

DAISY BE A SISTER TO EVERY GIRL SCOUT PETAL

Petal Purpose: When girls have earned this petal, they'll know how to be sisters to every Girl Scout.

Activity Plan Length: 1.5 hours

Time	Activity	Materials Needed
15 minutes	Getting Started <ul style="list-style-type: none"> Girls will recite the Girl Scout Promise + Law and sing the Girl Scout Daisy song. 	<input type="checkbox"/> (Optional) Girl Scout Promise and Law poster <input type="checkbox"/> (Optional) Girl Scout Daisy song lyrics poster
15 minutes	"Mingle!" Game <ul style="list-style-type: none"> Girls learn about each other by finding things they have in common 	None
15 minutes	Butterfly Flight <ul style="list-style-type: none"> Girls go on a pretend "butterfly flight" to Savannah, GA, and any other locations they choose. 	None
15 minutes	Girl Scout Sisterhood Wreath <ul style="list-style-type: none"> Girls create images of themselves to create a chain or circle, representing the worldwide Girl Scout sisterhood. 	<input type="checkbox"/> Outline of a person on construction paper or cardstock <input type="checkbox"/> Coloring utensils <input type="checkbox"/> Yarn, googly eyes, stickers, other decorative items <input type="checkbox"/> Scissors
10 minutes	Snack Chat and Promise Pals <ul style="list-style-type: none"> Girls enjoy snack and make and share their promise to be a sister to every Girl Scout. 	<input type="checkbox"/> Healthy snack
10 minutes	Meeting Vi the Violet <ul style="list-style-type: none"> Girls will color the Vi the Violet coloring sheets and write their promise to be a sister to every Girl Scout. 	<input type="checkbox"/> Vi the Violet coloring sheet (one for each girl) <input type="checkbox"/> Coloring utensils
15 minutes	Wrapping Up	<input type="checkbox"/> (Optional) Make New Friends song lyrics poster

Getting Started

Time: 15 minutes

Materials Needed: (Optional) Girl Scout Promise and Law poster, (optional) Girl Scout Daisy song lyrics poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law, and sing the Girl Scout Daisy song.



Activity #1: “Mingle!” Game

Time: 15 minutes

Badge Connection: Girls will learn how to be sisters to every Girl Scout

1. Tell the girls to stand near each other in the center of the room.
2. Tell the girls that once you yell, “MINGLE!” to place their palms together in front of their chest and “snake” through the group while chanting, “mingle-mingle-mingle...” continuously as they weave through each other. Allow the girls to mix and mingle for 5-10 seconds.
3. Yell, “STOP!” and tell the girls to find and link arms with girls who have things in common with them by calling one of the categories below, or others you choose.

Categories
Same hair color
Same age
Go to the same school
Have the same favorite sport
Have the same number of brothers and sisters
Have the same birthday month
Were born in the same place

4. Tell the girls that when they’re trying to find their partner or group, they should ask the other girls one at a time, rather than yelling out to the entire group at once.
5. One girls have found their partner or group, have each girl or group announce to the larger group what their answer was. After each group has answered, start the game again by yelling “mingle!” and start over with a new category. To involve the girls, ask them to think of new categories to keep the game moving.

Activity #2: Butterfly Flight

Time: 15 minutes

Badge Connection: Girls will learn how to be sisters to every Girl Scout

1. Tell the girls they are going on a butterfly adventure around the world. Ask girls to form a circle and sit in “butterfly” position, with their bottoms on the floor, placing the bottoms of their feet together with knees opened outward, hands on their ankles, and backs straight.
2. Begin the flight by fluttering your knees up and down like a butterfly. You can shift your weight right or left while holding on to your ankles to “turn.” Lead the girls as they get used to “flying” and “turning” as one large group.
3. Next, lead the girls in “flying” to the first stop—Savannah, GA, the birthplace of Juliette Gordon Low. Tell the girls this is where Girl Scouts first started. Ask the girls what they see in Savannah. Do they see cobblestone streets or trees with Spanish moss? After talking with the girls about what Savannah is like, “fly” to a new destination chosen by one of the girls.
4. Go around the circle and ask each girl individually where she would like to “go” today. After each girl answers, “fly” and “turn” together as a group to that destination. Ask the entire group what kinds of things they see at this destination or other questions they can think of. Then, move on to the next girl and destination.

Activity #3: Girl Scout Sisterhood Wreath

Time: 15 minutes

Badge Connection: Girls will learn how to be sisters to every Girl Scout



Materials Needed: Pre-traced image of a person on construction paper, coloring utensils, scissors, yarn, googly eyes, stickers, and other decorative items

Prep Needed:

- Trace an outline of a person on construction paper or cardstock (make one outline for each girl).
 - Gather materials and supplies.
1. Have the girls cut out and decorate an image of herself with any of the decorative materials provided. She can use her favorite colors, draw her favorite things, or make it as accurate as possible (hair color, eye color, etc.).
 2. Have girls share their creations and then connect them all together with glue, staples, or string to form a chain or a circle, representing the Girl Scout Sisterhood across the world.

