

# **Brownie Girl Scout Way Badge Activity Plan 2**

Badge Purpose: When girls have earned this badge, they will know how to practice and share the Girl Scout way.

Planning Guides Link: Global Citizenship and Girl Scout Sisterhood

Fun Patch Link: We Are Sisters

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
  - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
    - Offer this activity plan as a starting place and point out that they may choose alternative activities using the Customize It! section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
  - Encourage families to ask questions about their girls' badge activities. Some examples that work for any badge include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
  - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
  - If you use "Plan Your Brownie Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
  - If you are adapting the "Plan Your Brownie Year", get the girls' input on which badges to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one badge or journey she's excited about.
- Short Term Planning
  - Ask a family to help lead a badge. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
  - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.

- Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.
- Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.
- At the Meeting
  - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
  - Have girls fulfill their kaper chart responsibilities.
  - Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the Brownie Girls Guide to Girl Scouting, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- o They can tell others about Juliette Gordon Low
- o They sing a new Girl Scout song
- o They understand that their troop is a sisterhood

### **Tips and Tools**

- o Check out ways to stay safe using Safety-Wise at http://gsrv.gs/safetywise.
- o Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.
- o For more Girl Scout Brownie activity ideas, attend an Extra! Extra! For Girl Scout Brownie Leaders training session.

#### Resources

o This activity plan has been adapted from the Brownie Girls Guide to Girl Scouting Girl Scout Way Badge, which can be used for additional information and activities.

### **Getting Started**

Time Allotment: 15 minutes

Materials Needed:

Optional: Girl Scout Promise and Law printed out on poster board

#### Steps:

- 1. Welcome everyone to the meeting.
- 2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law	
	I will do my best to be	
On my honor, I will try:	honest and fair,	
To serve God and my country,	friendly and helpful,	
To help people at all times,	considerate and caring,	
And to live by the Girl Scout Law.	courageous and strong, and	
	responsible for what I say and do,	
	and to	
	respect myself and others,	
	respect authority,	
	use resources wisely,	
	make the world a better place, and	
	be a sister to every Girl Scout.	

3. Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.

# The Brownie Smile Song

I've got something in my pocket It belongs across my face I keep it very close at hand In a most convenient place I'm sure you wouldn't guess it If you guessed a long, long while So I'll take it out and put it on It's a great big Brownie Smile!

#### Activity #1: Sing a Song

Badge Connection: Step 1 - Sing everywhere

Time Allotment: 15 Minutes

Prep Needed:

- Practice song on your own so you are comfortable teaching it.
- Write the words of the song on a large piece of paper/poster board or make copies of the words to pass out to the girls.

## Materials Needed:

- Words to the song written on paper/poster board or copies of the words to pass out.
- Optional: Recording of "She'll Be Coming 'Round the Mountain"

#### Steps:

If available, play the song "She'll Be Coming 'Round the Mountain" for the girls to become familiar with the tune.

2. Tell the girls they will be learning a new Girl Scout song today with the same melody. Have the group sing the song until they are familiar with it.

#### Can a Girl Scout?

(Tune: She'll Be Coming Round the Mountain)

Can a Girl Scout make new friends? Yes we can, yes we can! Can a Girl Scout lend a hand? Yes we can, yes we can!

Can a Girl Scout be a leader, Guiding all who look and see her? Can a Girl Scout be a leader? Yes we can!

Can a Girl Scout learn new things? Yes we can, yes we can! Can a Girl Scout play and sing? Yes we can, yes we can!

Can a Girl Scout make a difference, Change the world and make it listen? Can a Girl Scout make a difference? Yes we can!

Can a Girl Scout share and swap? Yes we can, yes we can! Can a Girl Scout reach the top? Yes we can, yes we can!

We are Girl Scouts look and see us! May look small, but just believe us! Together we can do amazing things!

3. Ask the girls to come up with a couple lines of their own song and share with the group.

#### Activity #2: Juliette Low Story Game

Badge Connection: Step 2 – Celebrate Juliette Low's Birthday

Time Allotment: 20 Minutes

Prep Needed:

• Gather materials and supplies

Materials Needed:

- The following items are referred to in the story. Adjustments can be made based on what you have available or a picture displayed instead of the item.
  - o Pumpkin, Daisy Flower, Toy Horse, Crayons, Ring, Bag of Rice, Sailboat, Picture of Boy, Telephone, Pearls, Girl Scout Pin
- Towel to cover items
- Paper and pencils for each girl

### Steps:

- 1. Ask the girls what they know about Juliette Gordon Low. Some sample questions could include:
  - What day is her birthday?
  - When was she born?
  - Where did she live?
  - Why is she important to Girl Scouts?
- 2. Tell the girls they will be learning about Juliette Gordon Low and need to pay special attention.
- 3. Recite the following story to the girls:

