DAISY + BROWNIE DIVERSE. INCLUSIVE. TOGETHER. PATCH VIRTUAL MEETING PLAN

Overview

This slide deck walks you through activities to complete all or most steps of this patch. It includes a variety of interactive activities that you can do as a troop – including video, group conversations, hands-on activities, and more. Review the full deck and notes section prior to your meeting for tips and suggestions. In addition, these first slides will outline the general meeting plan.

Depending on the length of your virtual meetings, you may choose to complete this badge over the course of 1-2 meetings. Connect with families ahead of time to let them know what materials they should have ready prior to logging in. Patches can be purchased by the troop or families in the online shop.

Materials Needed

Paper Writing utensils Acrylic paints Paintbrush



Overview for the troop leader

A Note to Leaders

For a long time, many people, including social learning experts, believed that if we didn't call attention to racial differences, then children would be less likely to notice these biases themselves and therefore, less likely to discriminate against others. This is commonly known as the "colorblind" approach to handling discussions and interactions dealing with race.

Research, however, has since disproven this theory. Studies have shown that children notice and begin assigning meaning to race at a very young age (examples of this include distinguishing between white and black people, and drawing conclusions about traits inherent to those groups of people). The good news is that research has shown that parents and guardians who meaningfully talk to their kids about race end up with better racial attitudes than kids with parents or guardians who don't.

Erin N. Winkler, a professor at the University of Wisconsin who studies racial identity, states, "Children pick up on the ways in which whiteness is normalized and privileged in U.S. society." When working through these activities with your troop, make a concerted effort not to make whiteness the default and inadvertently marking other races as "other."

girl scouts river valleys

Overview for the Troop Leader

Preparation & Resources For Facilitation

Prep

•Before the meeting, familiarize yourself with the content and terms. The additional resource information will be helpful to read and engage in prior to the meeting so that you feel ready to facilitate conversations about identities including discussions on prejudice and racism.

Resources for Facilitation

How To Talk to Kids about Racism
Resources for Talking about Racism and Racialized Violence with Kids
Establishing Brave Spaces: The Roles of Safety and Comfort in Dialogue

Girl Scouts River Valleys' Additional Resources

In the Loop blog ("<u>Diversity, Equity, & Inclusion</u>" category)
GIRL Talk podcast (Episode #10 "<u>Talking About Race and Difference</u>")

Overview for the Troop Leader

https://www.today.com/parents/how-talk-kids-about-racism-protests-injusticet182929

https://centerracialjustice.org/resources/resources-for-talking-about-race-racismand-racialized-violence-with-kids/

https://www.bc.edu/content/dam/files/centers/humanrights/pdf/IGR.Brave Spaces Handout.pdf

https://volunteers.girlscoutsrv.org/category/in-the-loop/diversity-equity-andinclusion/

https://girltalk.girlscoutsrv.org/2019/06/26/episode-010-talking-about-race-anddifference/

Activity	Slide Number	Time	Notes
Intro/Promise & Law	Slide 5 – 7	5 min	
Icebreaker	Slide 8	5 min	
Our Troop is Similar and Different!	Slide 9 – 12	15 min	
Our Many Colors	Slide 13 – 14	15 min	If you divide this plan into two meetings, consider stopping after this activity and have girls share their completed (and dry) paintings at the next meeting.
What Do You Notice When You Look at Someone Else?	Slides 15 – 16	5 min	
Talking About and Speaking Up Against Racism	Slides 17 – 20	15 min	
Closing	Slides 21 – 22	5 min	

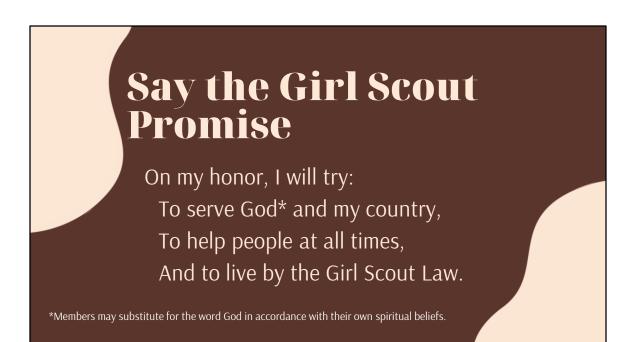
Daisy + Brownie Diverse. Inclusive. Together. Patch Virtual Meeting Overview

