



## Daisy Use Resources Wisely Petal Activity Plan 1

**Purpose:** When girls have earned this petal, they'll know to use resources wisely.

**Planning Guides Link:** Science, Technology, Engineering and Math

**Fun Patch Link:** Recycling Rocks

**Activity Plan Length:** 1.5 hours

**Involve Family and Friends:** Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
  - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
    - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
  - Encourage families to ask questions about their girls' petal activities. Some examples that work for any petal include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
  - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

**Girls Take the Lead:** Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
  - If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  - If you are adapting the "Plan Your Daisy Year", get the girls' input on which petals to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.
- Short Term Planning
  - Ask a family to help lead a petal. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
  - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.

- Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.
- At the Meeting
  - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
  - Have girls fulfill their kaper chart responsibilities.
  - Try to find something in each activity that you can let girls decide or manage.

**Customize It:** If your group wants to expand work on this petal or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the *Daisy Girl's Guide to Girl Scouting*, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can name some natural resources
- They can name ways to conserve natural resources

### Tips and Tools

- Have the girls bring some recyclable items for the recycling challenge.
- Check out ways to stay safe using Safety-Wise at <http://gsrv.gs/safetywise>.
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

### Resources

- Allina Health's Health Powered Kids program provides additional lesson plans that go along well with this petal including "Get Out and Enjoy Nature" and "Gardening – Growing Goodness."

To use these plans:

- Visit [healthpoweredkids.org](http://healthpoweredkids.org)
- Log in using:
  - Username: gsrv
  - Password: allinahealth
- Find lessons for this petal on the Girl Scouts page.
- This activity plan has been adapted from the *Daisy Girl's Guide to Girl Scouting, Clover's Story: A Visit to the Busy, Buzzy Bees—Use Resources Wisely (Green Petal)*, which can be used for additional information and activities.
- Book suggestions for Activity #1: Story Time:
  - *The Lorax* by Dr. Seuss
  - *Michael Recycle* by Ellie Bethel
  - *The Great Kapok Tree* by Lynne Cherry

## Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
<i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	<i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Girl Scout Daisy Song
I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. We're having fun and sharing each and every day. I'm a Girl Scout Daisy, Hip, Hip, Hooray!
I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. I'm going on a journey, with friends along the way. I'm a Girl Scout Daisy, Hip, Hip, Hooray!

## Activity #1: Story Time

Petal Connection: Use Resources Wisely (Green Petal)

Time Allotment: 15 minutes

Prep Needed:

- Find a book that demonstrates using resources wisely (see Resources section above for ideas).

Materials Needed:

- Book about using resources wisely

Steps:

1. Read a story about using resources wisely (or a book about what happens when you do not use resources wisely) aloud to the girls.
2. Discuss the story. Ask girls questions based on the story you read. Example questions:
  - What was the resource being used in the book?
  - Did the characters use resources wisely? What happened if they did/didn't use them wisely?
  - Why is it important to use resources wisely?
  - What was your favorite part of the story?

## **Activity #2: Recycling Challenge**

Petal Connection: Use Resources Wisely (Green Petal)

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies
- Spread recyclables around the floor of your meeting room

Materials Needed:

- Various recyclable materials including: paper, plastic bottles, glass bottles, aluminum cans, etc.
- Small recycling bins or a recyclables sorter (note: You can use small trashcans, cardboard boxes, paper grocery bags or even trash bags. Be sure to label your "bins" with words and pictures so the girls know which one is which.)

Steps:

1. Explain to the girls that a great way to use resources wisely is to recycle items. When you put items in a recycling bin, they are broken down and used to make new items. While they are sometimes recycled into the same kind of item, they may be made into something completely different.
2. Explain that your meeting space has been "polluted" and it's up to the girls to clean it up. Split the girls into two teams and line up on opposite sides of the room.
3. The teams will compete in a relay race to clean the meeting space. To start, a girl from each team will go pick up one piece of trash and put it in the correct recycling bin. She will then go back to her team and the next girl will go until all the trash is cleaned up. After all the items are picked up, go through all the types of recyclables and make sure they are in the correct container. If they aren't, have the girls decide as a group where they should go.

## **Activity #3: Snack Chat**

Petal Connection: Questions link to petal theme

Time Allotment: 15 minutes

Steps:

1. While enjoying snack, here are some things for girls to talk about.
  - In the story we read, we learned about a natural resource that we conserve. Can you think of other resources we use? How can we use less of them?
  - Does anyone know of an item that can't be recycled and has to go in the trash? Can you think of a way to re-use it rather than throwing it away?
  - Does everyone have a recycling bin at home?

## **Activity #4: Promise Pals**

Petal Connection: Use Resources Wisely (Green Petal)

Time Allotment: 10 minutes

Prep Needed:

- None

Materials Needed:

- None

Steps:

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school use resources wisely, such as:
  - Recycle items rather than throwing them away
  - Make a craft or gift out of clean "garbage"
  - Use less of a natural resource, like wood, energy or water

2. Have each girl make a promise to the other girls in her group identifying how she will use resources wisely. The girls in the group are now Promise Pals.
3. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

### Activity #5: Meeting Clover

Petal Connection: Use Resources Wisely (Green Petal)

Time Allotment: 10 minutes

Prep Needed:

- Print off copies of Clover coloring sheets.
- Gather materials and supplies.

Materials Needed:

- Clover coloring sheets (1 per girl)
- Coloring utensils

Steps:

1. Have girls color their Clover coloring sheets.
2. Girls can write (or have an adult help them write) what they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl's promise.

### Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have each girl make a wish after her hand has been squeezed and before she passes the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

### More to Explore

- Field Trip Ideas:
  - Visit your local recycling center.

- Visit a local or state park and talk to the rangers or Parks and Recreation staff about how they use resources wisely.
- Speaker Ideas
  - Invite a forester or Department of Natural Resources employee to talk about taking care of trees, water and other natural resources.
  - Invite someone who was alive during the Great Depression or World War II to talk about why and how they had to conserve resources during that time.

### **Suggestions**

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible petal-earning activities? Please email [troopsupport@girlscoutsv.org](mailto:troopsupport@girlscoutsv.org).

### **Family Follow-Up Email**

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about using resources wisely and have earned the Green Petal.

We had fun:

- Reading a story about natural resources and why we should use them responsibly
- Playing a game to learn what materials we can recycle
- Making a promise to do something to use resources wisely

Continue the fun at home:

- Ask your Girl Scout what she promised to do to use resources wisely. Help her to keep her promise.
- Come up with a fun craft project to make together with “trash” items found around your house.
- Read “Clover’s Story: A Visit to the Busy Buzzy Bees” in the *Girl’s Guide to Girl Scouting* with your Daisy.

Thank you for bringing your Daisy to Girl Scouts!



**I'm Clover. I use resources wisely!**