

SENIOR BADGE/JOURNEY OVERVIEW

Grades: 9–10



ADVENTURE CAMPER BADGE

When you plan an adventure, like kayaking, mountain biking or rock climbing, you can combine it with overnight camping to make the most of your outdoor experience. Adventure camping requires minimal equipment and gear because you'll be active during the day and possibly moving campsites. Some adventure campers bring nothing but a sleeping bag, lightweight stove, some food, and a backpack. Whatever spells adventure for you, start by listing the things you want to do—then make your camping trip happen!

Steps:

1. Plan your adventure camping trip
2. Gather your camping gear
3. Plan and prepare your trip meals
4. Use a camping skill on your trip
5. Go adventure camping!

Purpose: When I've earned this badge, I'll have planned and gone on a camping trip with a group of Girl Scouts or family members that includes adventure activities.



ADVENTURER BADGE

What kind of adventure speaks to you? In this badge, you'll go on a multi-day high-adventure challenge. You could go rock climbing, spelunking, ice caving, skiing, canoeing, kayaking, biking, rafting—or a combination! Put your outdoor skills to the test and gain some new ones as you become a Girl Scout Senior Adventurer.

Steps:

1. Enhance your adventure
2. Get in the team spirit and refine your teamwork
3. Know your gear
4. Plan your service to the great outdoors
5. Capture the adventure

Purpose: When I've earned this badge, I'll know how to go on a multi-day outdoor adventure trip with friends and Girl Scout sisters.



BEHIND THE BALLOT BADGE

In a democracy like ours, voting isn't just a right—it's a responsibility. It's how you make your voice heard and make choices about how you think things should be done in government. In this badge, you'll explore the importance of voting and find out about the electoral process in the United States and around the world.

Steps:

1. Find out more about elections
2. Investigate the ins and outs of voting
3. Get out the vote
4. Plan a campaign
5. Explore voting in other countries

Purpose: When I've earned this badge, I'll know the importance of voting and how people get elected to office.



BUSINESS ETIQUETTE BADGE

No matter what your career dreams—astronaut, CEO, neurobiologist, rock star, or author—basic business manners will come in handy. From whether you wear those sparkly purple flats to how you hold your shoulders when you're asking for a raise to how you present your profile online, it all adds up to your business image. How will you showcase just what you're capable of?

Steps:

1. Communicate with style and confidence
2. Ace an interview
3. Try your hand at negotiating
4. Explore how to act on the job
5. Network with flair

Purpose: When I've earned this badge, I'll know how to ask for a raise, present my persona online, and help me create my business image.



BUYING POWER BADGE

It might be tomorrow. It might be a year from now. Or it could be 10 years away. Someday, you will want to make a big purchase that you'll end up paying for over time. It could be a cell phone with a monthly service plan; a new car, which comes with loan payments; or even a new home, which includes a monthly mortgage payment. By earning this badge, you'll understand the long-term impact of making a big purchase and how you need to be prepared to keep paying for it long after you've started to use it.

Steps:

1. Compare costs and options
2. Conduct consumer research
3. Calculate the long-term costs
4. Investigate ways to find better deals
5. Create a savings plan for a big purchase you'd like to make

Purpose: When I've earned this badge, I'll know how to research and budget for a big purchase for myself or my family.



CAR CARE BADGE

Driving is an exciting step toward independence, a chance to have fun going new places—and a big responsibility. In this badge, you'll master maintenance tips that keep a car in top form and driving skills that will help you rule the road safely.

Steps:

1. Get a handle on basic car maintenance
2. Investigate vehicle safety
3. Research safe driving practices
4. Find out what to do in case of emergency
5. Drive for a greener world

Purpose: When I've earned this badge, I'll know tips for driving safely and how to take care of a car.



COLLAGE ARTIST BADGE

No matter what you do with your collage, there won't be another just like it in the world. Everything—from the materials you choose to how they are assembled—is up to you. Get ready to see the creative possibility in everyday objects: This badge is an opportunity to make art as unique as you are.

Steps:

1. Explore collage
2. Focus on composition
3. Create with color
4. Use found objects
5. Share a message

Purpose: When I've earned this badge, I'll know how to create collages using different materials and color themes.



CROSS-TRAINING BADGE

Whether you are a competitive athlete, new to exercise, or want to improve your skills in surfing, hiking or even throwing a Frisbee, this badge will help you customize a cross-training fitness program that's effective, and most importantly, fun! The idea of cross-training is to incorporate a variety of cardio, strength, and conditioning exercises into a routine that trains your whole body. Ready? Grab your sweatband, and create a plan that's perfect for your body, mind and goals.

