time: 15 minutes

Badge Connection: Questions link to multiple badge steps

Materials Needed: Healthy snack

While enjoying snack, here are some things for girls to talk about:

- Does anyone here play an instrument? How often do you practice?
- Has anyone ever been to a musical performance? What did you see and what was your favorite part?
- If you don't play an instrument, what is your favorite instrument to “play”?

## Activity #4: Show Time

Time: 15 minutes

Badge Connection: Step 5 – Perform your music

Materials Needed: Instruments from Activity #1

Prep Needed:

- Ask parents to come 30 minutes early to pick up their girl so they can attend the performance.
1. Have one girl from each group explain what their instrument is, how they made it, and how to play it.
  2. Have the girls perform the song they decided on for their families.

## Wrapping Up

Time: 15 minutes

Materials Needed: Make New Friends lyrics (optional)

Close the meeting by singing Make New Friends and doing a friendship circle.



## More to Explore

---

- Field Trip Ideas:
  - Visit a music store that has listening devices and listen to different styles of music and nontraditional instruments.
  - Visit a store or factory that makes or repairs musical instruments and learn more about how some instruments are made.
- Speaker Ideas:
  - Invite a musician to perform at your meeting.

