

DAISY BUDDY CAMPER BADGE

Badge Purpose: When girls have earned this badge, they'll know how to go camping—at a campsite or in a backyard—with their family or friends.

Activity Plan Length: 1.5 – 2 hours (not including tent camping time)

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
20 minutes	Camp Kapers <ul style="list-style-type: none"> Girls help create a kaper chart for camp. 	<input type="checkbox"/> Paper <input type="checkbox"/> Coloring utensils <input type="checkbox"/> Kaper Chart (at end of activity plan) <input type="checkbox"/> Clothespins (one per girl) <input type="checkbox"/> Permanent marker
20 minutes	Banana Boats <ul style="list-style-type: none"> Girls make and enjoy a fun campfire snack. 	<input type="checkbox"/> Bananas (one per girl) <input type="checkbox"/> Sweet toppings (chocolate chips, butterscotch chips, Nutella, honey, marshmallows, etc.) <input type="checkbox"/> Crunchy toppings (graham crackers, toasted coconut, Nilla wafers, etc.) <input type="checkbox"/> Aluminum foil <input type="checkbox"/> Spoons <input type="checkbox"/> Napkins
20 minutes	Pack Your Backpack <ul style="list-style-type: none"> Girls learn to pack the gear they'll need to go camping. 	<input type="checkbox"/> Backpacks (appropriate size for girls; one per group of 4 girls) <input type="checkbox"/> Assorted camping gear (clothing, bug spray, sunscreen, headlamp/flashlight) <input type="checkbox"/> Miscellaneous items (books, toys/games, stuffed animals, phone/iPad, notebook, coloring pencils) <input type="checkbox"/> Digital scale
Varies	Camp Time! <ul style="list-style-type: none"> Girls go camping! 	<input type="checkbox"/> Camping gear
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster



Note to Adults/Leaders

Girls will need to go camping in order to earn this badge. Make proper accommodations prior to working on this badge.

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Activity #1: Camp Kapers

Time: 20 minutes

Badge Connection: Step 1 – Help plan a camping trip

Materials Needed: Paper; coloring utensils; Kaper Chart (at end of activity plan); clothespins (one per girl); permanent marker

Prep Needed:

- Print out the Kaper Chart.
1. Tell girls that they'll soon be going on an exciting adventure—they're going to camp! Share with your girls details about their upcoming camping trip:
 - Where are they going?
 - What will they be doing at camp?
 - Where will they be sleeping?
 2. Lay out the coloring utensils and hand each girl a sheet of paper. Ask girls to imagine what camping will be like, and then instruct them to draw a picture of it. Give them a few minutes to complete their drawings, then go around in a circle and have girls share their drawings.
 3. Thank girls for sharing. Explain that at camp, everyone still has chores and jobs to do. Keeping in mind the pictures they've seen from their other troop members, ask girls to list some chores and jobs that might need to be completed at camp. Jot down their ideas on a piece of paper. Examples could include: collect firewood, set up tents, unpack camping gear, cleaning up, preparing meals, etc.
 4. Once girls have finished sharing, go through the list and pick out the chores or jobs that girls will be responsible for once at camp. Write these down on the kaper chart. Explain to girls that the kaper chart is for keeping track of who's responsible for which chore or job.
 5. Hand each girl a clothespin. Girls should write their name on the clothespin, then, if they'd like, color or decorate it.
 6. At the campsite, use the kaper chart and clothespins to assign camp kapers!

Activity #2: Banana Boats

Time: 20 minutes

Badge Connection: Step 1 – Help plan a camping trip

Materials Needed: Bananas (one per girl); sweet toppings (chocolate chips, butterscotch chips, Nutella, honey, marshmallows, etc.); crunchy toppings (graham crackers, toasted coconut, Nilla wafers, etc.); aluminum foil; spoons; napkins

1. One of the best parts of camping is cooking and sitting by the campfire! If you're able, make a fire (girls can help collect kindling and firewood). If not, these banana boats can also be cooked in the oven.
2. Slice the banana lengthwise. Leave the peel on, and don't slice all the way through. Pull the banana slightly ajar. Fill with desired toppings. Wrap the banana tightly in foil. Be sure to seal the ends tightly as well. Place on a



grate and cook over the campfire (if using) for 5 – 7 minutes until the toppings have melted and the banana is mostly heated through. If using an oven, place in a preheated 350° oven for 10 – 12 minutes.