Steps:

1. Set your cross-training goal
2. Start a stretching and flexibility program
3. Add a cardio element
4. Add a toning or strengthening element
5. Stay motivated to reach your goal

Purpose: When I've earned this badge, I'll have developed a great cross-training routine that keeps my workouts interesting and fun.



CUSTOMER LOYALTY BADGE

When you earn the Financial Literacy badge called Buying Power, you find out how to make wise judgement about how to spend your money—including what companies or products to stick with over the long haul. In this badge, you'll use what you learned as a consumer to find out how to engage your customers and ensure their loyalty beyond the cookie sale season, so they'll keep coming back for more.

Steps:

1. Show how cookie money helps girls
2. Connect with former cookie sellers
3. Build your customer list
4. Create a customer-appreciation program
5. Keep your customer connection going all year long

Purpose: When I've earned this badge, I'll know how to build my cookie business by increasing customer loyalty.



FIRST AID BADGE

As a Girl Scout Senior, you're on the go-home, school, clubs, activities. Wherever you are, you never know when you'll find yourself in the middle of an emergency. Would you know what to do? In this badge, find out how to differentiate between minor and major injuries, provide emergency treatment in some life-threatening situations, and share important information about injuries and illnesses.

Steps:

1. Find out how to perform triage
2. Know how to help a head or neck injury
3. Learn how to use everyday objects to make splints
4. Recognize the signs of drug overdose and alcohol poisoning
5. Share your knowledge with others

Purpose: When I've earned this badge, I'll know how to give first aid for life-threatening injuries and illnesses.



FINANCING MY FUTURE BADGE

High school graduation may seem a long way off, but this is actually the perfect time to start thinking about what kind of further education you want. Why? Because whether you want to go to a university, community college, or vocational school, your education will cost money. If you find out how much money you'll need, you can start planning thoughtfully for the future.

Steps:

1. Declare your dreams
2. Decide what you need and want
3. Go comparison shopping
4. Explore your financial aid options
5. Build a blueprint for your future

Purpose: When I've earned this badge, I'll have a plan for my educational future, including ideas on how to pay for it.



GAME VISIONARY BADGE

This badge is your chance to build friendships and community networks by leading a series of fun, inventive and challenging games. Use your vision—what's surprising, fantastic, team-building, and most of all, fun!—to invent some unforgettable activities. Making games is about pushing boundaries of creativity and possibility: It's not just about thinking outside the box, but getting rid of the box all together. Enjoy exploring your imagination!

Steps:

1. Break the ice
2. Imagine all the world's a board
3. Create a physical challenge
4. Get puzzled
5. Make an ultra scavenger hunt

Purpose: When I've earned this badge, I'll be able to design and organize games that will bring people together for creative and thoughtful fun.



GIRL SCOUT WAY BADGE

As a Girl Scout Senior, you might feel like life is a balancing act. On one hand, you're holding tight to the comforts of home and what's familiar—and on the other, you're excited to open yourself up to the possibilities in the larger world. In this badge, you'll share the Girl Scout way in your environment and bring together generations of Girl Scouts. Use the imagination and inspiration that comes with this unique moment in your life to carry Girl Scouting forward—and perhaps find some grounding for the future in the traditions of the past.

Steps:

1. Explore Girl Scout music
2. Help younger Girl Scouts celebrate a special day
3. Spread sisterhood through the Girl Scout law
4. Leave your environment better than you found it
5. Enjoy Girl Scout traditions!

Purpose: When I've earned this badge, I'll know how to use the Girl Scout ways and traditions to make the world a better place.



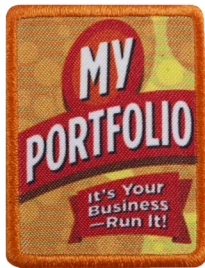
LOCAVORE BADGE (EATING LOCAL)

A locavore is someone committed to eating locally grown, seasonal foods. The efforts of locavores can be important—and delicious—steps toward healthful eating, helping the environment, and supporting local farmers. Ready to try it out?

Steps:

1. Explore the benefits and challenges of going local
2. Find your local food sources
3. Cook a simple dish showcasing local ingredients
4. Make a recipe with local ingredients
5. Try a local cooking challenge

Purpose: When I've earned this badge, I'll know how to prepare a meal of seasonal and locally grown dishes.



MY PORTFOLIO BADGE

When you earn the Financial Literacy badge called Financing My Future, you learn to invest in yourself, whether that means going to a trade school, community college, or university. No matter what path you choose after high school—continuing your education or getting a job—you'll find that your cookie sales experience will put you a step ahead.

Steps:

1. Create a cookie resume
2. Put together a cookie portfolio
3. Get feedback about how to market yourself for a job or college interview
4. Write an essay about what you learned from the cookie sale
5. Learn how to ace an interview

Purpose: When I've earned this badge, I'll be able to show college admissions officers and employers what I've learned from cookie sales experience.



