

CADETTE BABYSITTER BADGE – MEETING 2

Badge Purpose: When you've earned this badge, you'll be prepared to babysit and will have tried out your skills on the job.

Activity Plan Length: 2 hours

Time	Activity	Materials Needed
10 minutes	Getting Started <ul style="list-style-type: none"> Begin the meeting by reciting the Girl Scout Promise + Law. 	<ul style="list-style-type: none"> (Optional) Girl Scout Promise and Law poster
60 minutes	Watch and Learn <ul style="list-style-type: none"> Observe a group of kids at play for an hour to learn more about their needs and behaviors. 	<input type="checkbox"/> (Optional) Child development chart(s) from previous meeting <input type="checkbox"/> Paper <input type="checkbox"/> Writing utensils
15 minutes	It's in the Bag <ul style="list-style-type: none"> Put together a babysitting bag with all the supplies you'll need for the job. 	<input type="checkbox"/> Various age-appropriate toys and books <input type="checkbox"/> Art and/or craft materials <input type="checkbox"/> First aid kit <input type="checkbox"/> Snacks <input type="checkbox"/> Babysitter checklist <input type="checkbox"/> Tote bag or large plastic container
15 minutes	Babysitter in the House + Snack Chat <ul style="list-style-type: none"> Review your skills, expectations, and comfort levels before advertising your babysitting availability to potential families. Enjoy a healthy snack. 	<input type="checkbox"/> Healthy snack <input type="checkbox"/> (Optional) Phone or computer with internet access
10 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

Getting Started

Time: 10 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.



Activity #1: Watch and Learn

Time: 60 minutes

Badge Connection: Step 1 – Get to know how kids develop and Step 3 – Focus on play

Materials Needed: (Optional) Child development chart(s) from previous meeting; paper; writing utensils

1. Connect with a community center, place of worship, or parent-led play group in your area to see if you can observe their kids for an hour.
2. Keep in mind what you learned in your personal research on child development. Jot down some notes and observations. How do the kids act? How they interact with other kids? When challenges arise, how do the kids handle the situation? How do they like being soothed and comforted? What kinds of activities do they like? What's keeping them engaged?

Activity #2: It's in the Bag

Time: 15 minutes

Badge Connection: Step 3 – Focus on play and Step 5 – Practice your babysitting skills

Materials Needed: Various age-appropriate toys and books; art and/or craft materials; first aid kit; snacks; babysitter checklist; tote bag or large plastic container

Prep Needed:

- Print out copies of the babysitter checklist.
1. Make a babysitting bag (use a tote bag or large plastic container) and fill it with the supplies you'll need to be a successful babysitter. Some things you might want to include:
 - A variety of age-appropriate toys and books (consider asking family members or friends to donate gently used toys and/or books that their kids have outgrown or are no longer interested in)
 - Art and/or craft materials
 - First aid kit
 - Snacks (for yourself and/or kids—always check for allergies first and get the family's okay to bring your own snacks)
 - Babysitter checklist (use the template at the end of the activity plan, or create your own)

Activity #3: Babysitter in the House!

Time: 15 minutes

Badge Connection: Step 4 – Find potential employers

Materials Needed: Healthy snack; (optional) Phone or computer with internet connection

1. Training? Check! Supplies? Check! Now you just need to spread the word that you're on the market for babysitting gigs, right? But wait! Before you let your family and neighbors know that you're looking for a job, think about your own desires and capabilities.
2. While enjoying a healthy snack, discuss what types of babysitting jobs will work best for you:
 - How many kids do you think you would be comfortable watching?
 - What age range are you comfortable with?
 - How much are you going to charge? By the hour or by the job? (Ask your friends who babysit what they charge, or use this calculator to find the going rate in your area: care.com/babysitting-rates)
 - Will your rate increase if you're watching more than one kid at a time?
 - What is your schedule like? Will you be available in the afternoons, evenings, weekends?
 - How will you get to your babysitting gig? Will you bike over, get a ride from a parent or guardian, or is the family you're babysitting for responsible for giving you a ride back home?
3. Knowing this information beforehand will help you find families that match your skills, expectations, and comfort levels—a win-win for everyone.



4. Once you've answered all the questions, connect with your relatives and neighbors to let them know that you're available for babysitting jobs.

Wrapping Up

Time: 10 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit a children's museum and see how the exhibits encourage healthy child development and creative exploration.
- Speaker Ideas:
 - Invite an older Girl Scout who's earned their Babysitter badge to give tips and tricks on being a good babysitter.
 - Invite an early childhood educator or elementary school teacher to your meeting to talk about their experience working with children.



Babysitter Checklist

General Info

Parents' names: _____

House address: _____

Phone numbers: _____

Where we'll be:	Address:
	Phone number:

When we'll be home: _____

If you can't reach us, call: _____

Child(ren)'s Info

Name/Age:	
	Allergies/medication:

Name/Age:	
	Allergies/medication:

Name/Age:	
	Allergies/medication:

Food & Drinks

Mealtime(s) _____

Snacks: _____

No food or drink after: _____

Help yourself to: _____

Bedtime

Bath time: _____

Bed time: _____

Bed time routine: _____

Nap time: _____

House Rules

TV/Computer/Phone rules: _____

Other info: _____