Overview for the troop leader

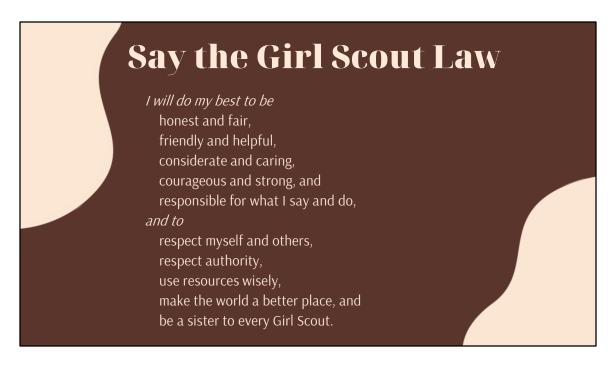


Daisy and Brownie Diverse. Inclusive. Together. Patch

Patch purpose: When girls have earned this patch, they'll have developed an appreciation of the uniqueness and commonalities of themselves and others, and the rich diversity of various cultures in their community and in the world. Girls will also deepen their understanding and respect for people who may be different from them, and learn how to better relate to others.



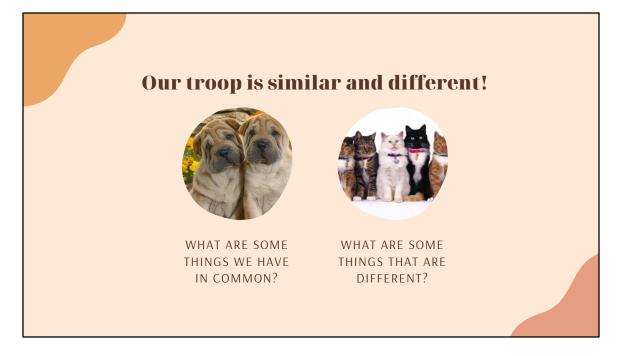
Open your meeting with the Girl Scout Promise and Law.



Open your meeting with the Girl Scout Promise and Law.



Ice breaker question



Ask girls to name some things that their troop has in common. (Example, we all live in the same town, we're all in the same grade, we go to the same school, we all like ice cream, etc.)

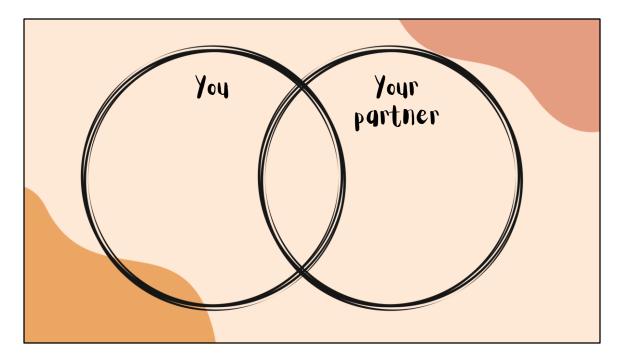
Then ask girls to name some things that are different about their troop. (Example, we celebrate different holidays, we play different sports, we have different houses, etc.)



Tell girls that even though we're all part of the same troop, there are many things that are different about them. Today, we'll explore some of those similarities and differences with your troop members!

Girls will be breaking out into pairs (use the breakout room function in Zoom for this activity and have a parent/guardian in each breakout room to supervise/facilitate). Before they go into their breakout rooms, review the instructions for the activity (next slide).

MATERIALS: Paper Writing utensil



Draw a Venn diagram on a sheet of paper. On one side, write your own name, and write your partner's name on the other side.

Each pair should answer the same set of questions:

What's your favorite food? What's your favorite color? What's your favorite animal? What holidays do you celebrate? Who's in your family? What do you like to do for fun? What makes you happy? What makes you sad? What makes you feel special?

If you and your partner share the same answer, write it in the middle of the Venn diagram; otherwise, write down the answers under each person's name.

Allow each pair five or six minutes to complete the questions. Then call girls back

from their breakout rooms.



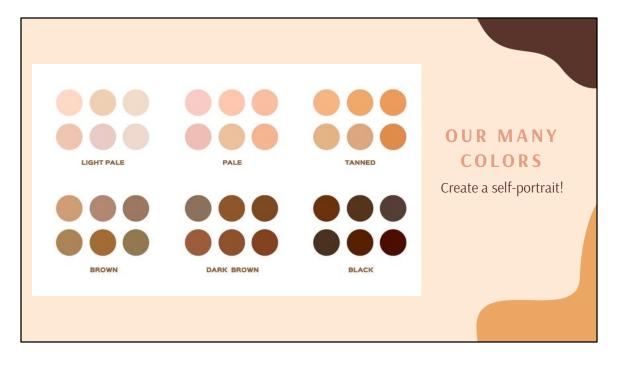
Ask each pair to share what they had in common, what things were different.

Everyone has something that makes them different from other people. That's what makes you *you*! How cool is that?



