



## Junior Social Butterfly Badge Activity Plan 2

**Purpose:** When girls have earned this badge, they feel comfortable and behave appropriately in various formal and informal social situations.

**Planning Guides Link:** Global Citizenship and Girl Scout Sisterhood

**Fun Patch Link:** Character Development

**Activity Plan Length:** 1.5 hours

**Involve Family and Friends:** Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
  - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
    - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
  - Encourage families to ask questions about their girls' badge activities. Some examples that work for any badge include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
  - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

**Girls Take the Lead:** Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
  - If you use "Plan Your Junior Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  - If you are adapting the "Plan Your Junior Year", get the girls' input on which badges to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one badge or journey she's excited about.
- Short Term Planning
  - Ask a family to help lead a badge. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
  - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.
  - Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.

- At the Meeting
  - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
  - Have girls fulfill their kaper chart responsibilities.
  - Try to find something in each activity that you can let girls decide or manage.

**Customize It:** If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Junior Skill-Building Badge set for *It's Your Story—Tell It!*, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can hold a conversation.
- They know and use appropriate table manners.
- They understand the purpose of common special occasions such as weddings and know what to expect and how to behave at them.
- They can list several ways to thank people such as verbally, a written note, or a homemade gift.
- They can describe and demonstrate how to behave at parties and social gatherings.

### Tips and Tools

- Check out ways to stay safe using Safety-Wise at <http://gsrv.gs/safetywise>.
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

### Resources

- Examples and tutorials on how to make the tissue paper flowers in Activity #4 can also be found by searching for “tissue paper flowers” on [www.pinterest.com](http://www.pinterest.com).
- This activity plan has been adapted from the Junior Skill-Building Badge set for *It's Your Story—Tell It!* Social Butterfly Badge, which can be used for additional information and activities.

### Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
<p><i>On my honor, I will try:</i>            To serve God and my country,            To help people at all times,            And to live by the Girl Scout Law.</p>	<p><i>I will do my best to be</i>            honest and fair,            friendly and helpful,            considerate and caring,            courageous and strong, and            responsible for what I say and do,  <i>and to</i>            respect myself and others,            respect authority,            use resources wisely,</p>

	make the world a better place, and be a sister to every Girl Scout.
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3. Play the game Circles of Respect so girls get to know each other better and gain respect for others.
  - Form a circle. Count off by twos and have all of the ones take a step inside the circle. They turn, face a partner in the outer circle, and introduce themselves. Pose a question for partners to ask each other. Once all girls have answered the question, have the outer circle rotate one step to a new partner. Girls should introduce themselves to their new partners and then answer a new question that you pose. Continue in this manner until the girls have had a chance to meet and learn something new about several of the girls in the other circle.
  - Use the list of questions below or some of your own::
    - What's one thing that you are really good at?
    - What two words would your friends use to describe you?
    - What school subject is your most/least favorite and why?
    - When you have free time, what do you like to do?
    - If you could travel anywhere in the world, where would you go and why?
    - What's one thing that many people don't know about you?
    - What's one thing about you that is different than most people you know?
    - What is one tradition your family has?
    - Is there a certain type of food that your family eats when you are celebrating?
    - Who is one person that you truly respect? Why do you respect her/him?
  - **Alternative:** Instead of asking questions, have the girls do a physical activity to get acquainted. Activity examples may include:
    - Standing about two feet apart, lean forward pressing palms together and push off to regain your balance. Repeat standing further apart.
    - Mimic their partner's movements.
    - Make their scariest face or most horrible sound.

### Activity #1: Toothpaste Challenge

Award Connection: Step 1—Hold a conversation and Step 5—Practice being at ease

Time Allotment: 10 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Whiteboard or large piece of paper
- Markers
- Travel size toothpaste or small lotion bottle with narrow top (1 for pair of girls)
- Paper plates
- Paper towels

Steps:

1. Break girls into pairs and give each pair a paper plate and tube of toothpaste. Tell the girls that they can smile, but they cannot speak during the activity.
2. Instruct one partner to squeeze the contents of the tube onto the paper plates. After each pair has the toothpaste on their plates, tell the other partner they now have one minute to put the contents back into the tube.

3. Some girls will immediately shake their head but continue to encourage them to attempt to put the contents back in. After time is up, ask the girls what was difficult about putting the toothpaste back in the tube.
4. Explain that just like the toothpaste coming out of a tube, words can easily come out of our mouths. When we say hurtful things or something we regret, we can't take the words back. This is why it is important to display good etiquette and be considerate, caring and respectful of others.
5. Have girls clean up and wash their hands before the next activity.

