

DAISY HONEST AND FAIR PETAL

Petal Purpose: When girls have earned this petal, they'll know how to be honest and fair.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
15 minutes	Story Time <ul style="list-style-type: none"> Girls will listen to a story about being honest or fair and then discuss it. 	<input type="checkbox"/> Children's book about being honest and fair
10 minutes	Musical Chairs <ul style="list-style-type: none"> Girls will play a game where they will have to be honest and play fair. 	<input type="checkbox"/> Chairs (one per girl) <input type="checkbox"/> Music <input type="checkbox"/> Music playing device
10 minutes	Snack Chat <ul style="list-style-type: none"> Girls will enjoy snack and have a topic discussion. 	<input type="checkbox"/> Healthy snack
10 minutes	Promise Pals <ul style="list-style-type: none"> Girls will make a promise about how they will be honest and fair. 	None
10 minutes	Meeting Lupe the Lupine <ul style="list-style-type: none"> Girls will color the Lupe the Lupine Coloring Sheet. 	<input type="checkbox"/> Lupe the Lupine coloring sheets (one per girl) <input type="checkbox"/> Coloring utensils
10 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.

Activity #1: Story Time

Time: 15 minutes

Petal Connection: Honest and Fair (Light Blue Petal)

Materials Needed: Children's book about being honest or fair

- Read a story about being honest or fair (or a book about what happens when you're not honest or fair) aloud to the girls.
- Discuss the story. Ask girls questions based on the story you read. You might ask them:
 - How was the character honest or fair?
 - If the character told lies, what happened when s/he told a lie?



- Why is it important to be honest and fair?
- What was your favorite part of the story?

Book suggestions:

- *Jamaica's Find* by Juanita Havill
- *It's Not My Fault!* by Nancy Carlson
- *Ruthie and the (Not So) Teen Tiny Lie* by Laura Rankin
- *The Berenstain Bears and the Truth* by Stan and Jan Berenstain
- *The Empty Pot* by Demi

Activity #2: Musical Chairs

Time: 10 minutes

Petal Connection: Honest and Fair (Light Blue Petal)

Materials Needed: Chairs (one per girl), music, music playing device

1. Tell the girls that they will be playing the game Musical Chairs.
2. Have the girls discuss/determine the rules of the game.
 - How do you play?
 - When is someone out?
 - How can we be sure to play fair?
3. Play the game by setting the chairs up in a circle, facing outwards. There should be one less chair than there are girls. Play the music while girls walk around the circle of chairs. Stop the music after 15 seconds (or whenever you determine it should be stopped) and the girls should each sit in a chair. One girl will be out. Remove another chair and play again until there are only two girls and one chair. The girl who sits in the chair at the end is the winner.
4. Have girls play the game, making sure they follow the rules.

NOTE: Other games may be used as a substitute. For smaller groups, try "Daisy Says" a.k.a. "Simon Says." It would be fair for each girl to get a turn to be "Daisy" and each participant should be honest about their actions if Daisy didn't say to do it!

Activity #3: Snack Chat

Time: 10 minutes

Petal Connection: Questions link to petal theme

Materials Needed: Healthy snack

1. While enjoying snack, here are some things for girls to discuss:
 - Have you ever told a lie? What happened?
 - Why is it important to follow the rules when you play a game?
 - How would you feel if you and your friend were each given a bowl of ice cream, but your friend received two scoops and you received one? What if you were the one to get more?

Alternate Idea: Start snack by serving the girls varying amounts (with them all receiving the same amount in the end.) See if any of the girls notice. Use it as the discussion starter. This also helps girls practice advocating for themselves and for others.



Activity #4: Promise Pals

Time: 10 minutes

Petal Connection: Honest and Fair (Light Blue Petal)

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school to show others that she is honest and fair. Ideas include:
 - Take turns when playing a game with friends
 - Wait for your friends to finish eating lunch before you go outside for recess
 - Tell an adult when you make a mistake
3. Have each girl make a promise to the other girls in her group identifying how she will be honest and fair. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

Activity #5: Meeting Lupe the Lupine

Time: 10 minutes

Petal Connection: Honest and Fair (Light Blue Petal)

Materials Needed: Lupe the Lupine coloring sheets (one per girl), coloring utensils

Prep Needed:

- Print copies of Lupe the Lupine coloring sheets.
1. Have girls color in their Lupe the Lupine coloring sheets.
 2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girls' promises.

