

## JUNIOR PLAYING THE PAST BADGE – MEETING 2

**Badge Purpose:** When girls have earned this badge, they'll know how girls of the past lived, worked, and played.

**Activity Plan Length:** 1.5 hours

Time	Activity	Materials Needed
10 minutes	Getting Started <ul style="list-style-type: none"> <li>Girls recite the Girl Scout Promise + Law.</li> </ul>	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
20 minutes	Jobs in Ancient Egypt <ul style="list-style-type: none"> <li>Girls experience daily life in ancient Egypt.</li> </ul>	<input type="checkbox"/> Ancient Egyptian Jobs cards <input type="checkbox"/> Bingo cards (one per girl) <input type="checkbox"/> Writing utensils <input type="checkbox"/> (Optional) Prizes for bingo <input type="checkbox"/> (Optional) Book(s) on ancient Egypt <input type="checkbox"/> (Optional) Computer with internet access
30 minutes	Daily Beauty Routines <ul style="list-style-type: none"> <li>Girls learn about beauty routines in ancient Egypt.</li> </ul>	<input type="checkbox"/> Combs and brushes <input type="checkbox"/> Hair ties, bobby pins, and hair clips <input type="checkbox"/> Black eyeliner <input type="checkbox"/> Red nail polish <input type="checkbox"/> (Optional) Eye make-up remover <input type="checkbox"/> (Optional) Nail polish remover and cotton balls <input type="checkbox"/> (Optional) Camera <input type="checkbox"/> (Optional) Egyptian necklaces
10 minutes	Act It Out <ul style="list-style-type: none"> <li>Girls role play daily life in ancient Egypt.</li> </ul>	<input type="checkbox"/> Copies of Act It Out skit <input type="checkbox"/> (Optional) Props for skit (ex. white sheet or towel, broom, pitcher, rock and cutting board, bread, etc.)
10 minutes	Snack Chat <ul style="list-style-type: none"> <li>Girls enjoy a healthy snack while discussing what they have learned.</li> </ul>	<input type="checkbox"/> Healthy snack
10 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster



## Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

## Activity #1: Jobs in Ancient Egypt

Time: 20 minutes

Badge Connection: Step 3 – Experience daily life

Materials Needed: Ancient Egypt Jobs cards; bingo cards (one per girl); writing utensils; (optional) prizes for bingo; (optional) book(s) on ancient Egypt; (optional) computer with internet access

Prep Needed:

- Print a copy of the Ancient Egyptian Jobs cards and cut them apart.
  - Print enough Bingo cards to have one for each girl.
  - (Optional) Prepare a brief summary for girls of life in ancient Egypt.
  - (Optional) As an alternate activity, bring library books about Egypt for girls to review.
1. Hand out bingo cards and markers/pencils/crayons to mark them.
  2. Using library books, the website or a summary you have prepared, briefly talk about life in ancient Egypt and how it stayed approximately the same for 3000 years.
  3. Tell the group that most women worked at home taking care of their homes and children. Some jobs women had outside the home included manicurists and hairdressers for rich women, spinners and weavers of linen, and musicians and dancers.
  4. They will play a Bingo game about different jobs in Egypt – most of these were for men but the game includes a couple of interesting jobs for women.
  5. Play Ancient Egyptian Jobs Bingo:
    - Have a girl pick a card and act it out. The girl may do it silently or talk the way the job holder might have.
    - Once girls guess the correct job they cross it out on their bingo card. The girl may read the job description to the group afterwards.
    - If a girl does not want to act out the job, she may just read the description without saying the title of the job.
    - Have girls take turns picking cards.
    - Determine if you are only playing until the first “Bingo” is called, or until all girls win.
  6. After the game is finished, have a discussion about life in ancient Egypt. Following are some prompts:
    - Do any of these jobs sound interesting to you?
    - If you were a woman living in ancient Egypt, would you have wanted one of these jobs?
    - Most children in ancient Egypt were trained to take on their parents’ jobs. Would you want to have the same job as your parent? Why or why not?

## Activity #2: Daily Beauty Routines

Time: 30 minutes

Badge Connection: Step 5 – Become your character

Materials Needed: Combs and brushes; hair ties; bobby pins; hair clips; black eyeliner; red nail polish; (optional) eye make-up remover; (optional) nail polish remover and cotton balls; (optional) camera; (optional) Egyptian necklace

Prep Needed:

- If possible, prior to the meeting, advise girls to bring their own combs or brushes and the necklaces they made at the previous Playing the Past Session 1 meeting.