Activity #4: Snack Chat and Promise Pals

Time: 10 minutes

Badge Connection: Girls will learn how to be sisters to every Girl Scout

Materials Needed: Healthy snack

1. While enjoying snack as a large group, have each girl share with the group one thing that she is going to do at home or at school to show others that she is a sister to every Girl Scout. Ideas include:
 - Make up a cool handshake with a friend, and then teach it to other girls who want to learn it.
 - Teach a friend how to do an activity you like to do. Ask her to teach you one of her favorite activities in return.
 - Make a special card or handmade gift for a friend. Include what makes them special.
 - Invite someone new over to play.
3. Have each girl make a promise to the other girls in her group identifying how she will be a sister to every Girl Scout. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

Activity #5: Meeting Vi the Violet

Time: 10 minutes

Badge Connection: Girls will learn how to be sisters to every Girl Scout

Materials Needed: Vi the Violet coloring sheet (one for each girl), coloring utensils

Prep Needed:

- Print copies of Vi the Violet coloring sheet.
 - Gather materials and supplies.
1. Have girls color in their Vi the Violet coloring sheets.
 2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl's promise.

Wrapping Up

Time: 15 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

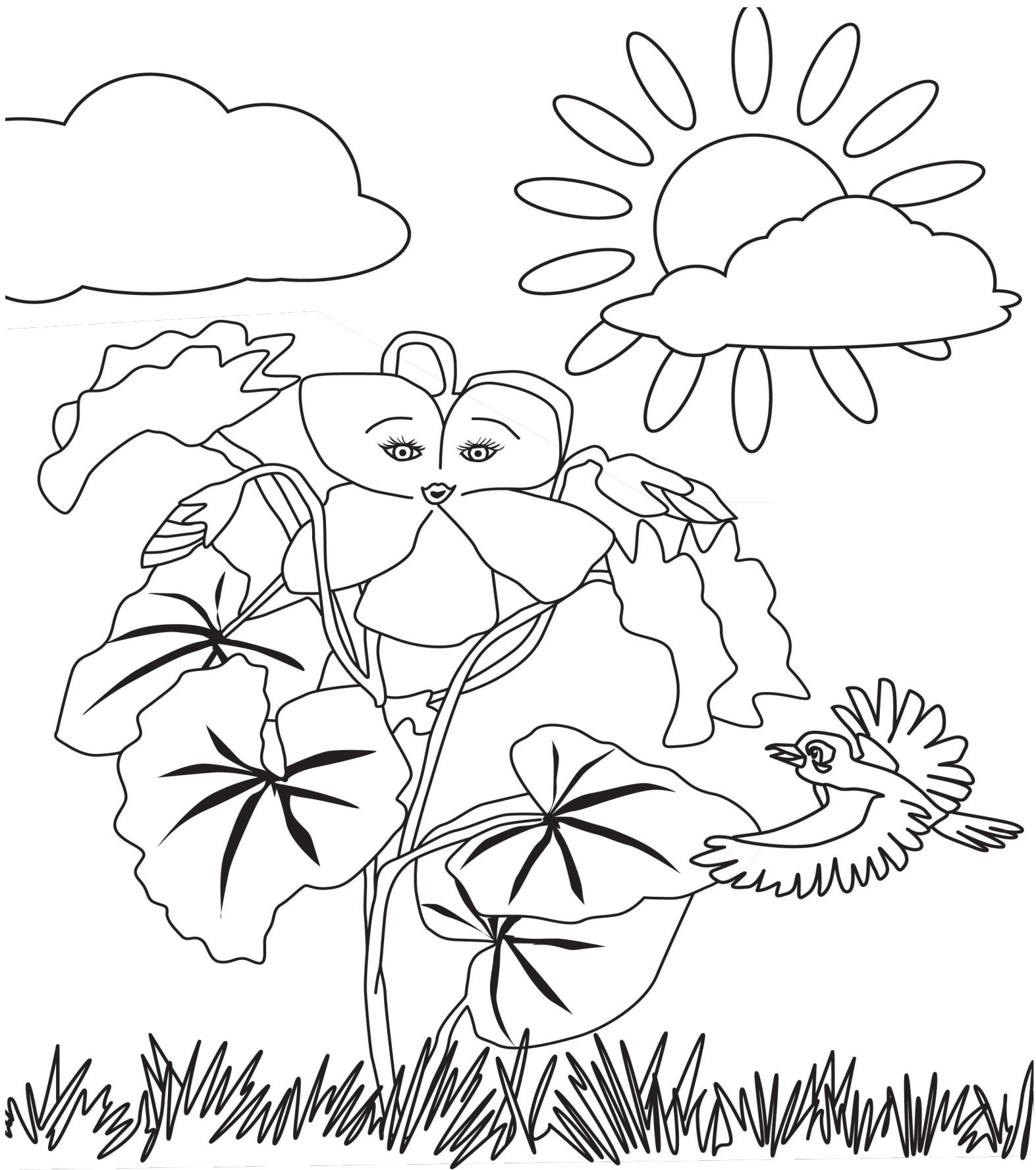
Close the meeting by singing Make New Friends and doing a friendship circle.



More to Explore

- Field Trip Ideas:
 - Visit a library or cultural museum to learn more about other countries.
 - See a play or movie that centers on the theme and values of sisterhood.
- Speaker Ideas:
 - Invite a multicultural group or older Girl Scout troop to your meeting.
 - Invite a family member or friend from another country to talk about culture and traditions.





I'm Vi the Violet. I'm a sister to every Girl Scout!