Wrapping Up

Time: 10 minutes

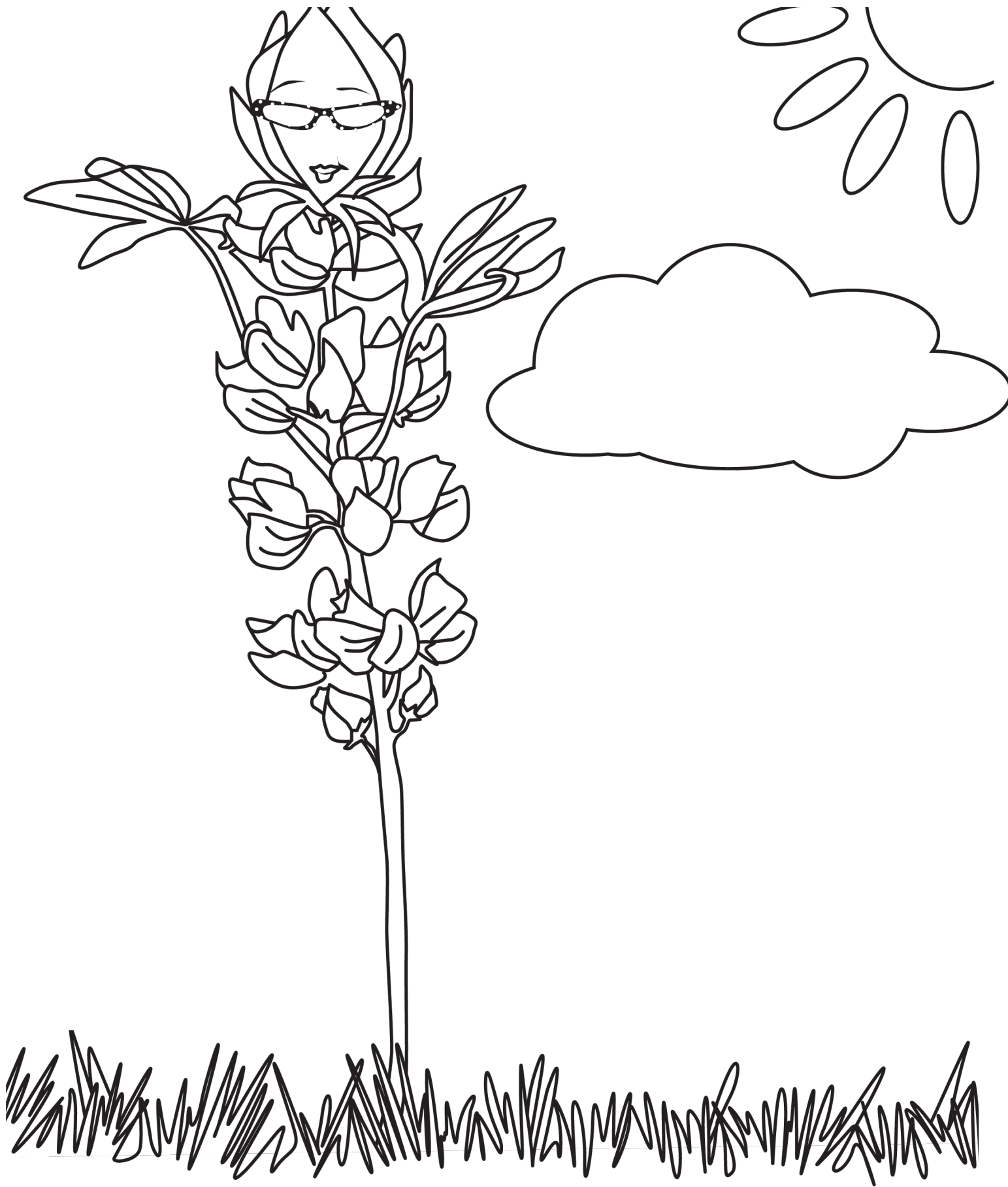
Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Go to a local sporting event and discuss the rules of the game and good sportsmanship.
 - Visit a local police station to learn what it means to be an honest and fair, law-abiding citizen.
- Speaker Ideas:
 - Invite a police officer to speak to the girls about the importance of being honest and fair.
 - Invite a coach, gym teacher, or older girl athlete to talk about being honest and fair during games and sports.





I'm Lupe the Lupine. I'm honest and fair!

