

JUNIOR SOCIAL BUTTERFLY BADGE - MEETING 1

Badge Purpose: When girls have earned this badge, they'll know how to act at many types of events, from picnics to weddings and parties.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
15 minutes	Interruption <ul style="list-style-type: none"> Girls continue to learn how to hold a conversation. 	<input type="checkbox"/> Large open space
15 minutes	Respect Bracelet <ul style="list-style-type: none"> Girls make a commitment to respecting themselves and others. 	<input type="checkbox"/> String or cord <input type="checkbox"/> Beads in at least seven different colors <input type="checkbox"/> Color code <input type="checkbox"/> Writing utensils
30 minutes	Table Etiquette Challenge and Snack Chat <ul style="list-style-type: none"> Girls learn how to use table manners. 	<input type="checkbox"/> Tableware (plates, serving utensils, eating utensils) <input type="checkbox"/> Healthy snack <input type="checkbox"/> (Optional) Table placement outline sheet
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Activity #1: Interruption

Time: 15 minutes

Badge Connection: Step 1 – Hold a conversation

Materials Needed: None

Prep Needed:

- Clear an open space large enough for girls to sit in a circle.



1. This game will challenge girls to keep conversations rolling and will also help everyone get to know each other in new group settings. Girls might try playing this game to entertain guests at the next party they host.
2. Choose one girl to begin the game “conversation” by introducing herself and sharing things about herself with the rest of the group. The girl must keep talking about herself until someone else finds something in common with her, and “interrupts” her.
3. Then, that girl carries on the conversation by introducing herself and continuing the conversation. The game continues as girls find things in common and “interrupt” each other. For example:
 - Girl 1: “Hi, my name is Mary. I am an only child and I have two dogs...”

Girl 2: “I have two dogs too! Hi my name is Sarah and I love to roller skate. I was originally born in California, but now I live in Minnesota...”

Girl 3: “Hey, I live in Minnesota! My name is Dana and I hate pickles...”

Tip: Finding things in common with new people can help girls start and carry on conversations with them. Encourage girls to think about some simple things about themselves, such as where they are from, what activities they enjoy or if they have siblings.

Activity #2: Respect Bracelet

Time: 15 minutes

Badge Connection: Step 1 – Hold a conversation

Materials Needed: String or cord; beads in at least seven different colors; color code; writing utensils

Prep Needed:

- Write out color code on notecards for girls to reference or keep.
1. Tell the girls they are going to make a bracelet that they can wear to represent their commitment to respecting themselves and others. The bracelet also doubles as a conversation starter.
 2. Use different colored beads that each represents a specific part of their commitment.
 3. Assign a color to each word or phrase and write down the code for the girls to refer to.
 4. You can use the words below as a guide, some of which were taken from the Girl Scout Law, or come up with some of your own.
 - Respect
 - Care for Others
 - Fairness
 - Inclusion
 - Considerate
 - Sisterhood
 5. You may consider some of the following discussion questions to ask the girls: What does the bracelet mean to you? How will this bracelet serve as a reminder for you in the future? Will it change how you act towards others? Do you think that it could affect how others act? How could you use this bracelet as a conversation starter?

Activity #3: Table Etiquette Challenge and Snack Chat

Time: 30 minutes

Badge Connection: Step 2 – Use table manners

Materials Needed: Tableware (plates, serving utensils, eating utensils); healthy snack; (optional) table placement outline sheet

Prep Needed:

- Divide out materials and supplies.
- For the tableware, gather:



- Dinner plates (large plates)—one per small group
 - Salad plates, bread plates, saucers (small plates)—one of each per small group
 - Soup bowls (small bowls)—one per small group
 - Napkins—one per small group
 - Two Forks, one spoon and two knives per small group
 - Cups or mugs—one per small group
 - (Optional) Print copies of the table placement outline sheet.
1. Divide the girls into small groups and tell them to work together to set their own table in the way they think is correct.
 2. Allow them five–seven minutes to think about and place their table settings.
 3. Review all table sets to see if there is a correct table setting. If no girls have set their table correctly, choose the table with the fewest corrections.
 4. After reviewing all tables, demonstrate the correct placement of all the items.
 5. Start with a clear table. Ask for volunteers to help you set each item as you go through the list, one at a time. This allows everyone to see and for girls to actively do the setting themselves.
 6. After the correct table placement demonstration is complete, instruct the groups to go back to their individual tables and make their own corrections.
 7. Note: It may be helpful to print off the table placement outline sheet that shows where everything should go to speed the table review process.
 8. Distribute snack and enjoy!
 9. Optional: While enjoying snack, here are some things for girls to talk about:
 - What did you think of the table etiquette activity? Do you think you'll remember and use what you learned at home or for your next party?
 - What are some good conversation-starter questions?
 - Does anyone have a good icebreaker game to share that could be used at a party to entertain guests?

