

## CADETTE PUBLIC SPEAKER BADGE – MEETING 1

**Badge Purpose:** When you've earned this badge, you'll have found your inner performer and be unafraid to speak up.

**Activity Plan Length:** 1.5 hours

Time	Activity	Materials Needed
5 minutes	Getting Started <ul style="list-style-type: none"> <li>Begin the meeting by reciting the Girl Scout Promise + Law.</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
20 minutes	Recite a poem or story <ul style="list-style-type: none"> <li>Choose a poem or short story to perform.</li> </ul>	<input type="checkbox"/> (Optional) Poetry books and short story anthologies <input type="checkbox"/> (Optional) Slips of paper <input type="checkbox"/> (Optional) Writing utensils
20 minutes	Charades <ul style="list-style-type: none"> <li>Play a game of charades.</li> </ul>	<input type="checkbox"/> Slips of paper <input type="checkbox"/> Writing utensils <input type="checkbox"/> Hat or bowl
15 minutes	Snack Chat <ul style="list-style-type: none"> <li>Enjoy a healthy snack while having a discussion on performing.</li> </ul>	<input type="checkbox"/> Healthy snack
25 minutes	Dress Rehearsal <ul style="list-style-type: none"> <li>Pick a story and practice acting it out.</li> </ul>	<input type="checkbox"/> Playbooks and scripts <input type="checkbox"/> Props
5 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

### Getting Started

Time: 5 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

### Activity #1: Recite a Poem or a Story

Time: 20 minutes

Badge Connection: Step 1 – Get a feel for performing solo

Materials Needed: (Optional) Poetry books and short stories; (optional) slips of paper; (optional) writing utensils

Prep Needed:

- Bring three poems or a short story that you would like to share with the group. If you do not have any poetry books or short story anthologies on hand, check out your local library!



1. Take a few minutes to share with everyone the poems or short stories you brought to the meeting.
2. Before performing the poems, decide on a few things:
  - Decide the order. Who is going first? Who is next?
  - Where are you performing? Is it going to be more like a play or is it going to be less formal?
  - Is there going to be an emcee?
3. Perform one of the poems or short stories that you brought in front of the crowd. Make sure everyone takes a turn performing. Remember to clap after everyone's performance!
4. (Optional) Ask audience members to jot down one thing they liked about the performance on a slip of paper. Do the same for them! It should be brief like: great character, or projected clearly, or made the poem come alive!

## Activity #2: Charades

Time: 20 minutes

Badge Connection: Step 2 – Focus on body language

Materials Needed: Slips of paper; writing utensils; hat or bowl

Prep Needed:

- Do you have Charades or Pictionary? Use the clues from one of the games for your mini-game!
  - If you come up with your own prompts, put each category into its own bag.
1. Put clues into a hat or bowl and ask everyone to take a turn acting out the clues.
  2. Liven it up a bit and encourage each other to try other ways to get the group to guess what they are if the first clue doesn't work.
  3. Make sure that everyone gets at least one turn to act out a prompt.

## Activity #3: Snack Chat

Time: 15 minutes

Badge Connection: Questions link to multiple badge steps

Materials Needed: Healthy snack

1. While enjoying a healthy snack, discuss:
  - Have you ever acted in a play? What was fun about it? What wasn't so fun?
  - Have you ever directed a play? Written one?
  - What are some ideas to help you memorize lines?
  - If your troop were going to act out a favorite book, which one would you choose?

## Activity #4: Dress Rehearsal

Time: 25 minutes

Badge Connection: Step 4 – Choose or create a piece to perform

Materials Needed: Playbooks and scripts; props

1. The first part of this activity will be determining what story you want to use. Spend about 10 minutes looking through playbooks and scripts to decide which one to do.
2. Now, spend the rest of the time creating your presentation. Make sure to work together so that everyone has a role. If you need help, consult your troop leader.
3. You will be performing this at your next meeting; talk through how the format and the timeframe so you will know what to expect and be ready to go on stage.



## Wrapping Up

Time: 5 minutes

Materials Needed: (Optional) Make New Friends lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

## More to Explore

- Field Trip Ideas:
  - Go to a local high school or community play.
  - Find a location with an open mic time and either listen in the audience or prepare something to share.
- Speaker Ideas:
  - Know someone in a community theater or in a high school play? Ask them to come and talk about their experiences.
  - Bring in a singer or someone else who relies on their voice professionally to go over vocal warm-ups and how to project without damaging your voice.