1. Tell girls that it was important in Egyptian culture for people to look clean and presentable. People took baths daily and washed their white clothes regularly. Men, women, and children used black eyeliner, or black kohl, around their eyes to help protect them from the glare of the sun. Women who had higher status in ancient Egypt, such as noblewomen, priestesses, and princesses, had their hair styled regularly and also had their nails cleaned and polished. Red polish signified importance in society.
2. The girls will get to experience that part of Egyptian life by being make-up applicers, hairstylists and manicurists, and their customers.
3. Set up 3 stations and have girls rotate through them:
  - At the make-up station girls will take turns applying eyeliner on other girls (be sure to have them apply it outside the eye, not on the inner rim).
  - At the manicurist station girls will put red polish on other girls' fingernails.
  - At the hairstylist station girls can braid and style other girls' hair. Ideally every girl's hair should be done with her own comb or brush. Otherwise, wash combs in between use.
4. Encourage the girls to have fun with this activity and not worry about their hair or make-up looking strange or the polish being messy. When every girl is finished, have her put on her necklace.
5. Optional: Have the girls pose for photos as their ancient Egyptian selves.
6. Leave enough time at the end of the activity or meeting if you'd like them to remove the make-up and nail polish before they leave.

## Activity #3: Act It Out

Time: 10 minutes

Badge Connection: Step 5 – Become your character

Materials Needed: Act It Out Skit, (optional) props for the skit

Prep Needed:

- Some props you can use for the skit are:
  - White sheet or towel
  - Broom
  - Pitcher
  - Rock and cutting board
  - Loaf of bread
  - Costume jewelry
  - Toy instruments
  - Plates

1. Decide if the group will follow the skit or make up their own using the roles suggested.
2. Determine a way to divide up the roles in the skit.
3. If there are more roles than girls, have girls play more than one part.
4. If you are using props, distribute them.
5. Determine where girls will stand and move around during the skit.
6. Advise girls that this will be like playing pretend – they do not need to rehearse it.
7. Have the narrator read the script as girls act it out. Girls may add their own lines to the skit or just do what the narrator says.



## Activity #4: Snack Chat

Time: 10 minutes

Badge Connection: Step 3 – Experience daily life

Materials Needed: Healthy snack

Prep Needed:

- Gather materials and supplies
  - The activity plan for Playing the Past - Meeting 1 has some recipes ideas; try to pick new snacks for this meeting.
1. While enjoying snack, here are some things for girls to talk about:
    - What kind of life would you have enjoyed the most in ancient Egypt? Priestess, weaver, dancer, etc.?
    - What else do you think would be interesting or fun about living in ancient Egypt?

## Wrapping Up

Time: 15 minutes

Materials Needed: Make New Friends lyrics (optional)

Close the meeting by singing Make New Friends and doing a friendship circle.

## More to Explore

- Field Trip Ideas:
  - Visit a historic site or event that includes re-enactors in costume.
  - Visit a museum exhibit on ancient Egypt.
  - Visit a local restaurant or grocery that includes Egyptian or Middle Eastern food.
  - Connect with a local high school or community drama club and try out costumes and props from different eras.



