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Brownie Painting Badge Activity Plan 1

Purpose: When girls have earned this badge, they'll have new ideas about what and how to paint.

Planning Guides Link: Healthy Living and Creativity

Fun Patch Link: Experience the Arts

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
 - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
 - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
 - Encourage families to ask questions about their girls' badge activities. Some examples that work for any badge include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
 - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
 - If you use "Plan Your Brownie Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
 - If you are adapting the "Plan Your Brownie Year", get the girls' input on which badges to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one badge or journey she's excited about.
- Short Term Planning
 - Ask a family to help lead a badge. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
 - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
 - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.

- Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.
- At the Meeting
 - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
 - Have girls fulfill their kaper chart responsibilities.
 - Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this badge or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the *Brownie Girl's Guide to Girl Scouting*, completing two of these activity plans, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can recognize different styles of paintings
- They experiment with different painting activities
- They are inspired to paint more

Tips and Tools

- Check out ways to stay safe using Safety-Wise at <http://gsrv.gs/safetywise>.
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

Resources

- Allina Health's Health Powered Kids program provides additional lesson plans that go along well with this badge, including "Get Out and Enjoy Nature".

To use these plans:

- Visit healthpoweredkids.org
- Log in using:
 - Username: gsrv
 - Password: allinahealth
- Find lessons for this badge on the Girl Scouts page.
- This activity plan has been adapted from the *Brownie Girl's Guide to Girl Scouting Painting Badge*, which can be used for additional information and activities.
- Book Suggestions for Activity #1: Explore More:
 - *Painting Techniques* by Diana Fisher
 - *13 Paintings Children Should Know* by Angel Wenzel

Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
<i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	<i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Sing the Brownie Smile Song. Use repeat-after-me or sing as a group if girls know it by heart.

The Brownie Smile Song
I've got something in my pocket It belongs across my face I keep it very close at hand In a most convenient place I'm sure you wouldn't guess it If you guessed a long, long while So I'll take it out and put it on It's a great big Brownie Smile!

Activity #1: Explore More

Badge Connection: Step 1—Get inspired

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.
- Gather books about painting from the library (see Resources section above for suggestions).

Materials Needed:

- Library books with different style paintings. Many books can be found at the library by searching for impressionism, pointillism, cubism, pop art and realism.

Steps:

1. Have girl look through the art books and find pictures of paintings that they really like.
2. Have girls share their favorite pictures with one another.
3. Discuss with the girls the different styles of art such as pointillism, pop art, cubism, impressionism, realism, etc. Ask girls to share their thoughts about the paintings and how the different pictures make them feel.

Activity #2: Paper Bag Imagination

Badge Connection: Step 2—Paint the real world

Time Allotment: 25 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Grocery paper bags, crumpled to various degrees (two–three bags)
- Paint and bowls or cups to hold the paint
- Paintbrushes
- Large pieces of paper (one per girl)

Steps:

1. Set up the paper bags upside down and near each other. They should stand at various heights and positions depending on how they were crumpled.
2. Have girls use their imaginations to paint landscapes using the paper bags as inspiration for their landscapes. Are the bags mountains? Trees? Clouds? Animals?

Activity #3: Snack Chat and Organic Stamping

Badge Connection: Step 4—Paint without brushes

Time Allotment: 20 minutes

Prep Needed:

- Gather materials and supplies.
- Have various fruits and veggies ready for a snack.
- Wash and cut assorted fruits and veggies into halves for the stamping activity.
- For stamping, cut patterns into some of the fruit and veggies. Cut various shapes, such as squares, triangles, etc. Leave some without patterns for girls to see what designs are made just from the food item.

Materials Needed:

- Assorted, washed and cut fresh fruits and vegetables
- Paper plates and napkins
- Washable paints
- Paper
- Paper towels

Steps:

1. Sit down with girls and have them enjoy a snack of fruit and veggies.
2. As the girls finish snack, ask them to think of a time when they haven't used paintbrushes to paint pictures.
 - What have you used besides brushes? Your fingers and hands? Other objects?
 - Have you ever used fruits and vegetables to paint?
3. Using the fruit and veggie stamps, have girls each make their own painting. Demonstrate how the girls should lightly dip the stamp into the bowl and then stamp their paper.
4. Encourage girls to try the different stamps.
5. Ask them which stamps they like best and if they think there are other things they can use to paint with at home, such as leaves or small branches.

Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore

- Field Trip Ideas:
 - Visit a local art museum.
 - Take a walk around your meeting place. When you return, have girls paint something they saw.
- Speaker Ideas:
 - Invite a local artist to your meeting.
 - Invite a museum docent or curator to your meeting to talk about paintings.
 - Invite an art teach to your meeting.

Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible badge-earning activities? Please email troopsupport@girlscoutsv.org.

Family Follow-Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about different styles and ways to paint. We used our creative minds and are on our way to earning the Painting Badge.

We had fun:

- Exploring different ways to paint and using our imaginations
- Learning about different styles of art

Continue the fun at home:

- Spend time together using your imaginations to create new paintings together.
- Share your favorite artwork and artists with your Brownie.
- Look through the *Girl's Guide to Girl Scouting* with your Brownie to find other activities you can try at home.

Thank you for bringing your Brownie to Girl Scouts!