Activity #3: Pack Your Backpack

Time: 20 minutes

Badge Connection: Step 2 – Help pack for your trip

Materials Needed: Backpacks (appropriate size for girls; one per group of 4 girls); assorted camping gear (clothing, bug spray, sunscreen, headlamp/flashlight); miscellaneous items (books, toys/games, stuffed animals, phone/iPad, notebook, coloring pencils); digital scale

Prep Needed:

- Lay out the assorted camping gear and miscellaneous items on one side of the room. You should have enough of the assorted gear for each group to be able to have one type of each item (for example, if you have four groups of girls, gather four headlamps, four books, etc.)
1. Tell girls, now that we know what we'll be doing at camp, we have to figure out what we need to bring with us. Explain that when they go camping, they'll need to bring everything they need with them, but that doesn't mean they should bring everything and anything! Because girls will need to carry what they need, they should make sure that their backpacks aren't too heavy.
 2. It's recommended that kids carry no more than 10% of their bodyweight; if this is their first time hiking with a pack, start girls off on the lighter-side so as not to overexert them. The weight range of their backpack should be about 3.5 – 7 pounds, depending on the girl.
 3. Ask girls to break off into groups of four. Hand each group a backpack. Tell them that they have to pack for their camping trip. They can pack whatever they want, but once they finish packing, they'll play a little game to see if they have the proper gear for camping.
 4. Allow girls time to work as a group to pack a backpack. After girls have finished, have girls place their backpacks on the scale to see how heavy they are. If the packs are much heavier than the 10% bodyweight recommendation, suggest that girls remove a few items.
 5. Then run through the various scenarios and see if girls have the proper gear to get through that scenario safely and comfortably:
 - Scenario 1: Uh oh! It's starting to drizzle. Did you pack something waterproof to wear?
 - Scenario 2: We're on a hike, but the sun's setting! We're close to our campsite, but we could use some extra help to light the way. Did you pack something that gives off light?
 - Scenario 3: All this hiking is making you thirsty. Did you pack something to drink?
 - Scenario 4: It's getting pretty hot out here! Did you pack something to protect you from the sun?
 6. Review what girls should have packed for each of those scenarios.

Activity #4: Camp Time!

Time: Varies

Badge Connection: Step 3 – Go camping

Materials Needed: Camping gear

1. You made it to your campsite! Set up camp, then go on a hike! Before you head out, review some safe camp rules with your girls:
 - Rule of Three: Poison ivy and poison oak have three leaves. Remember the phrase "Leaves of three, let it be!"
 - Buddy system: Choose a buddy and always stay together. Never walk or wander off into the woods alone.
 - Take care of your body: Camping is an active adventure, so make sure to drink lots of water. Wear sunscreen and hats to protect yourself from the sun. Wear proper shoes to protect your feet. Wear light-colored clothing and long pants to protect you from bugs and ticks (if you can, tuck your pants into your socks).



- Fire safety: Be careful around the campfire, and don't step over a fire or on top of the logs around it.
- First-aid: Know where the first-aid kit is, and what's in it.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit an outdoor gear or camping store to see the various types of gear available for all your outdoor adventures.
 - Take an outdoor skills class at a local regional or state park.
- Speaker Ideas:
 - Invite an older Girl Scout to your troop meeting to talk about how she prepares to camp.
 - Invite a camping pro to your troop meeting to talk about their experience camping in different seasons and locations.



TROOP _____'S KAPER CHART
