



Daisy Making Choices Leaf Activity Plan 1

Purpose: When girls have earned this petal, they'll know more about how to make choices about using money.

Planning Guides Link: Financial Literacy

Activity Plan Length: 1.5 hours

Involve Family and Friends: Participation from family and friends can enrich your troop's Girl Scout experience, both for the girls and for you. Use the suggestions below to make it easier for you to connect with additional support.

- Before the meeting:
 - Send a note to families to find those with interest in or expertise with the topic. Ask them to lead or support an activity or two, or even lead the whole meeting.
 - Offer this activity plan as a starting place and point out that they may choose alternative activities using the *Customize It!* section as a guide. For example: If an activity plan directs girls to sit outside and observe animal habitats, you may choose to go to the zoo and learn about animal habitats there instead.
- At home:
 - Encourage families to ask questions about their girls' petal activities. Some examples that work for any petal include: What did you learn? What surprised you? What does it make you think of trying next?
- Throughout the year:
 - Suggest to families ways that girls can share or display their Girl Scout accomplishments. Possibilities include a bulletin board, a scrapbook, a special memories box or family sharing time.

Girls Take the Lead: Include girl leadership through long-term planning, short-term meeting prep and specific activities at meetings.

- Long Term Planning
 - If you use "Plan Your Daisy Year", share this with the girls at the start of the year. Have them ask friends and family to help out with specific meetings or activities. Let the girls brainstorm ways to make the plans their own, such as thinking of related field trip activities. If a girl has experience with a field trip, ask her to be assistant tour guide.
 - If you are adapting the "Plan Your Daisy Year", get the girls' input on which petals to choose. Offer just a few choices in each category or timeframe to make decisions easier. Every girl should have at least one petal or journey she's excited about.
- Short Term Planning
 - Ask a family to help lead a petal. Make sure they have access to activity plans and any resources you might have. Keep additional requested materials to a minimum.
 - Choose two helpers to stay after a meeting for 15 minutes. Give them each an activity to introduce and either instruct or help guide at the next meeting.

- Before a meeting, ask everyone to vote on some aspect of the activity: draw posters or perform skits, open with a song or game, etc.
- Use a rotating list of helper tasks, called a 'kaper chart', to share responsibilities. Examples include acting as emcee of the meeting, leading an opening game, bringing a snack next meeting or taking attendance.
- At the Meeting
 - During the opening, have 1-2 girls share their answers to a get-to-know-you question.
 - Have girls fulfill their kaper chart responsibilities.
 - Try to find something in each activity that you can let girls decide or manage.

Customize It: If your group wants to expand work on this leaf or simply try different activities, go for it! There are many ways to earn this award, including: completing the activities as listed in the *Daisy Girl's Guide to Girl Scouting*, completing this activity plan, attending a council-sponsored event or customizing activities. Pick the one(s) that work best for your group. Girls will know they have earned the award if:

- They can identify differences between needs and wants
- They have learned about goal-setting and saving money
- They help others with a need

Tips and Tools

- Check out ways to stay safe using Safety-Wise at <http://gsrv.gs/GSSafety>.
- Ensure that your activities are accessible to everyone. Ask in advance if any special accommodations need to be made. If you have questions regarding specific adaptations, please contact River Valleys at 800-845-0787.

Resources

- This activity plan has been adapted from the *Daisy Girl's Guide to Girl Scouting Money Counts Leaf*, which can be used for additional information and activities.

Getting Started

Time Allotment: 15 minutes

Materials Needed:

- Optional: Girl Scout Promise and Law printed out on poster board

Steps:

1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.

Girl Scout Promise	Girl Scout Law
<i>On my honor, I will try:</i> To serve God and my country, To help people at all times, And to live by the Girl Scout Law.	<i>I will do my best to be</i> honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, <i>and to</i> respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

Girl Scout Daisy Song
<i>I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. We're having fun and sharing each and every day. I'm a Girl Scout Daisy, Hip, Hip, Hooray!</i>
<i>I'm a Girl Scout Daisy! Take a look at me. I'm a Girl Scout Daisy, happy as can be. I'm going on a journey, with friends along the way. I'm a Girl Scout Daisy, Hip, Hip, Hooray!</i>

Activity #1: Grab Bag!

Leaf Connection: Step 1—Find out the difference between needs and wants

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Large bag
- Items from your house that include needs and wants. For example: food, clothes, water, jewelry and make-up

Steps:

1. Place items in large bag prior to girls' arrival.
2. Discuss the differences between needs and wants with girls.
 - Needs are things that are important to live (food, shelter, clothes, water, etc.)
 - Wants are things that are nice to have to live (toys, books, cell phone, computers, etc.)
3. Have girls take turns pulling out items from the bag. Ask the girls if they think the item is a need or a want. Encourage girls to think about why it is a need or want.

4. After going through the items in the bag, have the girls talk about some of the things they have at home and whether they are needed items or wanted items.

