Welcome to the Daisy Flower Garden Activity Plan 2
Amazing Daisy Award

Purpose: When girls have earned this award, they'll begin to understand and live the Girl Scout Promise and Law and will recite both in front of friends and family.

Planning Guides Link: Leadership

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
  - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
    - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
  - Encourage families to ask questions about their girls' Journey activities. Some examples that work for any Journey include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
  - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
  - If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  - If you are adapting the "Plan Your Daisy Year", get the girls' input on which petal and Journeys to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.

- Short Term Planning
  - Ask a family to help lead a Journey. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
  - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.
  - Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.

- At the Meeting
    - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
    - Have girls fulfill their kaper chart responsibilities.
    - Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this award or simply try different activities, go for it! There are many ways to complete this award, including: completing the activities as listed in the *Welcome to the Daisy Flower Garden* Journey, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the Amazing Daisy Award if:

- They begin to understand and live the Girl Scout Promise and Law.
- They recite the Promise and Law in front of family and friends.

Girls can continue their Daisy Flower Garden Journey by earning the remaining award: Golden Honey Bee Award.

Moving to Take Action: To complete the *Welcome to the Daisy Flower Garden* journey, girls plan and carry out a Take Action project that addresses the root cause of a community issue in a sustainable way. During the process, here are some things to think about.

- Girls should play an active part in determining the "what, where, when, how and why" of their project, but Girl Scout Daisies will need your support and guidance throughout the process.
- Help girls scale the project to a manageable size, so they can have a successful experience. Even if the project has a small scope, what they are doing is important.
- Take Action projects are different than community service projects. Take Action projects pick up where short-term community service projects leave off and are a long-term solution, rather than a short-term solution.
- Consider contacting Girl Scout Cadettes in your area to help with the Take Action project. This will help the Cadettes earn the Program Aide Pin. Contact your service unit manager for more information.
- It's up to the girls to find a Take Action project that they are passionate about, but to get started, here are a few ideas:
    - Family project: Girls work with their families to determine what they can do to help with a garden. Maybe they can start seedlings, raise worms, or make compost. The families can then work together to start or update a garden at their meeting space, a community building, or even a troop member's yard. Girls invite their families and friends to come to their garden party.
    - School project: With adult help, girls talk to their school principal to find out if anything can be done to help the gardens at their school. Girls can invite classmates to help with their project and attend their garden party.
    - Community project: Where you live, girls can help find a community garden (i.e. church, government building, community vegetable garden, retirement community, etc.) and do a garden clean up day. Girls can help put in new plants or pull weeds and invite those who live, work, or worship there to attend their garden party.

Tips and Tools

- Check out ways to stay safe using Safety-Wise at http://gsrv.gs/safetywise
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

Resources

- This activity plan has been adapted from the *It's Your World—Change It! Welcome to the Daisy Flower Garden*, which can be used for additional information and activities.
- Book suggestions for Activity #2: Respect:

- *The Berenstain Bears Show Some Respect* by Jan Berenstain
- *Respecting Others* by Robin Nelson

Getting Started
Time Allotment: 15 minutes

Materials Needed:
- Optional: Girl Scout Promise and Law printed out on poster board

Steps:
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	**Girl Scout Law**
On my honor, I will try: To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	*I will do my best to be* honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, *and to* respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Girl Scout Daisy Song
I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. We're having fun and sharing each and every day. I'm a Girl Scout Daisy, Hip, Hip, Hooray! I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. I'm going on a journey, with friends along the way. I'm a Girl Scout Daisy, Hip, Hip, Hooray!

Activity #1: Mini Garden Flower Friends
Journey Connection: Session 3—Mini Garden Watering Time and Reviewing the Girl Scout Law
Time Allotment: 10 minutes
Prep Needed:
- Gather materials and supplies.

Materials Needed:
- Optional: Construction paper
- Optional: Coloring utensils
- Optional: Girl Scout Law printed on poster board

Steps:
1. Ask girls about their mini flower gardens that they planted during the Watering Can Award activity. Have they been watering the flowers? Have the flowers grown? Spend a few minutes sharing.
2. Optional: Tell the girls that now they can draw pictures of their own flower friends. Flower friends are friendly, helpful, considerate and caring—just like the Girl Scout Law.

Activity #2: Respect
Journey Connection: All Sessions—Garden Story Time
Petal Connection: Respect Myself and Others (Purple Petal) and Respect Authority (Magenta Petal)
Time Allotment: 15 minutes
Prep Needed:

- Gather materials and supplies.
- Find a children's book about respect (see Resources above for ideas).