NOVELIST BADGE

Share a meal with a historical figure, unearth ancient treasures, spend the summer in outer space or dancing flamenco in Spain—writing a novel lets you dream the work your way. As you write descriptions and dialogue, invent situations, and make up feelings, you'll experience the fun of a novelist's career: spending time with new friends (characters you've created) and in other worlds (those from your imagination). And you'll end up with something impressive to share in college admissions—a work of fiction you wrote yourself.

Steps:

1. Deconstruct a novel
2. Create great characters
3. Develop a plot
4. Write at least 20 pages
5. Edit your pages

Purpose: When I've earned this badge, I'll know what it takes to write a great novel and I'll have written at least 20 pages of my own.



OUTDOOR ART EXPERT

Get ready to become an outdoor artist as you connect with nature and create something helpful to the environment. You'll learn how to see nature with an artist's eye and find ways to express yourself—from photography and painting to music, jewelry design, and architecture. Go outside to find art—it doesn't just exist within the four walls of a museum.

Steps:

1. Explore art outdoors
2. Make something!
3. Create or share music inspired by nature
4. Capture nature digitally
5. Design outdoors

Purpose: When I've earned this badge, I'll have learned how to create art outdoors with a focus on the environment.



PADDLING BADGE

Paddling takes a mix of knowledge and skills, and a dash of daring. It also delivers one of the most unforgettable experiences you'll ever have on water. In this badge, there are three paddling activities to choose from: canoeing, kayaking and stand-up paddle boarding. Pick one and jump in!

Steps:

1. Explore the three paddling sports
2. Learn paddling safety
3. Practice paddling techniques
4. Go on a short paddling adventure
5. Take your paddling skills to the next level

Purpose: When I've earned this badge, I'll have paddling skills and know how to be safe—and have fun on the water.



ROOM MAKEOVER BADGE

Combine color, texture, glue, and paint to develop some serious DIY flair! Look around for a room that inspires you (a bedroom, study nook, corner of a family room) and use this badge to discover the design concepts and fix-it tactics needed to turn a simple space into a creative statement.

Steps:

1. Gather ideas and inspiration
2. Paint something
3. Sew or glue something
4. Redo something
5. Build something

Purpose: When I've earned this badge, I'll know how to do a fast, fun, and thrifty room makeover.



SCIENCE OF STYLE BADGE

Imagine farming silkworms to make raw silk, engineering a biodegradable fabric, or using chemistry to develop a cover-up that hides and heals acne scars. Fashion and beauty are glamorous businesses, but it's the science behind these industries that makes their products cutting edge and desirable. In this badge, use the science of style to create—and imagine—your own products.

Steps:

1. Test skin care and makeup
2. Examine the science behind fabrics and accessories
3. Explore the science behind hair products and perfume
4. Investigate the sociology of style
5. Formulate future style

Purpose: When I've earned this badge, I'll know the science behind makeup, perfume, fashion fabrics, and skin care products



SKY BADGE

The sky is a masterpiece. Every day it graces us with living art, whether through a glorious sunset, shifting cloud formations, or the stunning display of night stars. No wonder we take every opportunity to spend time outdoors. Our world is a stage and the sky performs with beauty, wonder, and mystery.

Steps:

1. Watch the skies
2. Investigate the science of the skies
3. Explore the connection between people and flight
4. Help clear sky pollution
5. Create sky art

Purpose: When I've earned this badge, I'll understand the sky—from science to stars to stories.



SOCIAL INNOVATOR BADGE

Girl Scouts are always on the lookout for ways to help others and make a difference. But how do you go from identifying a social problem to developing a great solution? This badge will show you how! And with the skills of a social innovator in your pocket, you'll be able to create Take Action projects for your Leadership Journeys or your Gold Award that are useful, informed and truly do change the world.

Steps:

1. Explore the big picture
2. Make connections
3. Build empathy for people affected by your issue
4. Develop a solution from a specific point of view
5. Practice pitching ideas and getting feedback

Purpose: When I've earned this badge, I'll know how to think like a social innovator.



TEXTILE ARTIST BADGE

When you see all the colors and textures of fabrics and yarns, do you dream up a million things to do with them? Get ready to turn those visions into reality as you meet with artists, learn about the world of textile arts, and make two projects in the craft that most inspires you to pick up your needles (or loom or spinning wheel).

Steps:

1. Choose your textile art
2. Find your tools and materials
3. Learn the basics
4. Make something for everyday use
5. Create a gift or item for a special occasion

Purpose: When I've earned this badge, I'll have learned the basics of a textile art—and I'll have two fantastic projects to show for it.



