



Daisy Make the World a Better Place Petal Activity Plan 1

Purpose: When girls have earned this petal, they'll know how to make the world a better place.

Planning Guides Link: Global Citizenship and Girl Scout Sisterhood

Fun Patch Link: Extra Effort

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
 - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
 - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
 - Encourage families to ask questions about their girls' petal activities. Some examples that work for any petal include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
 - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
 - If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
 - If you are adapting the "Plan Your Daisy Year", get the girls' input on which petals to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.
- Short Term Planning
 - Ask a family to help lead a petal. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
 - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.
 - Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.

- Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.
- At the Meeting
 - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
 - Have girls fulfill their kaper chart responsibilities.
 - Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this petal or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the *Daisy Girl's Guide to Girl Scouting*, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can name ways to make the world a better place
- They understand they can make the world a better place through their actions

Tips and Tools

- Check out ways to stay safe using Safety-Wise at <http://gsrv.gs/safetywise>.
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

Resources

- This activity plan has been adapted from the *Daisy Girl's Guide to Girl Scouting, Rosie's Story: A Better Beach for Everyone—Make the World a Better Place (Rose Petal)*, which can be used for additional information and activities.

Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
<i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	<i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group, if girls know it by heart.

Girl Scout Daisy Song
<i>I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. We're having fun and sharing each and every day. I'm a Girl Scout Daisy, Hip, Hip, Hooray!</i>
<i>I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. I'm going on a journey, with friends along the way. I'm a Girl Scout Daisy, Hip, Hip, Hooray!</i>

Activity #1: Start Where You Are

Petal Connection: Make the World a Better Place (Rose Petal)

Time Allotment: 25 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Trash bags
- Non-latex gloves

Steps:

1. Take a walk around your meeting site or a nearby park. Give girls gloves to protect their hands and trash bags for garbage. Ask them to pick up any trash they see and move any rocks that are on the sidewalk or grass back into the landscaped area (note: remind them to not touch sharp or heavy objects). If there are weeds in the flowers, show the girls how to pull them without hurting the other landscaping or plants.
 - Variation: If you can not go outside, walk around the inside of the building and have the girls put things back in their place or pick up trash left around. (As the leader, you could go around and make things messy so the girls get the full effect of helping to clean up.)

2. Once back inside, ask the girls about the cleanup.
 - Have you ever done a cleanup like that before?
 - How did it feel to clean up?
 - When you are at school and see trash around the halls or outside, what should you do?

Activity #2: Feed the Birds

Petal Connection: Make the World a Better Place (Rose Petal)

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.
- Prepare the bagels and string/yarn.

Materials Needed:

- Plain bagels, halved (one half per girl)
- Whipped cream cheese or creamy peanut butter
- String or yarn, pre-cut
- Birdseed
- Paper plates (one per girl)
- Aluminum foil
- Plastic knife (one per girl)
- Permanent marker

Steps:

1. Give each girl half a bagel, a paper plate, a plastic knife and string. Have each girl put the string through the bagel and tie it on. Be sure it is knotted a few times.
2. Have the girls spread the cream cheese or peanut butter on the bagel. Sprinkle it with birdseed and then wrap it up in aluminum foil.
3. Write each girls name on the foil with the permanent marker.
4. Have the girls bring their bagels home to hang on a tree, or you can ask if they can be tied to trees at the facility where you meet. Watch and see if the birds come and eat!

Activity #3: Snack Chat

Petal Connection: Questions link to petal theme

Time Allotment: 15 minutes

Steps:

1. While enjoying snack, here are some things for girls to talk about.
 - How have you seen others make the world a better place?
 - What are things you can do to make the world a better place?
 - How will it make you feel to make the world a better place?

Activity #4: Promise Pals

Petal Connection: Make the World a Better Place (Rose Petal)

Time Allotment: 10 minutes

Prep Needed:

- None

Materials Needed:

- None

Steps:

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school to show others that she can make the world a better place. Ideas include:
 - Pick up trash whenever she sees it
 - Don't litter
 - Talk to someone new at school
 - Thank the people around you that you see making the world a better place
 - Ask others not to litter and tell them why it is important
 - Plant flowers in the community
3. Have each girl make a promise to the other girls in her group identifying how she will make the world a better place. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

Activity #5: Meeting Rosie the Rose

Petal Connection: Make the World a Better Place (Rose Petal)

Time Allotment: 10 minutes

Prep Needed:

- Print off copies of Rosie the Rose coloring sheets.
- Gather materials and supplies.

Materials Needed:

- Rosie the Rose coloring sheets (one per girl)
- Coloring utensils

Steps:

1. Have girls color their Rosie the Rose coloring sheets.
2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl's promise.

Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it

travels around the circle. When the squeeze returns to the girl who started, she says “Goodbye Sister Girl Scouts” and the girls unwrap and face outward instead of inward.

5. Optional: Have each girl make a wish after her hand has been squeezed and before she passes the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore

- Field Trip Ideas:
 - Visit a recycling center to see where all the recycled items go.
 - Visit a local animal shelter or a food shelf to learn about how your troop can help them make the world a better place.
- Speaker Ideas:
 - Invite a wildlife rescue officer from the DNR to speak about animals and what to do if girls see a hurt animal.
 - Invite an educator from the local watershed to speak about the water in your community and how to help keep it clean.

Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible petal-earning activities? Please email troopsupport@girlscoutsv.org.

Family Follow-Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about making the world a better place and have earned the Rose Petal.

We had fun:

- Walking around our meeting site to clean up and make sure the landscaping looks its best
- Making a homemade bird feeder
- Making a promise to do something to show others we can make the world a better place

Continue the fun at home:

- Ask your Girl Scout what she promised to do to make the world a better place. Help her to keep her promise.
- Help your Girl Scout hang the bird feeder in a tree and watch to see if the birds come and eat. After a week, help her take down the feeder and dispose of what is left.
- Read “Rosie’s Story: A Better Beach for Everyone” in the *Girl’s Guide to Girl Scouting* with your Daisy.

Thank you for bringing your Daisy to Girl Scouts!



I'm Rosie the Rose. I want to make the world a better place!