

BROWNIE QUEST (DISCOVER KEY) – MEETING 1

Journey Award Purpose: When girls have earned this award, they will have discovered their special qualities and talents, the values of the Girl Scout Law, and the special qualities and values of their families.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Brownie Smile song lyrics poster
25 minutes	All About Me Poster <ul style="list-style-type: none"> Girls will create a picture of themselves that reflects their special qualities and values. 	<input type="checkbox"/> Large paper <input type="checkbox"/> Coloring utensils
10 minutes	All About My Values <ul style="list-style-type: none"> Girls identify parts of the Girl Scout Law that are important to them. 	<input type="checkbox"/> Construction paper <input type="checkbox"/> Paper plates (10) <input type="checkbox"/> Scissors <input type="checkbox"/> Tape <input type="checkbox"/> “All About Me” posters from Activity #1
15 minutes	Snack Chat <ul style="list-style-type: none"> Girls enjoy a healthy snack while discussing their special qualities. 	<input type="checkbox"/> Healthy snack
15 minutes	Family Stars <ul style="list-style-type: none"> Girls decorate a star that will serve as a discussion starter with their family. 	<input type="checkbox"/> Star worksheets (one per girl) <input type="checkbox"/> Coloring utensils
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Brownie Smile song.



Activity #1: All About Me Poster

Time: 25 minutes

Journey Connection: Session 1 – Ball Toss: Discovering Our Special Talents and Qualities

Materials Needed: Large paper; coloring utensils

1. Ask the girls what makes us unique as individuals. Brainstorm ideas of special talents and qualities that girls in the troop have. Encourage girls to think of personality qualities as well.
2. Pass out a piece of paper to each girl. Explain to the girls that they will create a poster of themselves. Girls can use pictures, words, or symbols to describe themselves and their special qualities and talents.
3. Pair the girls together and encourage them to share their posters. If there's time, tell the girls to find a new partner to share their posters with.

Activity #2: All About My Values

Time: 10 minutes

Journey Connection: Session 1 – Going ELF: The Search to Discover the Values of the Girl Scout Law

Materials Needed: Construction paper; ten paper plates; scissors; tape; “All About Me” poster Activity #1

Prep Needed:

- Write each of the ten parts of the Girl Scout Law on a paper plate. (Use a separate plate for each part of the Law.)
 - Cut out squares of colored paper to represent different parts of the law according to the chart below, and place them on the corresponding plate.
1. Read the Girl Scout Law to the girls. Ask the girls if they identify with any of the qualities listed in the Girl Scout Law.
 2. Using the colored squares of paper, have girls choose four parts of the law that they think are most important. Ask them to attach each of the four colored squares to the four corners of their posters.

Girl Scout Law	Color
Honest and Fair	Light blue
Friendly and Helpful	Yellow
Considerate and Caring	Light green
Courageous and Strong	Red
Responsible for What I say and Do	Orange
Respect Myself and Others	Dark Purple
Respect Authority	Dark Pink
Use Resources Wisely	Green
Make the World a Better Place	Light Pink
Be a Sister to Every Girl Scout	Light Purple

Activity #3: Snack Chat

Time: 15 minutes

Journey Connection: Questions link to Brownie Quest

Materials Needed: Healthy snack

1. While enjoying a healthy snack, here are a few questions to ask the girls:
 - Did you learn anything new about someone today? What did you learn?
 - What is something that you are really good at?
 - What can you do to make your friends and family happy?



- What is something you really like to do?

Activity #4: Family Stars

Time: 15 minutes

Journey Connection: Session 1 – Send it Home

Materials Needed: Star worksheet; coloring utensils

Prep Needed:

- Print out copies of the Star worksheet (one per girl).
1. Remind the girls that they have been reflecting on qualities and values throughout this meeting.
 2. Hand each girl a Star worksheet. Explain that during the meeting, the girls will be decorating their stars on the top, but the rest is a take home activity.
 3. Share the following information:
 - Take your star home and show it to your family.
 - Talk with them about the Girl Scout Law and what your favorite part is.
 - Ask them what part of the law is most important to your family.
 - Cut out the star and on the blank star, write the part of the law your family sees as most important. Provide examples of how your family members live out those values. You can use pictures and words.
 - Bring back your star for the next time we meet!