Another way that we're all special and different from each other is the color of our skin. Everyone in the room has a different color skin, and no two skin colors are exactly the same. There might even be variations in color on different parts of your own body.

Play the video "All the Colors We Are": https://www.youtube.com/watch?v=Ol1hI9B9bzY



As we saw, though we call white people "white" and Black people "Black," their skin tone isn't really white or Black. Actually, people are all different kinds of skin tones.

Mix different paints to match your own skin tone. Then use the paint to create a portrait of yourself.

During this time, you can switch off "share screen," so girls can chat with one another as they paint.

Use your own paints to demonstrate how to mix the various paints to create different skin tones. Girls may need adult assistance with mixing paints until they've created a matching tone.

Once everyone has completed their portraits, have everyone share their finished work. If some girls aren't finished, they can finish on their own and then bring to the next meeting to share.

Note: You can mix skin tones with just the primary colors (for a tutorial on how to mix skin tones, visit <u>www.craftsy.com/art/article/mixing-paint-skin-tones</u>).

MATERIALS: Paper Acrylic paints Paintbrush



Ask girls to name some things they notice when they look at someone else. (For example, they might notice hair color, eye color, height, weight, skin color, etc.)

Some girls might not want to admit that that's something they notice (especially if they were taught otherwise). If girls don't explicitly mention skin color, ask if skin color is something that you can also see when you look at someone else.

Ask girls if they think it's okay to notice someone's skin color. Why do they think that?

It's okay to notice someone's skin color! It's just one of the things that makes us unique and different.

What can you tell just by looking at someone's skin?

Can you tell... if they like to read? if they're a good friend? if they're courageous and strong?

Do you think some people are treated differently because of the color of their skin?



What can you tell just by looking at someone's skin? For example, can you tell if they like to read? If they're a good friend? If they're courageous and strong?

Tell girls that we can't know a lot about someone just from their skin color.

Do you think that some people are treated differently because of the color of their skin?

Have girls discuss for a few minutes.



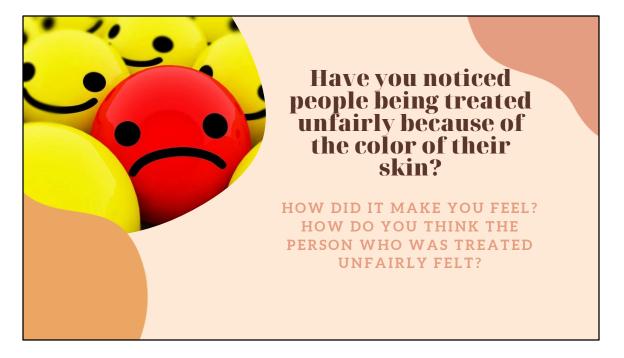
Read through this slide and allow time for additional comments and/or questions that girls may have. This may be the first time that girls are learning about the term "racism," so you may want to practice what you want to say prior to the meeting.

Additional resources for talking to kids about racism and racialized violence:

- How to Talk Honestly With Children About Racism (PBS: <u>https://www.pbs.org/parents/thrive/how-to-talk-honestly-with-children-about-racism</u>)
- Resources for Talking about Race, Racism and Racialized Violence with Kids (Center for Racial Justice in Education: <u>https://centerracialjustice.org/resources/resources-</u> <u>for-talking-about-race-racism-and-racialized-violence-with-kids/</u>)
- Anti-Racism for Kids: An Age-by-Age Guide to Fighting Hate (*Parents* magazine: <u>https://www.parents.com/parenting/better-parenting/advice/how-to-teach-your-kids-to-fight-hate-an-age-by-age-guide/</u>)



Play the video "A Kids Book About Racism": https://www.youtube.com/watch?v=LnaltG5N8nE



Ask girls if they've noticed people being treated unfairly because of the color of their skin. How did it make them feel? How do you think it made the person who was being treated unfairly feel?



When we see someone who's being racist and treating someone unfairly, what can we do?

We can use our voices! What are some things you can say If you see someone being treated unfairly?

If girls get stuck, you can start with some example phrases to get the ball rolling:

- "Hey, that's not fair!"
- "Hey, that's not right!"
- "I don't like how you're treating him/her/them."
- "I think everyone can play." (If someone is being excluded, for example.)

Give girls a chance to practice saying some of these things out loud!

Let's sing Make New Friends!

Make new friends But keep the old. One is silver, And the other is gold.

A circle is round It has no end That's how long I want to be your friend.

Close the meeting by singing Make New Friends and doing a friendship circle.

If you need the tune for this song: https://youtu.be/E5ZmDA7nN-I



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