<p><b>Archer in the army:</b> You shoot arrows at the enemy using a bow and 30 arrows. You are part of a 200-person company of archers. When you're fighting, you watch your unit's flags and banners to see which way the wind is blowing, so you can adjust your aim at your target. Your target might be horses or soldiers.</p>	<p><b>Charioteer in the army:</b> You are a noblewoman and you drive a chariot pulled by two horses. There are over 500 chariots in the field of battle. You drive standing up with an archer beside you who aims at the enemy.</p>	<p><b>Architect of pyramids:</b> You choose the location of the pyramid the Pharaoh wants built. You figure out which way it should face based on the astronomer's advice. You design the size and you lay out the maze of tunnels, booby traps, and secret chambers inside the tombs to prevent grave robbery.</p>
<p><b>Stone hauler:</b> It takes more than a million stones to build a pyramid. You are one of 10 people who put a large stone from the quarry on a sledge which you pull with ropes to the pyramid site. You might be able to transport 2 or 3 stones in one day.</p>	<p><b>Water carrier:</b> You supply your village with fresh water. You and 6 others put wooden yokes on your shoulders with leather bags hanging on either end. You walk several miles to the Nile River, fill your bags with water, and walk back to the village, then start all over again.</p>	<p><b>Washerwoman:</b> Rich people pay you to wash their clothes in the Nile River (watch out for crocodiles!) You soak the clothes, scrub, and beat them with a stick, then twist them to squeeze out the water. Since almost all clothes are white, you have to work hard to get the stains out.</p>
<p><b>Reed cutter:</b> You work all day, wading through marshes to gather papyrus reeds that are taller than you are. You swat away bugs and suffer sunburn. You bundle the reeds on your back to take home to sell. Papyrus is used for paper, sandals, and boats.</p>	<p><b>Bee keeper:</b> You have bee hives made of woven reed and covered in baked clay. When you want to get honey, you use smoke to get the bees out of the hives so you can remove the back from the hive and take out the honeycomb. You sell the honey and the beeswax.</p>	<p><b>Sandal bearer to the Pharaoh:</b> You hold the Pharaoh's sandals when he isn't wearing them, which means you have to go wherever he goes. You kiss his big toe every time you help him put on his sandals.</p>
<p><b>Miner:</b> You are a slave or criminal and you're forced to work in a mine. You live in a village by the mine in the desert and you're kept under guard. You climb underground with an oil lamp and mirror to help you see. You hammer the rock to look for metal or gems. You only receive bread and water as pay.</p>	<p><b>Fan bearer to the Pharaoh:</b> You help the Pharaoh stay cool in the hot Egyptian weather. You carry a long-handled fan made of ostrich feathers and a bouquet of flower to perfume the air. Your status is lower than a servant and just above a slave, but you stay cool and smell good.</p>	<p><b>Astronomer:</b> You study the stars so you can help architects decide where to build temples and pyramids (which have to line up with certain stars). You also predict when the Nile River is going to flood each year.</p>
<p><b>Tax collector:</b> You decide how much grain each farmer has to pay in taxes each year to the Pharaoh. Each farmer must give 20% of their crop as tax. If they don't want to pay what they owe, you can beat them with a stick to change their mind.</p>	<p><b>Priestess of the temple:</b> You are a noblewoman who lives in the temple devoted to goddesses for part of the year. You tend the statues of the goddesses, hire musicians, and sing, dance, and tell stories at religious rituals.</p>	<p><b>Doctor:</b> You are a priest who studied the medical papers in the House of Life. You call on the gods to help heal your rich patients. You can also treat wounds and mend broken bones. Sometimes you give patients medicine and sometimes you give them charms and magic spells.</p>
<p><b>Scribe or writer:</b> You started school when you were six years old and spent eight years learning hieroglyphs. You write reports, songs, stories, and poetry on papyrus scrolls. Since most people don't know how to read or write, your job is very important.</p>	<p><b>Teacher in the House of Life:</b> Your students are songs of rich Egyptians (girls are taught at home). You teach geography, math, history, reading and writing hieroglyphs. Your school building, the House of Life, is at the temple.</p>	<p><b>Potter:</b> You make containers from the black soil by the Nile River. You break up lumps of clay with your feet, then mold it with your hands or use a potter's wheel. After the pot is molded, you use a sharp stick to engrave a pattern or picture into it. Then you bake it in a kiln.</p>
<p><b>Paper maker:</b> You make paper from papyrus by soaking the inner part in water, cutting it into strips, layering them, and then hammering them together until they're flat. After letting them dry, you glue pieces of paper together to make a scroll.</p>	<p><b>Sculptor:</b> Most of your creations are made to honor gods and placed in temples. They are large and need to look powerful, so you work with other sculptors. You draw a grid on a giant stone and lay out a shape. You use chisels and hammers to carve the stone.</p>	<p><b>Mourner at funerals:</b> You are a woman who's hired to grieve for someone who has died. Rich people hire you to impress others. You need to moan and wail, beat your chest, and bang your head the entire time it takes to embalm the body and bring it to the tomb (about 70 days).</p>
<p><b>Wig maker:</b> Adults and children wear wigs for special occasions. You make a wig by starting with a piece of shaped net and weaving the hair into it, then styling it. You use real hair for the best wigs; otherwise, you use plant fibers or wool. Sometimes you put a wave in the wig; other times, you twist or braid it.</p>	<p><b>Embalmer:</b> Most Egyptians are buried in tombs. You embalm people as religious practice because you believe they will need their bodies in the afterlife. You remove the body's internal organs and drain the fluids. After the body is dried (this takes about 70 days), you fill it with spices and wrap it in linen. You decorate it with jewelry and a wig, then put it in a mummy case.</p>	

(Adapted from *Pharaohs and Foot Soldiers: One Hundred Ancient Egyptian Jobs You Might Have Desired or Dreaded*)



