

DAISY RESPONSIBLE FOR WHAT I SAY AND DO PETAL

Petal Purpose: When girls have earned this petal, they'll know how to be responsible for what they say and do.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls will recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
10 minutes	Word Power <ul style="list-style-type: none"> Girls will do an activity and discuss the power of words. 	None
15 minutes	Chores Charades <ul style="list-style-type: none"> Girls will play a game of charades. 	None
15 minutes	Snack Chat <ul style="list-style-type: none"> Girls will enjoy a healthy snack and have a topic discussion. 	<input type="checkbox"/> Healthy snack
10 minutes	Promise Pals <ul style="list-style-type: none"> Girls will make a promise about how they will be responsible for what they say and do. 	None
10 minutes	Meeting Mari the Marigold <ul style="list-style-type: none"> Girls will color Mari the Marigold coloring sheet. 	<input type="checkbox"/> Mari the Marigold coloring sheet (one per girl) <input type="checkbox"/> Coloring utensils
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.

Activity #1: Word Power

Time: 10 minutes

Petal Connection: Responsible for What I Say and Do (Orange Petal)

- Ask girls to stand up or jump if the word or phrase you say is helpful and makes them feel good and to sit or crouch down if the words are hurtful and make them feel bad. Use the words below and/or additional words of your own.
 - You're my friend
 - I don't like you



- Please
 - Thank you
 - Get away
 - I'm sorry
 - You're not my friend
2. Asks girls how it felt to hear the helpful words and how it felt to hear the hurtful words. Talk about how words can be powerful and why it is important to pay attention to what you say and how you say it.

Activity #2: Chores Charades

Time: 15 minutes

Petal Connection: Responsible for What I Say and Do (Orange Petal)

1. Have girls play charades by acting out different things they can do at school or at home to help others and show they are responsible. Use the ideas below to get started. Girls might come up with ideas of their own as well.
 - Brush your teeth
 - Make your bed
 - Carry your backpack
 - Set the table
 - Pick up toys
 - Wash your face
 - Walk the dog
 - Get dressed
2. When a girl is ready to act out an action, whisper it into her ear. Make sure she knows what the action means.
3. Ask the girl who guesses the action correctly be the next person to act. Make sure each girl gets a turn.

Activity #3: Snack Chat

Time: 15 minutes

Petal Connection: Questions link to petal theme

Materials Needed: Healthy snack

1. While enjoying snack, here are some things for girls to discuss:
 - What do you do at home to show you are responsible?
 - How do words hurt? How do words make you feel better?
 - How do you feel when you keep a promise?
 - What could you do to show others that you are responsible?

Activity #4: Promise Pals

Time: 10 minutes

Petal Connection: Responsible for What I Say and Do (Orange Petal)

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school to show others that she is responsible for what she says and does. Ideas include:
 - Talking to someone new at school
 - Inviting a new friend over to play
 - Telling a friend why she likes her
 - Helping with a job at home



- Being nice to a brother or sister
3. Have each girl make a promise to the other girls in her group identifying how she will be responsible for what she says and does. The girls in the group are now Promise Pals.
 4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

Activity #5: Meeting Mari the Marigold

Time: 10 minutes

Petal Connection: Responsible for What I Say and Do (Orange Petal)

Materials Needed: Mari the Marigold coloring sheets (one for each girl); coloring utensils

Prep Needed:

- Print copies of Mari the Marigold coloring sheets.
1. Have girls color their Mari the Marigold coloring sheets.
 2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl's promise.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit a local library and talk about the responsibility of checking out books.
 - Clean up trash around your meeting area.
- Speaker Ideas:
 - Invite a librarian to your meeting to talk about the responsibility of checking out books.
 - Invite an older girl to your meeting to talk to girls about the responsibilities of growing up and friendship.





I'm Mari the Marigold. I'm responsible for what I say and do!

