

LEAD – LEADER ENRICHMENT & DEVELOPMENT

SONGS & GAMES

Purpose: To equip troop leaders with tips for leading songs and games with girls as well as resources to help them start.

Length: 20 minutes.

Time	Activity	Materials Needed
5 minutes	<ul style="list-style-type: none"> Activity #1: Games 	<input type="checkbox"/> Laptop & projector (optional) <input type="checkbox"/> Internet access (if available) <input type="checkbox"/> Copies of the Games and Songs handout (available for download at Volunteers.GirlScoutsRV.org/enrichments)
5 minutes	<ul style="list-style-type: none"> Activity #2: Songs 	<input type="checkbox"/> Laptop & projector (optional) <input type="checkbox"/> Internet access (if available) <input type="checkbox"/> Copies of the Games and Songs handout (available for download at Volunteers.GirlScoutsRV.org/enrichments)
5 minutes	<ul style="list-style-type: none"> Wrapping Up 	<input type="checkbox"/> Laptop & projector (optional) <input type="checkbox"/> Internet access (if available)
5 minutes	<ul style="list-style-type: none"> Additional Resources 	None

Activity #1: Games

Time: 5 minutes

Materials Needed:

- Laptop & projector (optional)
- Internet access (if available)
- Copies of the Games and Songs handout (available for download at Volunteers.GirlScoutsRV.org/enrichments)

Steps:

- You can play one or both games, depending on how much time you have.
- Games can be used in many different ways in Girl Scouting: breaking the ice, developing teamwork, learning or reinforcing skills, or just blowing off steam after sitting for too long.
 - Choosing the right game for your group is important, first thing to consider is age of the girls, experience level, and physical condition. Start with simple games that are easy to learn and work up to more complex games.
 - Make sure games are age appropriate, and provide a wide array of games. Ex. Nature games, get-to-know-you games, relay games, international games, etc.



- Avoid games that may offend other people's beliefs or customs. Also avoid games that waste food and resources.
3. Tips for preparing to lead a game:
 - Be interested and enthusiastic about the game yourself!
 - Know the game well before you teach it, identify safety hazards, anticipate the difficulties, and adapt the game to the group or situation.
 - Devise methods of organizing teams or formations quickly.
 - Know your playing area. Make sure to have a safe area and easily recognized boundaries.
 - Gather equipment together beforehand.
 4. Tips for teaching a game:
 - Give the name of the game and some interesting facts about it to help motivate interest.
 - Explain the game briefly, giving the basic rules. If needed demonstrate the game with a few girl volunteers.
 - After explanations, allow the group to get into the desired formation or team positions to start the activity.
 - Ask for questions before you start to play.
 - If you decide to change rules during the game, try to change only one thing at a time. Allow the group to help suggest rules as well. You might say to the group. Let's try playing the game this way.
 - Stop the game when enthusiasm is still high. This ensures that the girls will want to play the game another time!
 - Take time to reflect. What made this game fun (or not so fun)? Did everyone have a chance to participate? Do we want to play this game again in the future?
 5. Play Alphabet Name Game. Explain this is a get to know you, or icebreaker, game. Follow directions on the handout.
 6. Discuss when/how to use this in troop meetings or events.
 - Would be a good first meeting game.
 7. Talk about team building games, games or activities that get girls working together to achieve a goal.
 8. (Optional) Play Human Knot. Follow directions on the Handout
 9. Wrap up by talking about the 8 pointers for Game Leaders & remind them to see their handout for more ideas and resources.
 - Establish a warm, positive atmosphere that's fun for everyone.
 - Encourage everyone to participate and do her best.
 - Be patient.
 - Be fair in your judgements.
 - Show respect for each girl.
 - Encourage fair play and safety at all times.
 - Be flexible and prepared to vary or change the game.
 - Emphasize teamwork and play for the fun instead of keeping score!

Activity #2: Songs

Time: 5 minutes

Materials Needed:

- Laptop & projector (optional)
- Internet access (if available)



- Copies of the Games and Songs handout (available for download at Volunteers.GirlScoutsRV.org/enrichments)

Steps:

1. Make sure everyone has a Girl Scout Games and Song hand out.
2. Songs can be used to open or close meetings, enhance ceremonies, or share special moments with other Girl Scouts. The tradition of Girl Scout singing together has been passed down through the generations by teaching songs to friends, both new and old, and spreading the joy around. Step one is learning the song yourself.
 - Check out YouTube for videos of some Girl Scout songs to learn. See tip sheet for more resources. Talk about best ways to teach songs, have words posted, repeat after me etc.
 - Once you know the song, you can teach the girls in your troop. There are many ways to teach a song, repeat after me is great if the girls are new to singing. This type of song is done in a call and response manner. Ex. “The Princess Pat” and “The Moose Song.”
 - If the girls are better versed in singing, you can teach them by singing the song through
 - Once, then going over the words line by line, in a call and response manner. Once everyone is comfortable, you can try singing it through as a group. Try “Make New Friends.”
 - Once the girls know the songs, they can lead themselves. Not a songbird yourself? Don’t worry! Not everyone is comfortable singing in front of a group, remember we are just singing for fun! Don’t be afraid to ask other volunteers on your troop team to help out and lead songs, the more people involved, the more fun it can be!
3. Let’s try some Songs! Teach the “Daisy Song”, “Brownie Smile Song”, and “Make New Friends” if time allows you can try “The Princess Pat” and the “The Moose Song” use the YouTube links below to pull up the videos for the songs.
 - Girl Scout Daisy Song: youtube.com/watch?v=OF640zSJZ4A
 - Brownie Smile Song: youtube.com/watch?v=NtLOhNS3GVI
 - Make New Friends: youtube.com/watch?v=E5ZmDA7nN-I

Additional Resources

Time: 5 minutes

Explore Online Resources for Songs:

- 6 Girl Scout Camp Songs to learn: gsrv.gs/6-gs-camp-songs
- Girl Scouts Song-leading Workshops: gsrv.gs/song-workshop
- Girl Scouts Songs: gsrv.gs/gs-songs
- Songbooks Available for purchase on girlscoutshop.com
- Download our Girl Scout songbook at gsrv.gs/gs-songbook