### **Activity #2: Special Occasions**

Award Connection: Step 3—Be prepared for special occasions

Time Allotment: 15 minutes

Prep Needed:

- Copies of the Special Occasions worksheet

Materials Needed:

- Special Occasions worksheet
- Special occasion props and/or dress up clothes

Steps:

1. Divide girls into small groups and hand out worksheets. Assign each group a special occasion such as a wedding, funeral, birthday or graduation party.
2. Allow a few minutes for the girls to complete the Special Occasions worksheet as a group. Instruct girls to use the props and clothes and create a one-minute or less role play that displays proper etiquette for their special occasion.
3. After a few minutes, have each group act out their role play or they can just share their answers with the rest of the troop.

### **Activity #3: Thank You Flowers**

Badge Connection: Step 4: Say thank you

Time Allotment: 20 minutes

Prep Needed:

- Purchase supplies
- Practice making the flowers
- For additional information and ideas about creating tissue paper flowers, perform an internet search for "tissue paper flowers".
- Save glass food jars to use as vases. Spaghetti, salsa and jam jars typically work well.
- Ask girls/parents to send recycled glass jars to the meeting, if needed for vases.

Materials Needed:

- Colored tissue paper
- Green pipe cleaners, drinking straws or wooden skewers
- Floral wire
- Recycled glass jars to use as vases
- Brown paper bags slightly larger than the recycled glass vases.
- Markers or crayons
- Ribbon, string, twine, or tape

Steps:

1. Ask girls why do people give thank you gifts? Have you ever given or received a thank you gift?
2. Explain that in this activity, the girls will make a thank you gift for a special person such as a parent, friend, relative or teacher.
3. Instruct girls how to make the vase of flowers and show example:
  - Decorate the paper bag with markers or crayons.
  - Cut a few pieces (about 4-6) of tissue paper about 8 x 10 inches.
  - Put the paper in a pile and fold it like an accordion.
  - Tie the center of the folded paper with a green pipe cleaner or floral wire.
  - Gently pull each piece of paper towards the top center of the flower, separating each sheet of paper from the others to form the petals of the flower.
  - Use floral wire, ribbon, string, twine, or tape to secure flower to stem.
  - Insert flower into the vase.
  - Repeat to create desired number of flowers.
  - Add flowers to the vase.
  - Insert vase into the paper bag.
  - Wrap ribbon, string or twine around the mouth of the vase.

#### **Activity #4: Snack Chat and Grown up conversation**

Badge Connection: Step 5 – Practice being at ease.

Time Allotment: 15 minutes

Prep Needed:

- Ask parents to arrive 15 minutes early to join the troop for snack. Inform them the girls will be practicing good manners.

Materials Needed:

- Snack prep may vary according to snack choice provided.

Steps:

1. Snack idea: Food that requires utensils to allow opportunity to practice good manners, such as cake or fruit salad.
2. While enjoying snack, here are some things for girls to talk about:
  - Encourage girls to introduce their parents to other Girl Scouts in the troop or troop leaders.
  - Use the conversation starters to begin a conversation.
  - Practice non-verbal communication that encourages conversation: smiling, looking others in the eye, nodding.
  - Ask parents what manners they were expected to follow that kids today are not.
  - Thank parents/guardians for coming early to join the troop for the snack. Give them the thank you gift (vase with tissue paper flowers).

#### **Wrapping Up**

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze so that everyone can see it travel along the circle.

### More to Explore

- Field Trip Ideas:
  - Have lunch or dinner at an ethnic restaurant. Choose one that has customs, table manners or utensils different than your own.
  - Attend a special dinner, ceremony or event as a troop and practice proper etiquette.
- Speaker Ideas:
  - Invite one or more people from the community who is originally from another country such as high school or college exchange students. Facilitate a panel discussion about the differences in manners and etiquette between the US and their countries.
  - Invite a funeral director, wedding planner, or other professional to your meeting to give advice on proper etiquette and talk about customs for a specific special occasion.

### Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible badge-earning activities? Please email [troopsupport@girlscoutsvr.org](mailto:troopsupport@girlscoutsvr.org).

### Family Follow-Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about social etiquette and have earned the Social Butterfly badge.

We had fun:

- Learning how to use kind words in conversation.
- Role playing proper etiquette at special occasions
- Making a homemade thank you gift.
- Sharing our snack time with our parents/guardians to practice our manners.

Continue the fun at home:

- Encourage your Girl Scout to make a thank you card the next time she is invited to a friend's house, a sleepover or a birthday party.
- Look through the *Girl's Guide to Girl Scouting* Junior Social Butterfly Badge with your Girl Scout to find other activities you can try at home.

Thank you for bringing your girl to Girl Scouts!

## Girl Scout Junior Social Butterfly Badge Special Occasions Worksheet

**Our group's special occasion:** \_\_\_\_\_

#	Question	Answer
1	Why is the ceremony held?	
2	What important rituals are in the ceremony?	
3	How should you dress?	
4	What's one helpful skill you should know before attending?	
5	When is the occasion usually held?	
6	Is there something that is especially nice to say (or wish to) the host or guest(s) of honor?	