

DAISY USE RESOURCES WISELY PETAL

Petal Purpose: When girls have earned this petal, they'll know how to be responsible for what they say and do.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls will recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
15 minutes	Story Time <ul style="list-style-type: none"> Girls read a story about a character that uses resources wisely. 	<input type="checkbox"/> Picture book or comic about people or characters who use resources wisely
15 minutes	Recycling Challenge <ul style="list-style-type: none"> Girls learn about recycling and clean up a "polluted" space. 	<input type="checkbox"/> Various recyclable materials (paper, plastic bottles, glass bottles, aluminum cans, etc.) <input type="checkbox"/> Small recycling bins or recyclables sorter (small trash cans, cardboard boxes, paper grocery bags, etc.)
15 minutes	Snack Chat <ul style="list-style-type: none"> Girls enjoy a healthy snack and discuss how to use resources wisely. 	<input type="checkbox"/> Healthy snack
10 minutes	Promise Pals <ul style="list-style-type: none"> Girls make and share their promises to use resources wisely. 	None
10 minutes	Meeting Clover <ul style="list-style-type: none"> Girls color the Clover sheet and write their use resources wisely promise. 	<input type="checkbox"/> Clover coloring sheet (one for each girl) <input type="checkbox"/> Coloring utensils
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.

Activity #1: Story Time

Time: 15 minutes

Badge Connection: Girls will learn how to use resources wisely

Materials Needed: Picture book or comic featuring characters that use resources wisely

1. Read the story aloud to the girls.
2. Discuss the story. Ask girls questions based on the story you read. Example questions:



- What was the resource being used in the book?
- Did the characters use resources wisely? What happened if they did/didn't use them wisely?
- Why is it important to use resources wisely?
- What was your favorite part of the story?

BOOK SUGGESTIONS:

- *The Lorax* by Dr. Seuss
- *Christopher Nibble* by Charlotte Middleton
- *Energy Island* by Allan Drummond
- *Compost Stew* by Mary McKenna Siddals

Activity #2: Recycling Challenge

Time: 15 minutes

Badge Connection: Girls will learn how to use resources wisely

Materials Needed: Various recyclable materials (paper, plastic bottles, glass bottles, aluminum cans, etc.) and small recycling bins or recyclables sorter (small trash cans, cardboard boxes, paper grocery bags, etc.)

Prep Needed:

- Spread recyclables around the floor of the meeting room.
1. Explain to the girls that a great way to use resources wisely is to recycle items. When you put items in a recycling bin, they are broken down and used to make new items. While they are sometimes recycled into the same kind of item, they may be made into something completely different.
 2. Explain that your meeting space has been "polluted" and it's up to the girls to clean it up. Split the girls into two teams and line up on opposite sides of the room.
 3. The teams will compete in a relay race to clean the meeting space. To start, a girl from each team will go pick up one piece of trash and put it in the correct recycling bin. She will then go back to her team and the next girl will go until all the trash is cleaned up. After all the items are picked up, go through all the types of recyclables, and make sure they are in the correct container. If they aren't, have the girls decide as a group where they should go.

Activity #3: Snack Chat

Time: 15 minutes

Badge Connection: Girls will learn how to use resources wisely

Materials Needed: Healthy snack

1. While enjoying snack, here are some things for girls to talk about:
 - In the story we read, we learned about a natural resource that we conserve. Can you think of other resources we use? How can we use less of them?
 - Does anyone know of an item that can't be recycled and has to go in the trash? Can you think of a way to reuse it rather than throwing it away?
 - Does everyone have a recycling bin at home?

Activity #4: Promise Pals

Time: 10 minutes

Badge Connection: Girls will learn how to use resources wisely

1. Split girls into small groups of two to four girls.



2. Have each girl share with her group one thing that she is going to do at home or at school use resources wisely, such as:
 - Recycle items rather than throwing them away
 - Make a craft or gift out of clean “garbage”
 - Use less of a natural resource, like wood, energy, or water
3. Have each girl make a promise to the other girls in her group identifying how she will use resources wisely. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

Activity #5: Meeting Clover

Time: 10 minutes

Badge Connection: Girls will learn how to use resources wisely

Materials Needed: Clover coloring sheet (one for each girl), coloring utensils

Prep Needed:

- Print copies of the Clover coloring sheet.
 - Gather materials and supplies.
1. Have girls color their Clover coloring sheets.
 2. Girls can write (or have an adult help them write) what they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl's promise.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

More to Explore

- Field Trip Ideas:
 - Visit your local recycling center.
 - Visit a local or state park and talk to the rangers or other park staff about how they use resources wisely.
- Speaker Ideas:
 - Invite a forester, Parks and Recreation, or Department of Natural Resources employee to talk about taking care of trees, water, and other natural resources.
 - Invite someone who was alive during the Great Depression or World War II to talk about why and how they had to conserve resources during that time.
- Allina Health's Health Powered Kids program provides additional lesson plans that complement this petal, including “Get Out and Enjoy Nature” and “Gardening – Growing Goodness!” To use these plans, visit <http://www.healthpoweredkids.org/girlscouts/daisy/>





I'm Clover. I use resources wisely!