Materials Needed:

- Children's book about respect

Steps:

1. Remind girls about the following lines from the Girl Scout Law: "respect myself and others" and "respect authority."
2. Read a children's book about respect.
3. Discuss the book. Ask girls why it is important to show respect. Some example discussion questions are below.
    - How did the character show respect?
    - Why is it important to be respectful?
    - What was your favorite part of the story?

Activity #3: Nature Charades
Journey Connection: Session 3—Imitating Nature
Time Allotment: 10 minutes

Steps:

1. Have each girl pick an object or animal from nature, such as grass, trees, rabbits, flowers or bugs.
2. Give each girl a turn to act out her chosen animal or object in front of the group using her body and voice.
3. The other girls will try to guess her animal or object.

Activity #4: Snack Chat
Journey Connection: Questions link to Daisy Flower Garden—Sessions 3 and 4
Time Allotment: 10 minutes

Steps:

1. While enjoying a healthy snack of your choice, here are some things to discuss:
    - What is one way that you were friendly or helpful at home last week?
    - How can you be considerate or caring at school?
    - What is one way you can show respect to a teacher? To your Girl Scout leader? To your best friend?

Activity #5: Taking Action in the Flower Garden
Journey Connection: Sessions 4—Take Action Project Brainstorm
Time Allotment: 15 minutes

Prep Needed:

- Invite family and friends to attend the last 30 minutes of the meeting.

Materials Needed:

- Marker or pen
- Paper, white board, or easel paper
- Optional: Flower Friends poster from the adult Journey book.

Steps:

1. Introduce the group to Daisy from the flower friends. Daisy loves to do all the things from the Girl Scout Law. Explain to the girls that their last award is the Amazing Daisy Award. To earn this award, girls must use everything they learned to work together and help a garden in their community.
2. Lead the group in a discussion to brainstorm ideas for their take action project. While friends and family are encouraged to participate in this discussion, be sure that girls are able to contribute and make the final decision. Have someone record the group's ideas as they are said.
3. Ask the group what they can do to help a garden. Examples are:
    - Plant a new garden using the plants they grew.
    - Add new plants to a garden that will grow every year or that grow better in their area.
    - Create a compost pile to make healthy soil for plants.
    - Weed a garden so the plants there can grow better.
    - Add worms or ladybugs to a garden to help the plants be healthier.
4. Have girls think of gardens in their area that need their help or places that don't have gardens where they could add one. Examples are:
    - Schools
    - Churches
    - Libraries
    - Retirement communities or nursing homes
    - Senior centers
    - Local parks
    - Community centers
5. Ask the girls who they know that could help them with their project. Examples are:
    - Friends from school
    - Family
    - Church members
    - People from teams or clubs
    - Teachers
    - Coaches
6. Depending upon the time available, do one of the following:
    - Ask the girls to choose a Take Action project that they'd like to do. Develop the project plan today and Take Action in your next meeting.
    - Document the girls' ideas; bring the notes to your next meeting for girls to develop a Take Action project plan and put it into motion.

Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board
- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Instruct girls to stand in a line and recite the Girl Scout Promise and Law in front of their families and friends to hear. Recite the Promise and Law along with them if they need help.
2. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.

3. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

4. After the song, ask everyone to be quiet.
5. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
6. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore

- Field Trip Ideas:
  - Visit a martial arts studio and learn how they incorporate respect into their classes.
  - Visit a nature center and learn more about natural objects and animals.
- Speaker Ideas:
  - Invite a teacher or other community member to your meeting to talk about respect.
  - Invite family members to your meeting to do the activities with the girls.

Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible petal and Journey-earning activities? Please email troopsupport@girlscoutsrv.org.

Family Follow Up Email

Use the email below as a template to let families know what you did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today as we continued to learn about the Girl Scout Promise and Law. We recited them for friends and family and earn the Amazing Daisy Award.

We had fun:

- Drawing pictures of flower friends who are friendly, helpful, considerate and caring
- Reading a book about respect
- Playing nature charades

Continue the fun at home:

- Talk to your Girl Scout about ways to continue to carry out the Girl Scout Law in your daily lives.
- Continue to help your Girl Scout take care of her mini flower garden.
- Ask your Girl Scout about the Daisy Team's Take Action project and how your family can help with the project.
- Look at the *Welcome to the Daisy Flower Garden* journey book and read about the adventures of Chandra, Cora, Campbell and the Flower Friends.

Thank you for bringing your Daisy to Girl Scouts!