

BROWNIE FAIR PLAY BADGE – MEETING 1

Purpose: When girls have earned this badge, they'll know how to play fair in sports and games.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls recite the Girl Scout Promise + Law and sing the Brownie Smile song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Brownie Smile song lyrics poster
20 minutes	Rules of the Game <ul style="list-style-type: none"> Girls will do an activity based on rules in games. 	<input type="checkbox"/> Poster board <input type="checkbox"/> Markers
15 minutes	Girl Sports! <ul style="list-style-type: none"> Girls will learn about professional women's sports. 	<input type="checkbox"/> Books about women's sports <input type="checkbox"/> Computer with internet access
15 minutes	Pass the Orange <ul style="list-style-type: none"> Girls will play a game together. 	<input type="checkbox"/> An orange (or ball of similar size) <input type="checkbox"/> (Optional) Balloon <input type="checkbox"/> (Optional) Balls of various sizes
10 minutes	Snack Chat <ul style="list-style-type: none"> Girls will eat snack and have a topic discussion. 	<input type="checkbox"/> Healthy snack
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster and (optional) Brownie Smile song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Brownie Smile song.



Activity #1: Rules of the Game

Time: 20 minutes

Badge Connection: Step 1 — Follow the rules

Materials Needed: Poster board (any size); markers

1. As a group, choose a simple game to play, such as Duck, Duck, Grey Duck or Tag.
2. Think of the rules needed to play the game. Make a poster listing the rules.
3. Play the game, following the rules on the poster.
4. Now, come up with two *new* rules for the game. Play the game with your new rules.
 - How does this change the game?
 - Which rules do you like better?

Activity #2: Girl Sports!

Time: 15 minutes

Badge Connection: Step 2 — Include Everyone

Materials Needed: Book(s) and/or website(s) on women's sports

Prep Needed:

- Find a book(s) or website(s) on women's sports.
1. Learn about a sport that women play professionally. Find information from books or online.
 2. Have girls look for answers to the questions below:
 - When did the sports group form?
 - Where and when do they play?
 - Are there any famous players in the sport?
 3. Discuss some of the favorite things you learned.

RESOURCE SUGGESTIONS:

- Women's Sports Foundation: www.womenssportsfoundation.org
- *Women in Sports: 50 Fearless Athletes Who Played to Win* by Rachel Ignotofsky
- *Game Face: What Does a Female Athlete Look Like?* By Jane Gottesman
- *Superwomen: 100 Women. 100 Sports* by Jodi Buren

Activity #3: Pass the Orange

Time: 15 minutes

Badge Connection: Step 3 — Be part of a team

Materials Needed: An orange or ball of similar size; (optional) balloons; (optional) balls of various size

1. Form two teams. Have each team stand in a single file line.
2. Pass an orange or ball down the line from chin to chin. If it is dropped, the team needs to start back at the beginning. The first team to get to the end wins!
3. Try the same game but with different objects, such as a balloon or different types of balls. Try changing the rules. For example, instead of using your chin, use your elbows, knees, etc.
4. Ask the girls how they used teamwork in this activity.

Activity #4: Snack Chat

Time: 10 minutes

Badge Connection: Questions link to multiple badge steps



1. While enjoying a healthy snack, here are some things for girls to talk about:
 - What is your favorite sport to play?
 - What would games be like if people *didn't* play by the rules?
 - Why are rules important?
 - Has anyone ever been on a team? (Girl Scouts is like a team too!)
 - What did you enjoy about being on a team?

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas
 - Attend a girls' or women's sporting event.
 - Participate in a sports class or event at your local community or recreation center.
- Speaker Ideas
 - Invite a female athlete or coach to your meeting.
 - Invite a physical education teacher to teach the rules of a new game or sport.

