

BROWNIE WONDERS OF WATER (SAVE and SHARE Water) - MEETING 2

Journey Award Purpose: When girls have earned parts of the SAVE and SHARE Water awards, they will know about water issues around the world and what is being done to advocate for water.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started • Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song.	 □ (Optional) Girl Scout Promise and Law poster □ (Optional) Brownie Smile song lyrics poster
5 minutes	Sharing Our Water Promise • Girls share the water promise they made at the previous meeting.	☐ (Optional) Paper water droplet from previous meeting
15 minutes	Gathering Water • Girls "walk a mile" in another girl's shoes and learn about the journey to get water.	 □ Pitchers (2) □ Blue construction paper □ Small cups (2) □ Cones (4) □ Paper (8 sheets) □ Baby dolls or stuffed animals □ Tape
15 minutes	Advocates for Water Girls learn about how to advocate for water.	□ Water Advocates sheets□ Writing utensils□ (Optional) Scratch paper
15 minutes	Snack Chat Girls enjoy a healthy snack, while discussing water conservation.	☐ Healthy snack
10 minutes	Communicate for Water • Girls will practice speaking for water.	☐ Stop watch
15 minutes	Wrapping Up	☐ (Optional) Make New Friends song lyrics poster

Getting Started

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Brownie Smile song.

Time: 15 minutes

Activity #1: Sharing Our Water Promise

Badge Connection: Session 3 – Opening Ceremony: Loving Water

Materials Needed: (Optional): Paper water droplet with water promise written on it from previous meeting Prep Needed:

Before the meeting, remind families to discuss the water promise that the girls made at the previous meeting.

Time: 5 minutes

Time: 15 minutes

- 1. Have everyone stand in a circle. If you have a large group, have them split into smaller groups to save time.
- 2. Go around the circle and, one at a time, say "My name is _____ and the water promise I kept was
- 3. Explain that the girls have now earned the LOVE Water Award!

Activity #2: Gathering Water

Badge Connection: Session 3 – Gathering Water

Materials Needed: Pitchers (2); blue construction paper; small cups (2); cones (4); paper (8 sheets); baby dolls or stuffed animals; tape

Prep Needed:

- You will need a large empty space in your meeting space to set up the obstacle course:
 - Put two pitchers on the ground. They should be on the opposite sides of the obstacle course area.
 One pitcher should be empty—this will serve as the start of the obstacle course. The other pitcher will be full and will serve as the "well" where girls will collect "water". Rip up pieces of blue construction paper and put into the pitcher to act as "water."
 - Put the cups and baby dolls by the empty pitcher.
 - Put down the four cones. Create two clear paths of paper for the girls to step on, but only one path around the four cones. Secure the paper on the floor with tape.
 - o If you have more than 16 girls, you should set up an additional obstacle course in the interest of time.
- Explain to the girls that in some countries, it is difficult to find water. Often, wells are very far away. They may
 have run dry or contain contaminated water that could make a family sick. Explain to the girls that the small
 cups they will use represent large containers of water girls and women have to carry for many miles to get
 water.
- 2. Split the girls into two teams. If the teams are uneven, have an adult help participate. Explain that the two teams will but running an obstacle course against each other to collect water. They will take turns taking an empty cup to the "well" (pitcher with blue construction paper) on the other side of the room and adding it to their "water supply" (empty pitcher). They will have some challenges to face when they do this.
 - When many girls carry water, they don't do it alone. As girls complete the obstacle course, they will have to carry their "baby brother or sister" (baby doll) with them. When they finish putting their water in the empty pitcher, they will hand the doll and their cup to the next girl in line.
 - Tell the girls many people in the world don't have good shoes to protect their feet so they have to be careful where they step. In our obstacle course, the paper will represent spots that are safe to walk. Demonstrate walking by only touching your feet to the sheets of paper.
 - Often the road to the water is not straight and the girls have to take winding paths. In the obstacle
 course, girls will have to walk around four cones to represent the long path. Demonstrate how the
 girls should walk around the cones.
 - Often jugs are so large, girls can't carry them in their arms. Instead they put them on their head. For the obstacle course, each girl will <u>use her hand</u> to hold the "jug" (cup) on her head. Remind girls that water is a valuable resource so they don't want to spill any.
- 3. Have the girls take turns going through the obstacle course. The team that gets all their girls through the obstacle course first is the winner.
- 4. Once the girls are finished, congratulate the winning team.