TRAVELER BADGE

Close your eyes and imagine the spoils of travel: different cultures, breathtaking vistas, exotic foods. You might picture zooming down a zipline in the Amazon, tasting a classic New York hot dog, or digging into local lore at the history museum next door. Whether you travel near or far in this badge, you'll get the travel savvy to make the most of your adventures now and throughout your life.

Steps:

1. Research destinations
2. Look into fun itineraries
3. Find out how to create a budget, including ways to travel inexpensively
4. Gain travel expertise before you go
5. Take your trip and make a memory

Purpose: When I've earned this badge, I'll know how to plan a great trip of at least one night—whether it's around the corner or across the globe.



TROUPE PERFORMER BADGE

Performance is a powerful way to make an impact on an audience—and a perfect way to put your leadership into action. It's also a fun way to sharpen your communication skills, learn to handle stress with grace, strengthen your teamwork skills, and grow relationships and networks. Get out there and show your stuff!

Steps:

1. Pick your performance style
2. Find and develop material
3. Rehearse!
4. Launch your performance
5. Put on your show

Purpose: When I've earned this badge, I'll know how to organize a team of people and put together a performance.



TRUTH SEEKER BADGE

We're often told that we live in the age of information. It's true we're surrounded by data—from TV, the Internet, and from our friends. But not all information is created equal. Some is misleading, and some is downright wrong. It's important to know how to uncover the truth in what we see and hear, to judge sources on credibility, accuracy, reasonableness, and support for their claims. In this badge, you'll find out how to separate fact from fiction.

Steps:

1. Evaluate your sources
2. Investigate what the experts say
3. Be a wise consumer
4. Find truth in your everyday life
5. Become a citizen journalist

Purpose: When I've earned this badge, I'll be able to figure out what is true in the media, online, and what I hear in my daily life.



VOICE FOR ANIMALS BADGE

As consumers of beauty products, clothing and chicken nuggets, and as pet owners, horseback riders, or circus spectators, our relationships with animals play a big role in our lives. What are the specifics of the complex relationship between animals and humans? If you want to know more so you can make informed choices—and help others make them, too—this badge is for you.

Steps:

1. Find out about domestic animals
2. Investigate animals used for science
3. Explore animals in husbandry
4. Take a look at animals used for sports and entertainment
5. Look into an animal issue

Purpose: When I've earned this badge, I'll better understand animal issues worldwide and know what I can do to help.



WEBSITE DESIGNER BADGE

View the works with a web journalist's eyes, and you'll find the story in everything. Build yourself a safe space online where you can show your readers what moves you and share stories and causes with friends. You might end up getting to know yourself a little better, too!

Steps:

1. Find a worthwhile subject for your website or blog
2. Be the host with the most
3. Build a blueprint
4. Create must-see content
5. Go live-then drive!

Purpose: When I've earned this badge, I'll know how to design, build and promote my own website.



WOMEN'S HEALTH BADGE

Nothing's more important than good health—and, as women, we have unique health issues at every stage of our lives. How can you make the health decisions that are right for you, and what kinds of support are out there to guide you? Do this badge to find out! Identify health topics facing women in your community and across the globe, explore those that matter most to you, and—in the last step—reach out and raise awareness to spread good health to the women in your world.

Steps:

1. Investigate the tests that help women stay healthy
2. Find out how fads and beauty practices impact health
3. Focus on techniques to help you stay emotionally healthy
4. Take a closer look at a women's health issue
5. Get the work out on a women's health topic

Purpose: When I've earned this badge, I'll know how women can lead healthy lives.



IT'S YOUR STORY—TELL IT! MISSION: SISTERHOOD JOURNEY AWARD

The powerful benefits of strong, healthy relationships are explored on the *Mission: Sisterhood! Journey*. Seniors may role-play friendship scenarios, organize a "Girl Power" film club at school, or host a mixer where girls can meet, share stories, and make lifelong connections.



IT'S YOUR PLANET—LOVE IT! SOW WHAT? JOURNEY AWARD

Sow What? is all about food: how and where it's grown, harvested, processed, distributed, and consumed, and why it matters. Seniors share their knowledge and host a farmers market, inspire others to eat locally, and plan a community vegetable garden.



IT'S YOUR WORLD—CHANGE IT! GIRLTOPIA JOURNEY AWARD

In *GIRLtopia*, girls develop their own vision of an ideal world and acquire the skills to make it a reality. By exploring women in history, interviewing inspiring mentors, or creating a short film, Seniors learn real-life lessons while building a brighter future.



OUTDOOR JOURNEY AWARD

Anchored by the Troop Camping badge, this Journey will deepen girls' outdoor skills through badges that lead to a Take Action project and inspire girls to take an interest in environmental stewardship. This Journey is earned by completing the Adventurer, First Aid, and Adventure Camper badges followed by a Take Action project.