## Ancient Egyptian Jobs Bingo

Archer in the army	Stone hauler	Embalmer	Bee keeper	Sandal bearer to the Pharaoh
Sculptor	Astronomer	Teacher at the House of Life	Water carrier	Potter
Charioteer in the army	Doctor	FREE	Architect of pyramids	Washerwoman at the Nile River
Miner	Fan bearer to the Pharaoh	Scriber or writer	Tax collector	Priestess of the temple
Reed cutter of papyrus	Mourner at funerals	Paper maker	Wig maker	FREE

Fan bearer to the Pharaoh	Potter	Charioteer in the Army	Mourner at funerals	Miner
Embalmer	Washerwoman at the Nile River	Archer in the army	Wig maker	FREE
Bee keeper	Teacher at the House of Life	FREE	Sculptor	Sandal bearer to the Pharaoh
Architect of pyramids	Priestess of the Temple	Astronomer	Reed cutter of papyrus	Paper maker
Water carrier	Tax collector	Scribe or writer	Stone hauler	Doctor



## Ancient Egyptian Jobs Bingo

Sandal bearer to Pharaoh	Mourner at funerals	Teacher at the House of Life	Wig maker	Reed cutter of papyrus
Potter	Architect of pyramids	Priestess of Temple	Paper maker	Charioteer in the army
Doctor	Scriber or writer	FREE	Tax collector	Water carrier
FREE	Miner	Bee keeper	Stone hauler	Embalmer
Washerwoman at the Nile River	Sculptor	Archer in the army	Fan bearer to the Pharaoh	Astronomer

Scriber or writer	FREE	Reed cutter of papyrus	Priestess of the Temple	Sculptor
Mourner at funerals	Archer in the army	Bee keeper	Stone hauler	Paper maker
Wig maker	Architect of pyramids	FREE	Astronomer	Fan bearer to the Pharaoh
Teacher at the House of Life	Charioteer in the army	Doctor	Potter	Water carrier
Sandal bearer to the Pharaoh	Embalmer	Miner	Washerwoman at the Nile River	Tax collector



## Act it Out Skit

### Roles:

Narrator (leader can do this part)

Noblewoman

## Servants

Baker

## Grinding Girl

## Weavers

## Priestess

Hairdresser

## Musicians

## Dancers

## Singers

Party guests

**Narrator:** In ancient Egypt, a noblewoman gets up in the morning, excited that this is the day she is hosting a party. Her servants help her to get dressed and put on her kohl. She asks her other servants to clean the house in preparation for the party. They have to sweep the floors, get rid of any rats and lizards that have gotten into the house, and empty out the dirty water and fill the pitcher with new water.

The noblewoman takes a servant and goes to the baker, who works outside using a small clay oven. The baker has a grinding girl, who is using a stone on a board to grind wheat and barley into flour. She does this job all day long. Sand blowing around gets mixed in the flour, but Egyptians are used to gritty bread. The baker has already prepared a dozen different loaves of bread. The noblewoman decides to buy several of them for her party, and since there is no money in ancient Egypt, she barter (trades) a jar of beads for the bread.

Next the noblewoman goes to the linen weavers. There are several women working in the hot and stuffy workshop. They work there each day, all day. The loom is laid out on the floor and the women work on their hands and knees, feeding the linen thread through and pulling it tight. The noblewoman looks at some finished linen and picks her favorite, which is embroidered with gold thread. She asks one of the weavers to deliver it to the tailor to make a new tunic for her. She pays for the linen with the four loaves of bread she just bought.

Next, the noblewoman goes to the temple. There is a religious festival today, and the priestess, who is the noblewoman's sister, is telling stories to the people. The Priestess tells a story about the goddess Isis, who tricked the god Ra into telling her his secret name so that he could no longer reign on earth.

Finally the noblewoman goes home to prepare for the party. She puts on a fresh tunic and lots of jewelry. A hairdresser comes and shows her different wigs to try on. She picks her favorite to wear, then the hairdresser puts flowers in it to make it smell nice.

The guests and women hired to perform at the party arrive. The musicians begin playing their instruments, while the dancers dance to the music and the singers make up songs to go with the music. The servants give each guest a cone of scented wax for their heads. The melting wax will trickle down their faces and wigs and will keep them smelling fresh all evening.

The servants bring food to the guests, including bread, fruits, fish, cheese, goose, and duck. The guests eat off their plates with their fingers since there is no silverware in ancient Egypt. At the end of the evening, the guests thank the noblewoman and leave. The noblewoman pays the performers with necklaces, and they go home. The grinding girl, baker, and weavers finish their jobs for the day and go home as well.

The servants clean up after the party while the noblewoman takes off her wig, tunic, and jewelry, and goes to bed. She thinks it was a wonderful day!