### **Juliette Gordon Low's Story**

Juliette Low was the founder of Girl Scouting. I'd like to tell you a little about her life: Juliette was born on Oct 31, 1860 - Halloween. (Hold up a pumpkin) Her uncle took one look at her and said, "She looks like a Daisy," this nickname stuck with her for the rest of her life. (Hold up Daisy) Juliette always loved animals, especially horses. (Hold up toy horse) She also loved to draw and paint pictures - so much that she created a children's magazine with all of the articles and pictures done by children. (Hold up Crayons). Juliette married Willie Gordon Low in 1886. (Hold up ring) Some of the rice thrown at their wedding became lodged in Julliette's left ear, causing her to become deaf in this ear. (Hold up rice) Juliette and Willie both loved adventure, so together they decided to move to England. (Hold up sailboat) Once in England, Juliette met Lord & Lady Baden-Powell. She enjoyed what they had done with the Boy Scout movement. (Hold up picture of a boy) Willie passed away while they lived in England and Juliette returned to Georgia. She then made the famous phone call which was heard around the United States, "Come on over to my house tonight, we are going to hold the first Girl Scout meeting!" (Hold up telephone) As with all Girl Scout troops, money was needed to keep the program running, so Juliette sold the pearl necklace Willie had given her for a wedding present. (Hold up pearls) Girl Scouting in the USA was born on March 12, 1912 and continues today with over 31/2 million members. (Hold up GS pin)

- 4. Cover up all the items you have been showing with a towel and give the girls a short time to list everything.
- 5. Uncover the items and ask the girls how many items they were able to remember. Ask each girl to share what they remembered most about the story and why.

#### **Activity #3: Flame Ceremony**

Badge Connection: Step 3 - Share Sisterhood

Time Allotment: 25 Minutes

Prep Needed:

Arrange candles on a table that the girls can gather around.

Materials Needed:

- Assorted shapes and colors of candles (1/girl)
- One tall candle for the center
- Bucket of water

## Steps:

- 1. Discuss fire safety with the girls and the proper way to hold a candle. Show them the bucket of water should they need to extinguish their flame.
- 2. Have girls stand in a horseshoe around the table and give each girl a piece of paper with their script. Explain you are doing a special Girl Scout ceremony. Ask girls to be respectful and quiet.
- 3. The leader recites the following introduction and lights a tall candle in the middle of the table. Stars that shine together form a galaxy. Flowers that grow together create a garden. Buildings that stand together create a city. People who work together make a difference. Girl Scouts is a sisterhood and no matter where you are or how different you are, we will always share that friendship.

- 4. Ask the girls to light one of the mismatched candles (one at a time with the tall candle you already lit) and recite their script. Add or subtract script lines based on the number of girls in your troop.
  - o I light this candle in friendship for all Girl Scouts who are younger, older, bigger or smaller than
  - o I light this candle in friendship for all Girl Scouts who worship differently than me.
  - o I light this candle in friendship for all Girl Scouts of a different nationality or ethnicity than myself.
  - o I light this candle in friendship for all Girl Scouts who are a different color than me.
  - o I light this candle in friendship for all Girl Scouts from a different country than myself.
  - o I light this candle in friendship for all Girl Scouts who don't run, walk, hear, see or learn the same as myself.
  - o I light this candle in friendship for all Girl Scouts who have different beliefs than me.
- 5. Leader ends with:

Watch the flames closely, please. Notice that the light from each candle is the same as the others although the outside of the candles are different. So, too, are all of the Girl Scouts in the world. We wear different clothes, speak different languages, and follow different religions or beliefs. And yet we all belong to the same sisterhood – Girl Scouts. Today we pledge ourselves to world friendship, helping others and making the world a better place.

6. Ask each girl to carefully blow out her candle and reflect on the ceremony. Discuss how they feel after the flame ceremony.

## Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

• Optional: Make New Friends printed on poster board

## Steps:

- 1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
- 2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends,	A circle is round,	You have one hand,
but keep the old.	it has no end.	I have the other.
One is silver,	That's how long,	Put them together,
the other is gold.	I will be your friend.	We have each other.

- 3. After the song, ask everyone to be quiet.
- 4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
- 5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

### More to Explore

- Field Trip Ideas
  - o Take a trip to the library and learn more about Juliette Low.
  - o Attend a service unit or council-sponsored event so girls can see they are part of an even larger Girl Scout sisterhood.
- Speaker Ideas
  - o Invite Girl Scout alumni to come and talk about Girl Scouts when they were a girl.
  - o Invite an older Girl Scout troop to teach girls more Girl Scout songs and traditions.

### Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible badge earning activities? Please email troopsupport@girlscoutsrv.org.

Family Follow Up Email: Use the email on the next page as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

#### Hello Girl Scout Families:

We had a wonderful time today learning about Girl Scout history and traditions and have earned the Girl Scout Way Badge.

#### We had fun:

- Sharing the story of Girl Scout founder Juliette Gordon Low
- Learning a new Girl Scout song
- Learning about the Girl Scout sisterhood through a Flame Ceremony.

#### Continue the fun at home:

- Sing the song we learned and make up new ones to different melodies
- Search the internet (with a parent helper) and learn about other games Juliette Gordon Low may have played.
- Look through the Girl's Guide to Girl Scouting with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!