

CADETTE PUBLIC SPEAKER BADGE – MEETING 2

Badge Purpose: When you’ve earned this badge, you’ll have found your inner performer and be unafraid to speak up.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
5 minutes	Getting Started <ul style="list-style-type: none"> Begin the meeting by reciting the Girl Scout Promise + Law. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
20 minutes	Find Your Voice <ul style="list-style-type: none"> Practice warm-up techniques. 	<input type="checkbox"/> Small pieces of paper <input type="checkbox"/> Writing utensils <input type="checkbox"/> Hat
20 minutes	Performance Prep <ul style="list-style-type: none"> Prepare for your upcoming performance. 	<input type="checkbox"/> Props <input type="checkbox"/> Script
30 minutes	Showtime! and Snack Chat <ul style="list-style-type: none"> Put on your performances and enjoy a snack as you watch. 	<input type="checkbox"/> Props <input type="checkbox"/> Healthy snack
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

Getting Started

Time: 5 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Activity #1: Find Your Voice

Time: 20 minutes

Badge Connection: Step 3 – Find your voice

Materials Needed: Slips of paper; writing utensils; hat

- Repeat one word, one sentence, and one passage four times, in four different ways.
- Write words, sentences, and passages on paper. Put the words in a hat. Everyone should draw from the hat and repeat the word four different ways. For example, “Hello.” “Bye.” “Why?” “No.” “When?” “Yes”
 - Be dramatic when you say these. For example:
 - “No” as in “No, I don’t want more candy.”



- “No” as a mother may say to a baby, “No, no, no!”
 - “No” as if someone just saw her best friend jump off a cliff, “Noooooooo!”
3. Now put sentences into the hat and let everyone draw a slip of paper. Example sentences could include: “Who is that?” “You want me to wear that?” “I like my teacher.” “Why are we going there for vacation?” “Your mother is funny.” Repeat the phrases just like they did with the words!
 4. For passages, let everyone choose their own.
 5. Some ideas to keep in mind:
 - Tongue twisters are a fun option. Examples: “Sally sells seashells down by the seashore.” “A tutor who tooted the flute, tried to tutor two tooters to toot.” “A flea and a fly in a flue...” “How much wood could a woodchuck chuck, if a woodchuck could chuck wood?”
 - Try famous speeches to recite, such as the “I Have a Dream Speech” or “The Gettysburg Address.”
 - Another option could be to recite a verse from a famous song.
 - With a known song or poem, you can experiment with the rhythm of your presentation to make it sound like what you remember or you can deliberately change the pacing.
 - Take turns reading passages with a strong rhythm, but may be harder to do with a straight face. Examples, Lewis Carroll’s *Jabberwocky*, Dr. Seuss’ *One Fish Two Fish*, or almost any of his other work.
 - Look for word pairs that are difficult to say. Such as, Greek grapes; girl gargoyles; inchworms itching; mix, miss, mix; red leather; yellow leather.

Activity #2: Performance Prep

Time: 20 minutes

Badge Connection: Step 5 – Get onstage!

Materials Needed: Props; scripts

Prep Needed:

- Remember to practice your performance piece from the previous meeting.
1. Did everyone come to the meeting with a costume of their choice as decided from the last meeting? Did everyone remember any props they said they would bring? At this time, everyone should change into their costumes.
 2. Create the theater. Line up the chairs to make the most sense during the performance. Make sure any props that need to be on stage are there.
 3. (Optional): If there is time, do a speed run through.

Activity #4: Showtime! (and Snack)

Time: 30 minutes

Badge Connection: Step 4 – Choose or create a piece to perform

Materials Needed: Props; snacks

Prep Needed:

- Invite family and friends to come watch your performance!
1. Perform the skits that you planned the meeting before. Provide a snack to those attending.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.



More to Explore

- Field Trip Ideas:
 - Go to a local high school or community play.
 - Find a location with an open mic time and either listen in the audience or prepare something to share.
- Speaker Ideas:
 - Know someone in a community theater or in a high school play? Ask them to come and talk about their experiences.
 - Bring in a singer or someone else who relies on their voice professionally to go over vocal warm-ups and how to project without damaging your voice.
 - Ask an elected official to speak about speaking before a board/council/legislature for public appearances like press conferences.
 - Ask a lawyer to explain how they prepare for court appearances or other presentations.