Activity #3: Advocates for Water

Badge Connection: Session 4 – Opening Ceremony: Heroines for Water Materials Needed: Water Advocates sheets; writing utensils; (optional) scratch paper Prep Needed:

 Print out copies of the Water Advocates sheet (at the end of the activity plan) and place them on tables or the floor around the room.

Time: 15 minutes

Time: 15 minutes

Time: 10 minutes

- Place several writing utensils around each sheet.
- If your group has more than 10 girls, place some scratch paper at each sheet.
- 1. Explain to girls that part of earning their next award, the SHARE Water Award, is becoming an advocate for water. To help with this, they're going to learn about some girls and women who are already advocates for water.
- 2. Once you give girls instructions, have them split up and walk around the room reading the Water Advocates sheets. Each sheet has 1-2 questions on it. When they are done reading each sheet, they should write their answers on the sheet or the scratch paper near it and move on to another sheet.
- 3. As girls are reading and answering questions, cycle through the room and help girls who may have trouble reading or who need help brainstorming an answer. If a girl cannot come up with and answer, have her move to a new sheet and come back if she thinks of an answer.
- 4. Give the girls about 10 minutes to read and answer questions. They do not have to get to all the sheets. When time is up, gather as a group and read a few answers for each question aloud.

Activity #4: Snack Chat

Badge Connection: Session 4 - Choosing a SAVE Project

Materials Needed: Healthy snack

- 1. While enjoying a healthy snack of your choice, work with the girls to start brainstorming their SAVE project.
- 2. Have the girls take a few minutes to pass around the sheets they filled out and look at everyone's answers.
- 3. Tell the girls that they will be doing a project to help water in their local community. The answers to the questions should be given them ideas to get them started. Here are some brainstorming questions to help them decide:
 - How do we want to help water? Do we want to conserve it? Keep it clean? Protect water habitats?
 - How can we accomplish this goal? Should we have a cleanup project? Educate others?
 - Who could we get to help us?

Activity #5: Communicate for Water

Badge Connection: Session 5 - Communicate It

Materials Needed: Stop watch; watch with second hands or other item that keeps time

- 1. Explain that for the SAVE Water Project, the whole group will become advocates for water. Part of being an advocate is being able to speak and communicate well so people believe in the cause and want to become advocates as well. By convincing people to help, we'll be able to save even more water.
- 2. Have the girls pair up and choose who is going to go first. Have the first person start talking about what they have learned about water. After thirty seconds, have the girls switch so the other partner talks. Remind girls that while the other girl is talking, they should listen.

- 3. After the second partner has finished, have the girls switch partners and do the same thing again. Each time they switch partners, give the girls a topic to talk about and a "good communication tip" to focus on during that turn. Have the girls keep switching until they're through all the tips.
 - Topics/Good Communication Tips:
 - Talk about why they want to protect water while watching for bad habits like twiddling your fingers, shifting back and forth, etc.
 - Talk about what you'd like to do to protect water while making eye contact.
 - Talk about who you know that could help you with your project while making sure to talk loudly and clearly.
 - o Talk about who you could share your results with while making sure not to talk too fast.
 - o Talk about who they can teach about protecting water being confident, but kind.
 - Talk about what you think is important to teach others about water while making sure not to say, "Ummm."
- 4. When you have gone through all the tips, have the girls come together and sit down. Ask girls what it was like to have to communicate about water. Have them come up with their own communication tips.

Wrapping Up Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Go to a water treatment facility and learn how we get clean drinking water.
 - Visit a dam to find out how water is used to generate electricity.
- Speaker Ideas:
 - Invite someone from a region or country that has had a water shortage to speak about creative ways they've learned to conserve water.
 - Invite a local environmentally-friendly crafter to talk about what they do to protect water and other resources. This can be anyone who uses environmentally friendly methods or materials to make a product, including someone who sells natural soaps at the local farmer's market or someone who crochets with recycled plastic bags.