Wrapping Up

Time: 15 minutes

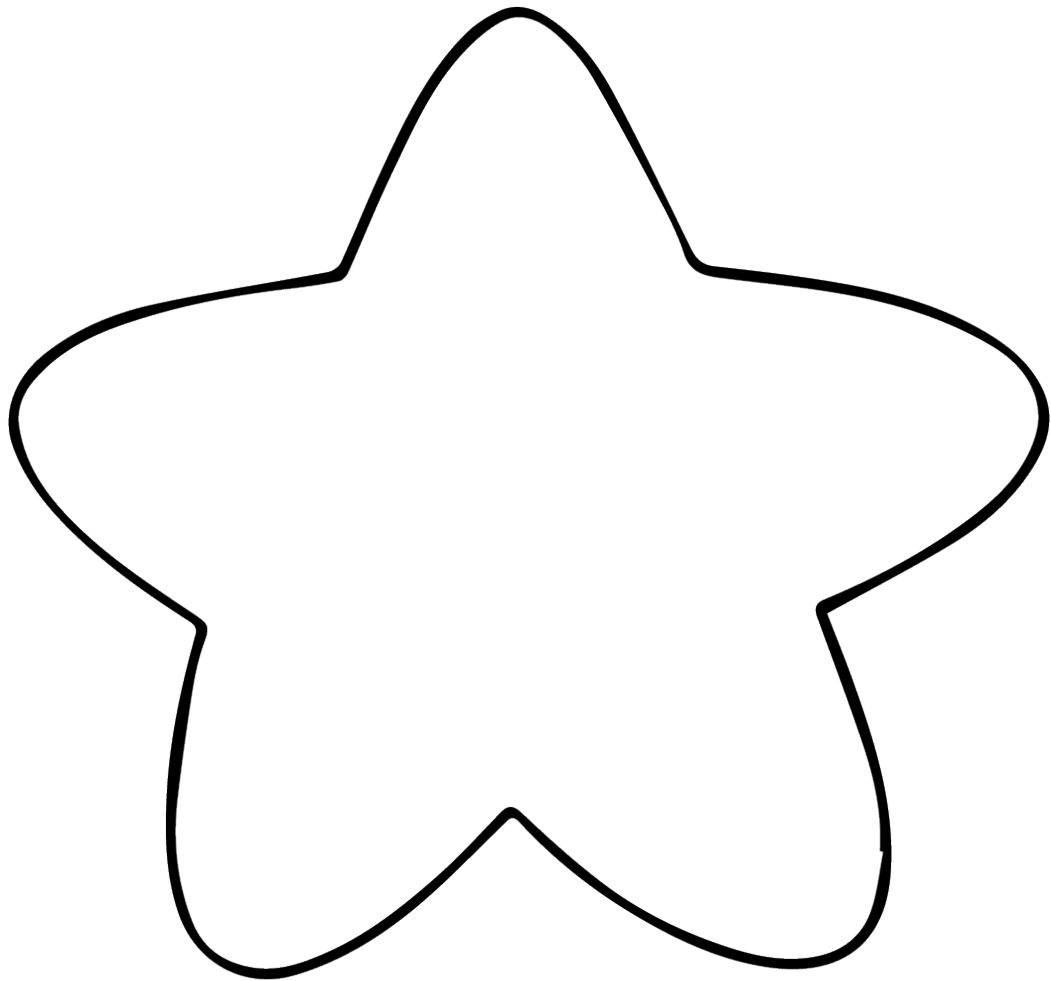
Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Go to a library and use book characters to talk about special qualities, talents, and values.
- Speaker Ideas:
 - Invite family members to your meeting to do the activities with you.





Hello Families!

Today we discussed some of our special talents and unique qualities. We have a special project to finish at home!

1. Ask your girl about the star above.
2. Discuss the Girl Scout Law with your girl. Ask them what their favorite line is.
3. Talk about what line means most to your family.
4. Have your girl cut out the star and on the blank star, write the part of the law your family sees as most important. Provide examples of how your family lives out those values. She can use pictures and words.
5. Bring back the star for the next time we meet!

The Girl Scout Law

I will do my best to be
Honest and Fair,
Friendly and Helpful,
Considerate and Caring,
Courageous and Strong,
And Responsible for what I say and do,
And to,
Respect myself and others,
Respect authority,
Use resources wisely,
Make the world a better place,
And be a sister to every Girl Scout.