Activity #2: Needs and Wants

Leaf Connection: Step 1— Find out the difference between needs and wants

Time Allotment: 15 minutes

Prep Needed:

- Print off and cut out the money worksheet at the end of the activity plan. Provide each girl with at least "\$10".
- Bring Sticky Notes to write a price on the items from Activity #1. Try to price the "want" items a little higher than the "need" items.

Materials Needed:

- Items from the previous activity (or products that could or would be used on a picnic)
- Sticky Notes with prices \$1-\$3 written on them
- Marker

Steps:

1. Lay out items on the table with the sticky notes on them.
2. Have girls get into pairs. Tell the girls that they will be going on a picnic and that they will need to buy a few supplies before going.
3. Tell groups to pick 5 items from the three—three needs and two wants. Have the girls "purchase" the items from you (help them count the money).
4. After about 10 minutes, have girls share with the group what they chose to "buy."
 - How much was the total of the five items?
 - Were they left with any money?
 - Was it hard to choose?
 - Do you think it's hard for your families to make decisions about what items to buy based on your family's needs and wants?

Activity #3: Goal Setting with Jumping Daisies

Leaf Connection: Step 2—Setting a goal to save for what you want

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Paper
- Pencils

Steps:

1. Discuss what a goal is with girls.
2. Have girls stand up and spread out throughout the room. They will be doing jumping jacks so ensure each girl has enough space.
3. Have girls do jumping jacks for 15 seconds and count how many they do.
4. Have girls write down the number of jumping jacks they did. Tell girls they are going to try to increase the number of jumping jacks they do by three.
5. Time the girls again for 15 seconds and see if they can reach their goal.
6. Try the game again for 30 seconds. Have the girls set a goal for how many jumping jacks they can do in 30 seconds. After girls reach that goal, have them increase it and try to meet the new goal. For a bigger challenge, try 60 seconds.
7. Discuss goal setting with the girls and how it relates to money.
 - How can you make a plan to save money for something you want to buy?

- How do you decide what you should buy?
- What can you do to help yourself save money, rather than spend it?

Activity #4: Shoe Relay

Leaf Connection: Step 3—Help others with what they need and want

Time Allotment: 15 minutes

Prep Needed:

- Gather materials and supplies.

Materials Needed:

- Pencils
- Paper

Steps:

1. Have girls place their right shoes in a pile at one end of the room.
2. Have each girl take a turn racing to one end of the room to find her shoe, put it back on and race back. If you have a large group of girls, you can have girls race against each other. If you have a smaller group, time the girls and have them do the race a second time, mixing up the order to see if they can do it faster a second time.
3. After the games, ask girls if they think shoes are a need or a want. Explain that in some areas of the world people don't have shoes to wear.
4. Discuss the concept of helping others. Ask girls if anyone has ever helped others.
 - Have you ever helped anyone?
 - What did you do?
 - How did it make you feel?
5. Talk about some things the girls can do to help others. Write down the list of ideas. Is there one idea that the troop can do together to help others? Do you need to spend money to help others?
6. Encourage girls to think of one thing they can do to help someone at home or someone at school.

Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

- Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing "Make New Friends."

Make New Friends		
Verse One	Verse Two	Verse Three
Make new friends, but keep the old. One is silver, the other is gold.	A circle is round, it has no end. That's how long, I will be your friend.	You have one hand, I have the other. Put them together, We have each other.

3. After the song, ask everyone to be quiet.
4. Assign a girl to start the friendship squeeze by gently squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says "Goodbye Sister Girl Scouts" and the girls unwrap and face outward instead of inward.

5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible petal-earning activities? Please email girlscouts@girlscoutsrv.org.

More to Explore

- Field Trip Ideas:
 - Visit a local grocery store and find out the difference in prices of items that girls need versus items they want.
- Speaker Ideas:
 - Invite someone who volunteers to talk to the girls about helping others.

Family Follow-Up Email

Use the email below as a template to let families know what girls did at the meeting today. Feel free to add additional information, including:

- When and where you will be meeting next
- What activities you will do at the next meeting
- Family help or assistance that is needed
- Supplies or materials that girls will need to bring to the next meeting
- Reminders about important dates and upcoming activities

Hello Girl Scout Families:

We had a wonderful time today learning about money and costs and have earned the Making Choices Leaf.

We had fun:

- Learning about the differences between needs and wants
- Learning about goal setting and how we can set our own goals
- Discovering how we can help others

Continue the fun at home:

- Talk more about the differences between needs and wants.
- Ask your Girl Scout what she decided to do to help others at home or school. Help her with her commitment.
- Spend time helping others together.
- Look through the *Girl's Guide to Girl Scouting* with your Daisy to find other activities you can try at home.

Thank you for bringing your Daisy to Girl Scouts!

Play Money Template

\$1

\$1

\$1

\$1

\$1

\$1

\$1

\$1

\$1

\$1