

JUNIOR AGENT OF CHANGE (THE POWER OF TEAM) – MEETING 2

Journey Award Purpose: When girls have earned this award, they'll understand how, as a team, their individual strengths and powers come together to form a group of leaders ready to Take Action.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
10 minutes	Dez's Web of Friends <ul style="list-style-type: none"> Girls discover how their individual qualities can join together to create a strong and powerful team. 	<input type="checkbox"/> Yarn
30 minutes	Teamwork <ul style="list-style-type: none"> Girls learn how to effectively act as a team. 	<input type="checkbox"/> Balloons <input type="checkbox"/> Spoons <input type="checkbox"/> String <input type="checkbox"/> Tape <input type="checkbox"/> Dice <input type="checkbox"/> Paper <input type="checkbox"/> Markers
20 minutes	Team Take Action Snack Chat <ul style="list-style-type: none"> Girls enjoy a healthy snack while brainstorming a task they can accomplish as a team. 	<input type="checkbox"/> Precut strips of construction paper <input type="checkbox"/> Glue sticks or tape <input type="checkbox"/> Healthy snack
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.



Activity #1: Dez's Web of Friends

Time: 10 minutes

Journey Connection: Links to Journey theme

Materials Needed: Yarn

1. Have girls do this activity to see how their individual qualities, when joined together, create a strong and powerful team.
2. Ask the girls to create a circle.
3. Hand the ball of yarn to one girl and ask her to list a power that she brings to the team, for example: "I'm good at motivating other people" or "I love working with little kids."
4. Once the first girl has spoken, she holds onto the thread end of the yarn, tosses the ball to another girl so they yarn unwinds, and calls out, "What about you?"
5. The second girl states a power that she adds to the team, and then tosses the ball of yarn while still holding onto part of its thread, and so on around the circle.
6. When every girl has had a chance to share, point out that the yarn has formed a web, connecting all the girls, and symbolizing the team's strength and power.

Activity #2: Teamwork

Time: 30 minutes

Journey Connection: Session 2 – Trust Me!

Materials Needed: Relay items (i.e. balloons, spoons, string, tape, dice, etc.), paper, markers

1. Teams are made up of leaders who step up to the plate and take action. But team leaders don't do it all themselves. They reach out to others. They talk. They listen. They grow and strengthen their teams.
2. Through this activity, girls will learn how to best operate as a team. They will identify the strengths of their team as well as challenges they face.
3. Divide girls into two teams.
4. Tell girls that the teams will be designing and participating in a relay.
5. Give the teams ten minutes to design a relay using some or all of the provided supplies. Provide each team with a paper and marker to write down the instructions.
6. Next, have the teams try each other's relays.
7. Optional: Try the relay:
 - Without talking
 - With everyone's eyes except for one girl on each team
 - With arms behind backs
 - Other ways you brainstorm
8. Discuss with the girls how their teams functioned, both in designing the relay and taking part in one. In what ways did their team work well together? In what ways could they improve? What was the most challenging thing about working in a team on this challenge?

Activity #3: Team Take Action Snack Chat

Time: 20 minutes

Journey Connection: Journey Session 2 – Great Leaders and Great Teams

Materials Needed: Precut strips of construction paper, glue sticks or tape, healthy snack

Prep Needed:

- Cut strips of construction paper measuring 8½" x 3".
1. Invite girls to have snack and ask them to brainstorm what they can accomplish as a team, including helping their schools or communities.



2. Ask each girl to write one idea on a strip of construction paper. It can be an idea that was already shared or a new idea.
3. Girls will then work together to make a take action chain with the construction paper.
4. One at a time, have girls take their construction strip and make a link (circle) to form a take action chain that can hang. By working together, they can accomplish great things. That's the power of team!

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends lyrics

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit a local charitable organization or volunteer group to see a team of people working together to do good things.
- Speaker Ideas:
 - Invite a city official to the troop meeting to discuss how teams of officials, employees, and citizens work together for the common good.

