

BRIDGE TO GIRL SCOUT ADULT ACTIVITY PLAN

Award Purpose: After you've earned this Award, you'll have shared the skills you've learned as an Ambassador with others and explored what's in store for you as a Girl Scout adult member.

Activity Plan Length: 1.5 Hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster
20 minutes	Activity #1: Pass it On <ul style="list-style-type: none"> Share your talents and skills by teaching younger Girl Scouts something you learned to do as an Ambassador 	<input type="checkbox"/> None
20 minutes	Activity #2: Look Ahead	<input type="checkbox"/> None
35 minutes	Celebrate & Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends Lyrics <input type="checkbox"/> Light Refreshments

Getting Started minutes

Time: 15

Materials Needed: (Optional) Girl Scout Promise and Law poster

1. Welcome everyone to the meeting, recite the Girl Scout Promise and Law.

Step #1: Pass It On!

Time: 20 minutes

Award Connection: Step 1 – Pass It On!

Materials Needed: None

1. As a Girl Scout Ambassador, you've no doubt learned so much and grown as a leader—in your personal life and as a member of your community. And you've also probably gotten



help and inspiration from others. Now here's your opportunity to share *your* knowledge, skills, and enthusiasm with others.

2. To complete this step, you'll need to carry out one of these projects (or come up with one on your own!):
 - Connect with others in your community and share how you've helped made the world a better place as a Girl Scout Ambassador. What Take Action projects are you most proud of? How did it feel to know you made an impact in your community?
 - Chat with a Senior troop about your experiences as a Girl Scout Ambassador so they can see what's in store for them after they bridge. Did you or your troop do any traveling? What badges did you earn? What did you discover about yourself in your time as a Girl Scout?
 - Use a skill you've learned as an Ambassador to help younger girls earn a badge or complete a Journey activity.

Step #2: Look Ahead!

Time: 20 Minutes

Award Connection: Step 2 – Look Ahead!

Materials Needed: None

1. This may be your last year as a girl member, but as we like to say, "Once a Girl Scout, Always a Girl Scout." As a Girl Scout Adult, you'll be a part of an organization that's made a powerful impact in the lives of millions of women and girls. There are so many ways to stay connected to Girl Scouts.
2. Use one of these suggestions—or your own idea—to complete this step:
 - Get in touch with a Girl Scout alumna to find out how she stays involved in Girl Scouts.
 - Talk with a staff member at Girl Scout about becoming an adult volunteer. What kinds of opportunities are available as an adult?
 - Contact a Girl Scout adult who's supported you in your Girl Scout journey. Share your favorite memories with them and how much their support has mean to you.
 - Join the Girl Scout Alumnae Association to stay connected with other members and find out other ways to give back to the community.
 - Become a Lifetime Member with the "young alum discount".

Step #3: Wrap Up & Celebrate!

Time: 35 Minutes

Materials Needed:

- Light refreshments (cookies or cupcakes, punch or lemonade)
- Optional: Make New Friends printed on poster board

Prep Needed:

- Set up refreshments before ceremony



1. Instruct girls to get into a Friendship Circle and invite their guests to join them. Have girls and guests stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.”
3. Congratulations! You've earned your Bridge to Girl Scout Adult Award! Celebrate with a favorite ceremony (or invent a new one)!
4. Invite girls and their guests to enjoy light refreshments to celebrate!

More to Explore

- Field Trip Ideas:
 - Hold your ceremony outdoors in a park with a real bridge or archway
 - Join with other bridging Ambassador troops to have a larger ceremony
- Speaker Ideas:
 - Invite an Ambassador Girl Scout or Leader to speak at your ceremony

Family Follow-Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities
- Share the exciting opportunities that Girl Scout Ambassador can be a part of!

Hello, Troop [#####] families!

We had a wonderful time today celebrating the end of our second year as Girl Scout Ambassadors! Bridging is a crucial part of the Girl Scout experience. It allows girls to reflect and take pause for all their accomplishments and lessons learned during their time as an Ambassador. It may seem like just a tradition, but it is so much more than that! Bridging is a powerful tool to help girls reflect on the value of their Girl Scouting experience. There is so much growth in a year and by celebrating the growth per program level, it signifies all the incredible work your Girl Scout has done in challenging herself, taking risks, and supporting her troop and community!

As our Troop moves onto being Girl Scout Alums, here's some exiting opportunities for them to stay in the Girl Scout community!

What's next as a Girl Scout Adult:

- [Purchase a Lifetime Membership](#)
- [Become a volunteer](#)



- Explore additional Girl Scouts River Valley's alum resources [here](#).

In this section, share any additional information for your Girl Scout troop families.

Thank you for participating in Girl Scouts over the years! We appreciated getting to know [Name] and look forward to seeing her leadership and service to her community as a Girl Scout Alum!

Sincerely,

[Your name, contact information] and [your co-leader(s) name and contact information]

Additional Resources

- [River Valleys Girl Scout Alumnae Association](#)
- The River Valleys shop has bridging kits for purchase. Each girl's kit includes a bridging patch, a membership star and disk for this year, a Girl Scout pencil, a bridging certificate and a skill-building set of petal requirements for the next level. To purchase a kit, visit a [River Valleys Shop or shop online](#).
- Small, portable bridges are available for checkout through Girl Scout service centers. Call River Valleys' 800-845-0787 number and ask to reserve one for your ceremony or [reserve online](#).
- For additional bridging ceremony ideas, check out River Valleys' Pinterest page: <http://pinterest.com/girlscoutsrv/girl-scout-celebrations/>
- For additional information on Bridging and other Girl Scout Ceremonies, see the [Ceremonies, Tradition, and Celebrations article](#).