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends lyrics

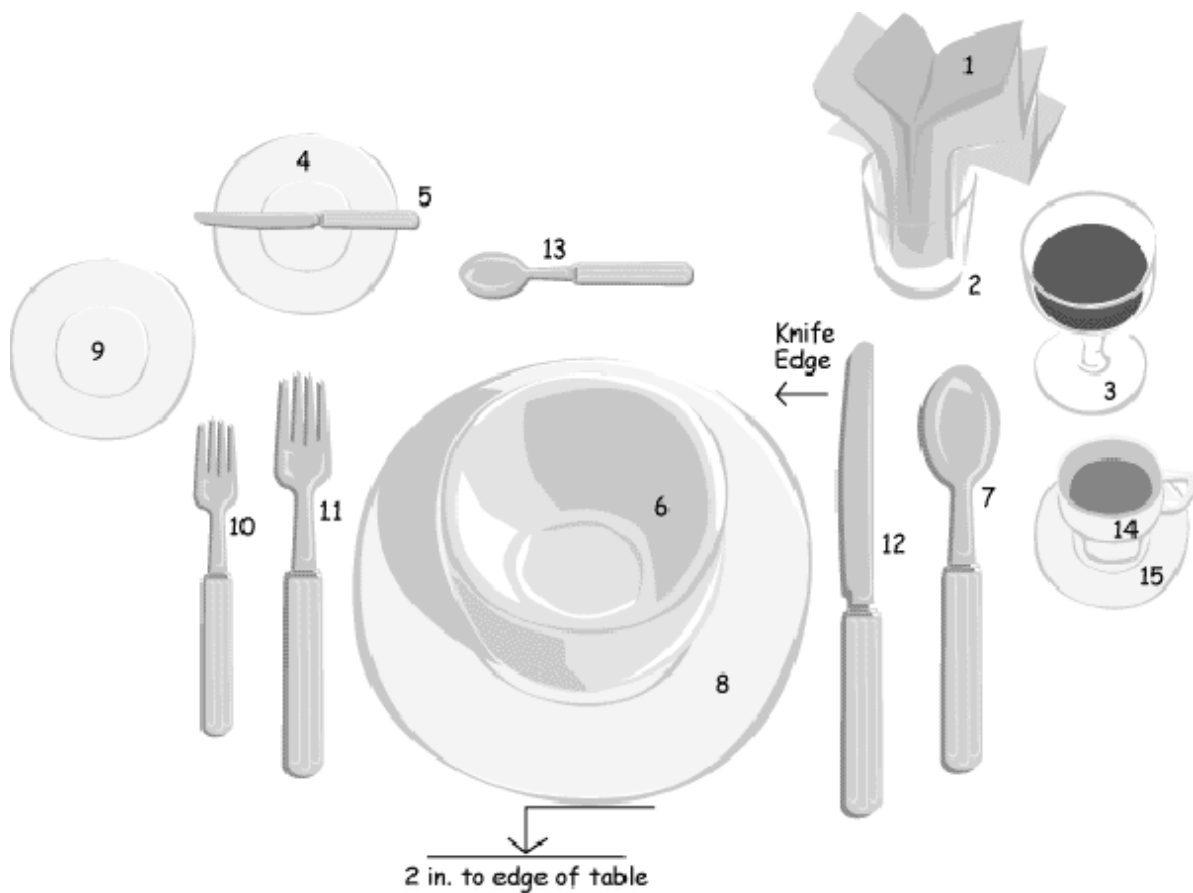
Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit a local restaurant or catering business.
 - Attend a special dinner, ceremony, or event as a troop and practice proper etiquette.
- Speaker Ideas:
 - Invite an event planner, caterer, or restaurant manager to your troop meeting.
 - Host a party for older or younger Girl Scouts.



Table Settings



1. Napkin: below salad plate to the left of the salad fork or in cup
2. Cup: upper right, above knife
3. Wine glass (not applicable for this demonstration)
4. Bread plate: upper left corner
5. Butter knife: across bread plate
6. Soup bowl: on top of dinner plate or separate.
7. Spoon: right of knife
8. Dinner plate: in the center
9. Salad plate: lower left corner, above the napkin
10. Salad fork: right of napkin
11. Dinner fork: right of salad fork, left of dinner plate
12. Knife: right of dinner plate (sharp blade facing plate)
13. Dessert spoon (not applicable for this demonstration)
14. Coffee mug: Lower right, on top of saucer
15. Saucer: lower right

